

## Melbourne School District Breakfast October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 superbun or cereal juice fruit milk</p> <p>superbun</p>	<p>2 mini pancakes cereal fruit juice milk</p> <p>mini pancakes</p>	<p>3 pop tarts or cereal juice fruit milk</p> <p>pop tarts</p>	<p>4 oats and cinn toast or Cereal juice/milk fruit</p> <p>mini waffles</p>	<p>5 Saus. Bisc. gravy or Cereal Juice/Milk fruit</p> <p>Saus./Bisc</p>
<p>8 mini strawberry w/cr.cream bagel or cereal juice, fruit milk</p> <p>bagel</p>	<p>9 saus./bisc. Combo or cereal juice fruit milk</p> <p>saus./bisc. Combo</p>	<p>10 blueberry muffin or cereal ELEM-parfait or cereal fruit,juice,milk</p> <p>parfait</p>	<p>11 oats and cinn toast or Cereal juice/milk fruit</p> <p>mini waffles</p>	<p>12 Saus. Bisc. gravy or Cereal Juice/Milk fruit</p> <p>Saus./Bisc</p>
<p>15 french toast sticks w/ syrup cereal fruit juice milk</p> <p>french toast sticks</p>	<p>16 cinnamon roll or cereal juice fruit milk</p> <p>cinnamon roll</p>	<p>17 bacon/egg bisc or cereal juice fruit milk</p> <p>bacon/egg bisc</p>	<p>18 oats and cinn toast or Cereal juice/milk fruit</p> <p>mini waffles</p>	<p>19 Saus. Bisc. gravy or Cereal Juice/Milk fruit</p> <p>Saus./Bisc</p>
<p>22 goody bun cereal juice fruit milk</p> <p>goody bun</p>	<p>23 bagel pizza or cereal juice fruit milk</p> <p>bagel pizza</p>	<p>24 mini strawb.bagel cereal fruit,juice,milk juice milk</p> <p>mini bagel</p>	<p>25 oats and cinn.toast or Cereal Juice/Milk fruit</p> <p>mini cinnis</p>	<p>26 Saus. Bisc. gravy or Cereal Juice/Milk fruit</p> <p>Saus./Bisc</p>
<p>29 mini waffle or cereal juice fruit milk</p> <p>mini waffle</p>	<p>30 cinnamon roll or cereal juice fruit milk</p> <p>cinnamon roll</p>	<p>31 pop tarts or cereal juice fruit milk</p> <p>pop tarts</p>	<p>1 oats and cinn.toast or Cereal Juice/Milk fruit french toast sticks and syrup</p>	<p>2 Saus. Bisc. gravy or Cereal Juice/Milk fruit</p> <p>Saus./Bisc</p>

## Melbourne School District Lunch October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>chicken crisпитos</p> <p>garden salad</p> <p>mexican corn fruit milk</p> <p>fresh fruit</p>	<p>2</p> <p>chicken nuggets mashed potatoes</p> <p>green beans roll assort. Juice milk</p> <p>fresh fruit</p>	<p>3</p> <p>corndogs</p> <p>french fries veg. sticks w/ranch fruit milk</p> <p>graham cracker fresh fruit</p>	<p>4</p> <p>chicken quesdilla</p> <p>garden salad</p> <p>ranch dressing salsa assort.juice milk</p> <p>fresh fruit</p>	<p>5</p> <p>hamb. On bun sandwich trimming</p> <p>french fries sidekicks milk</p> <p>fresh fruit</p>
<p>8</p> <p>chicken strips mashed potatoes green beans</p> <p>roll fruit milk</p> <p>fresh fruit</p>	<p>9</p> <p>chicken taco salad.</p> <p>w.k.corn pinto beans strawb. &amp; bananas milk</p> <p>apple</p>	<p>10</p> <p>beef fingers</p> <p>mac &amp;cheese garden salad</p> <p>hot roll applesauce milk</p> <p>banana/carrots</p>	<p>11</p> <p>salisbury steak mashed potatoes green peas</p> <p>roll apple milk</p> <p>assort. Juice</p>	<p>12</p> <p>pizza</p> <p>garden salad assort. juice</p> <p>royal brownie milk</p> <p>fresh fruit</p>
<p>15</p> <p>chicken wings quick baked potato steamed broccoli</p> <p>slice bread assort. Juice milk</p> <p>fresh fruit</p>	<p>16</p> <p>mini corndogs</p> <p>pork &amp; beans</p> <p>seasoned corn pineapple tidbits milk</p> <p>fresh fruit</p>	<p>17</p> <p>chick.spag.</p> <p>garden salad</p> <p>garlic biscuit</p> <p>veg.fruitable milk</p> <p>fresh fruit</p>	<p>18</p> <p>BBQ nachoes</p> <p>baked beans</p> <p>lettuce/tomatoes</p> <p>frozen juice cup milk gr.cracker</p> <p>fresh fruit</p>	<p>19</p> <p>cheeseburger sandwich trimming</p> <p>french fries</p> <p>fruit milk</p> <p>fresh fruit</p>
<p>22</p> <p>chick.noodle soup grilled cheese sand. garden salad sidekicks milk</p> <p>fresh fruit</p>	<p>23</p> <p>pepperoni pizza</p> <p>garden salad applesauce milk</p> <p>apple</p>	<p>24</p> <p>chicken fried steak mashed potatoes gravy green beans biscuit assort.juice milk/fresh fruit</p>	<p>25</p> <p>nachoes w/gr.beef</p> <p>lettuce/tomato pinto beans salsa banana milk</p> <p>assort. Juice</p>	<p>26</p> <p>hot dog on bun</p> <p>tator babies pork &amp; beans diced pears milk</p> <p>fresh fruit</p>
<p>29</p> <p>chicken crisпитos</p> <p>garden salad w.k.corn fruit cocktail milk</p> <p>fresh fruit</p>	<p>30</p> <p>chicken nuggets mashed potatoes green beans hot roll assort.juice milk</p> <p>grapes</p>	<p>31</p> <p>ham &amp; ch.rollup</p> <p>french fries garden salad frozen juice cup milk</p> <p>fresh fruit</p>	<p>1</p> <p>veg.beef soup grilled cheese sand pickle spear pineapple tidbits milk</p> <p>fruitable</p>	<p>2</p> <p>turkey &amp; ch. Wrap</p> <p>tossed salad baked chips assort.juice milk</p> <p>fresh fruit</p>

## Melbourne High School Salad Bar October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 This institution is an equal opportunity provider.	2	3 BBQ RIB PATTY SANDWICH COLESLAW FRENCH FRIES  FRUIT MILK	4 CHICKEN STRIP SALAD  FRUIT MILK	5
8	9	10 PERSONAL PAN PIZZA SALAD FRUIT MILK	11 CHICKEN STRIP SALAD  FRUIT MILK	12
15	16 CHEF SALAD  FRUIT MILK	17	18 CHICKEN STRIP SALAD  FRUIT MILK	19
22	23 TURKEY & CHEESE WRAP VEG.STICKS W/RANCH CHIPS FRUIT MILK	24	25 STUFFED BAKED POTATO  FRUIT MILK	26
29	30	31	1 CHICKEN STRIP SALAD  FRUIT MILK	2

# Bearkatz Academy Breakfast October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 oats cinnamon toast fruit milk	2 breakfast pizza fruit milk	3 egg/cheese omelet toast fruit milk	4 french toast sticks syrup cup fruit milk	5 saus/bisc gravy fruit milk
8 oats cinnamon toast fruit milk	9 breakfast pizza fruit milk	10 egg/cheese omelet toast fruit milk	11 french toast sticks syrup cup fruit milk	12 saus/bisc gravy fruit milk
15 oats cinnamon toast fruit milk	16 breakfast pizza fruit milk	17 egg/cheese omelet toast fruit milk	18 french toast sticks syrup cup fruit milk	19 saus/bisc gravy fruit milk
22 oats cinnamon toast fruit milk	23 breakfast pizza fruit milk	24 egg/cheese omelet toast fruit milk	25 french toast sticks syrup cup fruit milk	26 saus/bisc gravy fruit milk
29 oats cinnamon toast fruit milk	30 breakfast pizza fruit milk	31 egg/cheese omelet toast fruit milk	1 french toast sticks syrup cup fruit milk	2 saus/bisc gravy fruit milk

## Berkatz Academy Lunch October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>beef burrito w.k.corn garden salad applesauce milk</p>	<p>2</p> <p>cheese pizza tossed salad mand.oranges milk</p>	<p>3</p> <p>breaded beef patty mashed potatoes green beans sl.bread pineapple tidbits milk</p>	<p>4</p> <p>taco salad lettuce/tomato w.k.corn diced peaches milk</p>	<p>5</p> <p>mini corndogs tator babies pork &amp; beans diced pears milk</p>
<p>8</p> <p>chili crispitos garden salad</p> <p>w/ ranch fruit cocktail milk</p>	<p>9</p> <p>chicken nuggets mashed potatoes</p> <p>green beans orange half milk</p>	<p>10</p> <p>grilled ch.sandwich french fries</p> <p>black-eyed peas diced peaches milk</p>	<p>11</p> <p>veg.beef soup crackers</p> <p>pickle spear pineapple tidbits milk</p>	<p>12</p> <p>(sack lunch) p.b.&amp; jelly carrot/celery sticks ranch dip apple slices chips milk</p>
<p>15</p> <p>chicken rings</p> <p>potato smiles</p> <p>steamed broccoli slice bread fruit cocktail</p>	<p>16</p> <p>salisbury steak mashed potatoes</p> <p>green beans sl.bread applesauce milk</p>	<p>17</p> <p>corndogs</p> <p>french fries veg. sticks w/ranch diced pears milk</p>	<p>18</p> <p>taco salad</p> <p>lettuce/tomato</p> <p>shrd. Cheese w.k.corn salsa mand. Oranges milk</p>	<p>19</p> <p>hamb. On bun sandwich trimming</p> <p>french fries assort. Juice milk</p> <p>fresh fruit</p>
<p>22</p> <p>chicken strips mashed potatoes green beans pineapple tidbits fruit milk</p>	<p>23</p> <p>mini corndogs mac &amp;cheese pinto beans frozen juice cup milk</p>	<p>24</p> <p>spag. w/meat sauce salad w/ranch cheesy bisc banana milk</p>	<p>25</p> <p>beef fingers mashed potatoes green peas roll sl. Apple milk</p>	<p>26</p> <p>pizza garden salad apple juice gr.cracker milk</p> <p>fresh fruit</p>
<p>29</p> <p>turkey/ch.sandwich tator tots lettuce/tomato fruit cocktail milk</p>	<p>30</p> <p>chicken nuggets mashed potatoes green beans roll diced pears milk</p>	<p>31</p> <p>ham &amp; ch.rollup french fries garden salad frozen juice cup milk</p>	<p>1</p> <p>chick.noodle soup garden salad crackers cheese sticks diced peaches milk</p>	<p>2</p> <p>chick. Patty on bun tator tots lettuce/pickle applesauce milk</p>

## Berkatz Academy Snack October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 cereal milk	2 apples cheese juice	3 ww cheez-its juice	4 ww scooby snacks or ww lil grahams juice	5 chortles or gripz milk
8 cereal milk	9 pb w/apples milk	10 pretzels juice	11 pb & breadsticks juice	12 fruit yogurt juice
15 cereal milk	16 apples cheese juice	17 ww cheez-its juice	18 ww scooby snacks or ww lil grahams juice	19 chortles or gripz milk
22 cereal milk	23 pb w/apples milk	24 pretzels juice	25 pb & breadsticks juice	26 fruit yogurt juice
29 cereal milk	30 apples cheese juice	31 ww cheez-its juice	1 ww scooby snacks or ww lil grahams juice	2 chortles or gripz milk

