

BEARKATZ ACADEMY BREAKFAST
USDA is an equal opportunity provider.
November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
4 pancakes syrup pears milk	5 fried eggs biscuit bacon mand.oranges milk	6 oats cinnamon toast peaches milk	7 breakfast pizza mixed fruit milk	8 saus/bisc gravy applesauce milk
11 blueberry muffins peaches milk	12 scrambled eggs hash browns pears milk	13 oats cinnamon toast mixed fruit milk	14 yogurt w/granola fruit milk	15 saus/bisc gravy applesauce milk
18 grits toast pineapple tidbits milk	19 mini waffles syrup mand.oranges milk	20 oats cinn.toast pears milk	21 omelets toast peaches milk	22 saus/bisc gravy applesauce milk
25 cereal peaches milk	26 breakfast pizza pineapple tidbits milk	27 oats cinn.toast applesauce milk	28 HAPPY THANKSGIVING	29 NO SCHOOL

BEARKATZ ACADEMY LUNCH
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November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">4</p> <p>chick.noodle soup</p> <p>pickle spear crackers peaches milk</p>	<p align="center">5</p> <p>meatballs w/gravy</p> <p>mashed potatoes glazed carrots applesauce milk</p>	<p align="center">6</p> <p>burritos blackeyed peas bananas milk</p>	<p align="center">7</p> <p>lil katz pasta</p> <p>corn slice bread pears milk</p>	<p align="center">8</p> <p>pizza</p> <p>tossed salad pineapple tidbits milk</p>
<p align="center">11</p> <p>chicken spaghetti</p> <p>green beans diced pears milk</p>	<p align="center">12</p> <p>sliders sandwich trimmings pineapple tidbits milk</p>	<p align="center">13</p> <p>chicken cristitos</p> <p>mixed veggies mixed fruit milk</p>	<p align="center">14</p> <p>baked ziti</p> <p>hot roll corn peaches milk</p>	<p align="center">15</p> <p>cheeseburgers sandwich trimming french fries oranges milk</p>
<p align="center">18</p> <p>chili boats carrot sticks</p> <p>diced pears milk</p>	<p align="center">19</p> <p>salisbury steak mashed potatoes</p> <p>peas applesauce milk</p>	<p align="center">20</p> <p>chicken rings potato smiles</p> <p>green peas applesauce milk</p>	<p align="center">21</p> <p>turkey dressing mashed potatoes green beans rolls pumpkin dessert milk</p>	<p align="center">22</p> <p>corn dogs baked beans</p> <p>pineapple tidbits milk</p>
<p align="center">25</p> <p>beef fingers mac & cheese steamed broccoli mixed fruit milk</p>	<p align="center">26</p> <p>spag. w/meatballs w.k.corn</p> <p>garlic bread pears milk</p>	<p align="center">27</p> <p>turkey & cheese wraps</p> <p>garden salad diced peaches milk</p>	<p align="center">28</p> <p align="center">HAPPY THANKSGIVING</p>	<p align="center">29</p> <p align="center">NO SCHOOL</p>

BEARKATZ SNACK
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NOV.2019

Monday	Tuesday	Wednesday	Thursday	Friday
4 cheez-its juice	5 belly bears milk	6 pretzels juice	7 cinnamon goldfish milk ww lil grahams	8 apple slices peanut butter juice
11 mixed fruit cup milk	12 p.b.ritz bitz juice	13 cracker cheese juice	14 graham crackers milk	15 p.b. breadsticks juice
18 scooby snacks juice	19 cheeze-its juice	20 peach cup milk	21 yogurt chortles juice	22 belly bears milk
25 pretzels juice	26 graham crackers milk	27 cinnamon goldfish milk	28 HAPPY THANKSGIVING	29 THANKSGIVING BREAK