

Melbourne School District Breakfast

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7</p> <p>superbun or cereal juice fruit milk</p> <p>superbun</p>	<p>8</p> <p>mini pancakes cereal fruit juice milk</p> <p>mini pancakes</p>	<p>9</p> <p>pop tarts or cereal juice fruit milk</p> <p>pop tarts</p>	<p>10</p> <p>oats and cinn toast or Cereal juice/milk fruit</p> <p>mini waffles</p>	<p>11</p> <p>Saus. Bisc. gravy or Cereal Juice/Milk fruit</p> <p>Saus./Bisc</p>
<p>14</p> <p>mini strawberry w/cr.cream bagel or cereal juice, fruit milk</p> <p>bagel</p>	<p>15</p> <p>saus./bisc. Combo or cereal juice fruit milk</p> <p>saus./bisc. Combo</p>	<p>16</p> <p>blueberry muffin or cereal ELEM-parfait or cereal fruit,juice,milk</p> <p>blueberry muffin</p>	<p>17</p> <p>oats and cinn toast or Cereal juice/milk fruit</p> <p>mini waffles</p>	<p>18</p> <p>Saus. Bisc. gravy or Cereal Juice/Milk fruit</p> <p>Saus./Bisc</p>
<p>21</p> <p>french toast sticks w/ syrup cereal fruit juice milk french toast sticks</p>	<p>22</p> <p>cinnamon roll or cereal juice fruit milk</p> <p>cinnamon roll</p>	<p>23</p> <p>bacon/egg bisc or cereal juice fruit milk</p> <p>bacon/egg bisc</p>	<p>24</p> <p>oats and cinn toast or Cereal juice/milk fruit</p> <p>mini waffles</p>	<p>25</p> <p>Saus. Bisc. gravy or Cereal Juice/Milk fruit</p> <p>Saus./Bisc</p>
<p>28</p> <p>goody bun cereal juice fruit milk</p> <p>goody bun</p>	<p>29</p> <p>bagel pizza or cereal juice fruit milk</p> <p>bagel pizza</p>	<p>30</p> <p>poptarts cereal fruit juice milk</p> <p>poptarts</p>	<p>31</p> <p>oats and cinn.toast or Cereal Juice/Milk fruit</p> <p>mini cinnis</p>	<p>1</p> <p>Saus. Bisc. gravy or Cereal Juice/Milk fruit</p> <p>Saus./Bisc</p>

Melbourne School District Lunch

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7</p> <p>chicken crisпитos</p> <p>pinto beans</p> <p>mexican corn</p> <p>fruit</p> <p>milk</p> <p>fresh fruit</p>	<p>8</p> <p>chicken nuggets</p> <p>mashed potatoes</p> <p>green beans</p> <p>roll</p> <p>assort. Juice</p> <p>milk</p> <p>fresh fruit</p>	<p>9</p> <p>corndogs</p> <p>french fries</p> <p>veg. sticks</p> <p>w/ranch</p> <p>fruit</p> <p>milk</p> <p>graham cracker</p> <p>fresh fruit</p>	<p>10</p> <p>chicken quesdilla</p> <p>garden salad</p> <p>ranch dressing</p> <p>salsa</p> <p>assort.juice</p> <p>milk</p> <p>fresh fruit</p>	<p>11</p> <p>hamb. On bun</p> <p>sandwich</p> <p>trimming</p> <p>french fries</p> <p>sidekicks</p> <p>milk</p> <p>fresh fruit</p>
<p>14</p> <p>chicken strips</p> <p>mashed potatoes</p> <p>green beans</p> <p>roll</p> <p>fruit</p> <p>milk</p> <p>fresh fruit</p>	<p>15</p> <p>chicken taco</p> <p>salad.</p> <p>w.k.corn</p> <p>pinto beans</p> <p>strawb. &</p> <p>bananas</p> <p>milk</p> <p>apple</p>	<p>16</p> <p>beef fingers</p> <p>mac &cheese</p> <p>garden salad</p> <p>hot roll</p> <p>applesauce</p> <p>milk</p> <p>banana/carrots</p>	<p>17</p> <p>salisbury steak</p> <p>mashed potatoes</p> <p>green peas</p> <p>roll</p> <p>apple</p> <p>milk</p> <p>assort. Juice</p>	<p>18</p> <p>pizza</p> <p>garden salad</p> <p>assort. juice</p> <p>royal brownie</p> <p>milk</p> <p>fresh fruit</p>
<p>21</p> <p>chicken wings</p> <p>mashed potatoes</p> <p>steamed broccoli</p> <p>slice bread</p> <p>assort. Juice</p> <p>milk</p> <p>fresh fruit</p>	<p>22</p> <p>mini corndogs</p> <p>pork & beans</p> <p>seasoned corn</p> <p>pineapple tidbits</p> <p>milk</p> <p>fresh fruit</p>	<p>23</p> <p>chick.spag.</p> <p>garden salad</p> <p>garlic biscuit</p> <p>veg.fruitable</p> <p>milk</p> <p>fresh fruit</p>	<p>24</p> <p>BBQ nachoes</p> <p>baked beans</p> <p>lettuce/tomatoes</p> <p>frozen juice cup</p> <p>milk</p> <p>gr.cracker</p> <p>fresh fruit</p>	<p>25</p> <p>cheeseburger</p> <p>sandwich</p> <p>trimming</p> <p>french fries</p> <p>fruit</p> <p>milk</p> <p>fresh fruit</p>
<p>28</p> <p>chick.noodle</p> <p>soup</p> <p>grilled cheese</p> <p>sand.</p> <p>garden salad</p> <p>sidekicks</p> <p>milk</p> <p>fresh fruit</p>	<p>29</p> <p>pepperoni pizza</p> <p>garden salad</p> <p>applesauce</p> <p>milk</p> <p>apple</p>	<p>30</p> <p>chicken fried</p> <p>steak</p> <p>mashed potatoes</p> <p>gravy</p> <p>green beans</p> <p>biscuit</p> <p>assort.juice</p> <p>milk/fresh fruit</p>	<p>31</p> <p>nachoes</p> <p>w/gr.beef</p> <p>lettuce/tomato</p> <p>pinto beans</p> <p>salsa</p> <p>banana</p> <p>milk</p> <p>assort. Juice</p>	<p>1</p> <p>hot dog on bun</p> <p>tator babies</p> <p>pork & beans</p> <p>diced pears</p> <p>milk</p> <p>fresh fruit</p>

Melbourne School High School Salad/Sandwich Bar

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
7 This institution is an equal opportunity provider.	8	9	10	11
14	15	16 PERSONAL PAN PIZZA SALAD FRUIT MILK	17 CHICKEN STRIP SALAD FRUIT MILK	18
15	16 CHEF SALAD FRUIT MILK	17	18 CHICKEN STRIP SALAD FRUIT MILK	19
22	23 TURKEY & CHEESE WRAP VEG.STICKS W/RANCH CHIPS FRUIT MILK	24	25	26
29	30	31	1 CHICKEN STRIP SALAD FRUIT MILK	2

Bearkatz Academy Breakfast

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
7 blueberry muffin fruit milk	8 breakfast pizza fruit milk	9 egg/cheese omelet toast fruit milk	10 french toast sticks syrup cup fruit milk	11 saus/bisc gravy fruit milk
14 pancakes w/syrup fruit milk	15 breakfast pizza fruit milk	16 egg/cheese omelet toast fruit milk	17 french toast sticks syrup cup fruit milk	18 saus/bisc gravy fruit milk
21 blueberry muffin fruit milk	22 breakfast pizza fruit milk	23 egg/cheese omelet toast fruit milk	24 french toast sticks syrup cup fruit milk	25 saus/bisc gravy fruit milk
28 pancakes w/syrup fruit milk	29 breakfast pizza fruit milk	30 egg/cheese omelet toast fruit milk	31 french toast sticks syrup cup fruit milk	1 saus/bisc gravy fruit milk

Barkatz Academy Lunch

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7</p> <p>beef burrito w.k.corn garden salad applesauce milk</p>	<p>8</p> <p>chicken taco salad lettuce/tomato w.k.corn fruit cocktail milk</p>	<p>9</p> <p>breaded beef patty mashed potatoes green beans sl.bread pineapple tidbits milk</p>	<p>10</p> <p>cheese pizza carrots w/dip w.k.corn diced peaches milk</p>	<p>11</p> <p>mini corndogs french fries pork & beans diced pears milk</p>
<p>14</p> <p>chili crispitos garden salad w/ ranch fruit cocktail milk</p>	<p>15</p> <p>chicken nuggets mashed potatoes green beans orange half milk</p>	<p>16</p> <p>grilled ch.sandwich french fries black-eyed peas diced peaches milk</p>	<p>17</p> <p>veg.beef soup crackers pickle spear pineapple tidbits milk</p>	<p>18</p> <p>hot dog on bun tator tots pork & beans mand. Oranges milk</p>
<p>21</p> <p>chicken rings potato smiles steamed broccoli slice bread fruit cocktail</p>	<p>22</p> <p>salisbury steak mashed potatoes green beans sl.bread applesauce milk</p>	<p>23</p> <p>corndogs french fries veg. sticks w/ranch diced pears milk</p>	<p>24</p> <p>taco salad lettuce/tomato shrd. Cheese w.k.corn salsa mand. Oranges milk</p>	<p>25</p> <p>hamb. On bun sandwich trimming french fries assort. Juice milk fresh fruit</p>
<p>28</p> <p>chicken strips mashed potatoes green beans pineapple tidbits fruit milk</p>	<p>29</p> <p>spag. w/meat sauce salad w/ranch cheesy biscuit diced peaches milk</p>	<p>30</p> <p>ham & ch. Rollup salad w/ranch french fries frozen juice cup milk</p>	<p>31</p> <p>beef fingers mashed potatoes green peas roll sl. Apple milk</p>	<p>1</p> <p>pizza garden salad apple juice gr.cracker milk fresh fruit</p>

Bearkatz Academy Snack

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
7 cereal milk	8 apples cheese juice	9 ww cheez-its juice	10 ww scooby snacks or ww lil grahams juice	11 chortles or gripz milk
14 cereal milk	15 pb w/apples milk	16 pretzels juice	17 pb & breadsticks juice	18 fruit yogurt juice
21 cereal milk	22 apples cheese juice	23 ww cheez-its juice	24 ww scooby snacks or ww lil grahams juice	25 chortles or gripz milk
28 cereal milk	29 pb w/apples milk	30 pretzels juice	31 pb & breadsticks juice	1 fruit yogurt juice