

MELBOURNE DISTRICT Breakfast January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8 pop tarts Cereal juice milk fruit</p> <p>pop tarts</p>	<p>9 french tst. Sticks syrup cups cereal juice milk fruit</p> <p>fr.toast sticks</p>	<p>10 Break Pizza cereal Juice/Milk milk fruit</p> <p>Break.Pizza</p>	<p>11 Oats Cinn. Toast Cereal Juice/Milk fruit</p> <p>Break.Burrito</p>	<p>12 Saus. Bisc. Gravy/Jelly Cereal Juice/Milk fruit</p> <p>Saus. Bisc</p>
<p>15 goody bun cereal Juice/Milk milk fruit</p> <p>goody bun</p>	<p>16 Scr. Eggs Toast Jelly Cereal Juice Milk</p> <p>mini pancakes</p>	<p>17 Pop Tarts cereal juice milk fruit</p> <p>Pop Tarts</p>	<p>18 Oats Cinn. Toast Cereal Juice/Milk fruit</p> <p>mini waffles</p>	<p>19 Saus. Bisc. Gravy/Jelly Cereal Juice/Milk fruit</p> <p>Saus. Bisc</p>
<p>22 honey wheat donut cereal Juice/Milk milk fruit</p> <p>honey wheat donut</p>	<p>23 breakfast crispitos cereal Juice/Milk milk fruit</p> <p>breakfast crispitos</p>	<p>24 breakfast pizza gr.cracker cereal Juice/Milk fruit</p> <p>break. Pizza</p>	<p>25 Oats Cinn. Toast cereal Juice/Milk fruit</p> <p>Cereal Bar</p>	<p>26 Saus. Bisc. Gravy/Jelly Cereal Juice/Milk fruit</p> <p>Saus.Bisc</p>
<p>29 goody bun cereal fruit Juice/Milk milk</p> <p>goody bun</p>	<p>30 Saus.Egg Bisc Cereal Jelly Juice/Milk fruit</p> <p>Saus.Egg Bisc</p>	<p>31 Oats Cinn. Toast Cereal Juice/Milk fruit</p> <p>Pancake Stk/Syrup</p>	<p>1 poptarts cereal gr.crackers Juice/Milk fruit</p> <p>poptarts</p>	<p>2 Saus. Bisc. Gravy/Jelly Cereal Juice/Milk fruit</p> <p>Saus. Bisc</p>

MELBOURNE DISTRICT Lunch January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8</p> <p>hot dog on bun baked beans</p> <p>tator tots</p> <p>fruitables milk</p> <p>fresh fruit gr.cracker</p>	<p>9</p> <p>chick.noodle soup</p> <p>cheese stick ranch dip/crackers pickle spear/carrots pineapple tidbits milk (fresh fruit)</p>	<p>10</p> <p>beef tacos refried beans</p> <p>shrd.lettuce&tom salsa/apple wedge ww choc.chip milk/fruit (spanish rice)</p>	<p>11</p> <p>bbq nachoes lett/tomato</p> <p>corn on cobb</p> <p>pineapple tidbits milk (juice)</p>	<p>12</p> <p>pepp.pizza tossed salad</p> <p>applesauce</p> <p>graham crackers milk (fresh fruit)</p>
<p>15</p> <p>chicken nuggets mashed potatoes</p> <p>green beans hot rolls peaches/milk (juice)</p> <p>carrots)</p>	<p>16</p> <p>chicken fajitas</p> <p>salsa</p> <p>pinto beans lett/tom/cheese oranges milk</p> <p>apples</p>	<p>17</p> <p>brd.beef strips mashed potatoes</p> <p>blackeyed peas carrots w/dip assort.fruit milk (peaches/roll)</p>	<p>18</p> <p>veg.beef soup grilled cheese sand</p> <p>pickle spear crackers pineapple tidbits milk (fruit)</p>	<p>19</p> <p>hamb.on bun</p> <p>french fries sandwich salad cup diced pears milk (juice) (choc.chip cookie)</p>
<p>22</p> <p>chicken spag.</p> <p>green beans tossed salad pineapple hot roll milk (fresh fruit)</p>	<p>23</p> <p>nachoes w/gr.beef</p> <p>lettuce/tomato pinto beans apples milk juice</p>	<p>24</p> <p>popcorn chicken</p> <p>mashed potatoes green beans hot roll fresh orange milk (carrots) (assort. Juice)</p>	<p>25</p> <p>sl.ham quick baked potato calif. Blend veg diced peaches milk (hot roll) juice</p>	<p>26</p> <p>chick.patty on bun</p> <p>pickle spear tator tots pork & beans diced pears milk (juice)</p>
<p>29</p> <p>lasagna tossed salad salad dressing breadsticks apples milk (orange)</p>	<p>30</p> <p>chick.fried stk mashed potatoes green beans fresh fruit hot rolls milk (fruit cocktail)</p>	<p>31</p> <p>bbq on bun coleslaw baked beans frozen juice cup milk grapes</p>	<p>1</p> <p>ham & ch. Rollup tossed salad salad dressing french fries assort.juice milk (pineapple)</p>	<p>2</p> <p>crisпитos tossed salad salsa mexican corn diced pears milk (assort.juice)</p>

MELBOURNE HIGH Salads January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
8	CHICKEN STRIP SALAD FRUIT MILK	10	CHEF SALAD FRUIT MILK	12
15	GRILLED CHICKEN SALAD FRUIT MILK	17	POPCORN CHICKEN SALAD FRUIT MILK	19
22	CHEF SALAD FRUIT MILK	24	POPCORN CHICKEN SALAD FRUIT MILK	26
29	CHICKEN STRIP SALAD	31	NO SALAD	2

MELBOURNE Preschool Breakfast January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
8 WG mini cinnis fruit milk	9 cereal fruit milk	10 WG blueberry muffin fruit milk	11 cereal fruit milk	12 saus./bisc fruit milk
15 WG mini cinnis fruit milk	16 cereal fruit milk	17 WG blueberry muffin fruit milk	18 cereal fruit milk	19 saus./bisc fruit milk
22 WG mini waffles w/syrup fruit milk	23 cereal fruit milk	24 WG blueberry muffin fruit milk	25 cereal fruit milk	26 saus./bisc fruit milk
29 WG mini cinnis fruit milk	30 cereal fruit milk	31 WG blueberry muffin fruit milk	1 cereal fruit milk	2 saus./bisc fruit milk

MELBOURNE Preschool Snacks January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
8 cereal milk	9 apples cheese juice	10 ww cheez-its juice	11 ww scooby snacks or ww lil grahams juice	12 belly bears milk
15 cereal milk	16 pb w/apples milk	17 pretzels juice	18 pb & breadsticks juice	19 fruit yogurt juice
22 cereal milk	23 apples cheese juice	24 ww cheez-its juice	25 ww lil grahams juice	26 belly bears milk
29 cereal milk	30 pb w/apples milk	31 pretzels juice	1 pb & breadsticks juice	2 fruit yogurt juice