

MELBOURNE DISTRICT BREAKFAST
USDA is an equal opportunity provider.
NOVEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
5 Goody Bun juice cereal juice milk Goody Bun	6 pop tarts Cereal JUICE milk fruit pop tarts	7 break.crispitos cereal fruit milk juice	8 Oats Cinn. Toast Cereal Juice/Milk fruit eggo mini waffles	9 Saus. Bisc. Gravy/Jelly Cereal Juice/Milk fruit Saus. Bisc
12 DEER DAY	13 scrambled eggs toast jelly milk juice/fruit wheat donut	14 saus./egg bisc jelly Cereal Juice Milk fruit	15 Oats Cinn. Toast Cereal Juice/Milk fruit pop tarts	16 Saus. Bisc. Gravy/Jelly Cereal Juice/Milk fruit Saus. Bisc
19 Goody Bun juice cereal juice milk Goody Bun	20 parfait or cereal fruit juice milk dutch waffle	21 NO SCHOOL	22 HAPPY THANKSGIVING	23 NO SCHOOL
26 french toast sticks syrup cup juice cereal fruit milk french tst.sticks	27 breakfast pizza cereal fruit juice milk breakfast pizza	28 pop tarts cereal fruit juice milk	29 Oats Cinn. Toast Cereal Juice/Milk fruit cinnamon roll	30 Saus. Bisc. Gravy/Jelly Cereal Juice/Milk fruit Saus. Bisc

MELBOURNE DISTRICT LUNCH
USDA is an equal opportunity provider.
NOVEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5</p> <p>taco soup</p> <p>grilled ch.sand pickle spear pineapple tidbits milk</p> <p>fresh fruit</p>	<p>6</p> <p>pepperoni pizza</p> <p>tossed salad applesauce milk</p> <p>gr.cracker fresh fruit</p>	<p>7</p> <p>chicken fr.steak mashed potatoes green peas hot roll fruit juice milk</p> <p>fresh fruit</p>	<p>8</p> <p>tacos/cheese</p> <p>lettuce/tomato pinto beans salsa banana milk</p> <p>assort. Juice</p>	<p>9</p> <p>hot dog on bun</p> <p>tator babies pork & beans diced pears milk</p> <p>fresh fruit</p>
<p>12</p> <p>DEER DAY</p>	<p>13</p> <p>chicken crisпитos garden salad corn fruit milk</p> <p>fresh fruit</p>	<p>14</p> <p>corndogs french fries pork & beans diced peaches milk graham cracker</p> <p>fresh fruit</p>	<p>15</p> <p>turkey & dressing mashed potatoes green beans gravy/rolls cranb.sauce pumpkin surprise</p> <p>milk/fruit</p>	<p>16</p> <p>turk.&ch.sandwich tossed salad baked chips assort. Juice milk</p> <p>apples</p>
<p>19</p> <p>popcorn chicken mashed potatoes green beans roll fruit milk</p> <p>fresh fruit</p>	<p>20</p> <p>chicken fajitas salsa lettuce/tomato pinto beans orange/apple milk</p> <p>banana</p>	<p>21</p> <p>NO SCHOOL</p>	<p>22</p> <p>HAPPY THANKSGIVING</p>	<p>23</p> <p>NO SCHOOL</p>
<p>26</p> <p>chicken wings quick baked potato steamed veg. slice bread assort. Juice milk</p> <p>fresh fruit</p>	<p>27</p> <p>lasasgna</p> <p>tossed salad breadsticks orange half milk</p> <p>banana</p>	<p>28</p> <p>ham & ch.rollup</p> <p>french fries garden salad frozen juice cup milk</p> <p>assort. Juice</p>	<p>29</p> <p>frito pie</p> <p>shrd. Cheese w.k.corn fruit cocktail</p> <p>milk</p> <p>assort. Juice</p>	<p>30</p> <p>bbq on bun</p> <p>baked beans coleslaw fruit milk</p> <p>fresh fruit</p>

MELBOURNE HIGH SCHOOL SALAD/SANDWICH
USDA is an equal opportunity provider.
NOVEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
5 This institution is an equal opportunity provider.	6 CHEF SALAD FRUIT MILK	7	8 CHICKEN STRIP SALAD FRUIT MILK	9
12 DEER DAY	13	14	15 CHICKEN STRIP SALAD FRUIT MILK	16
19	20	21 NO SCHOOL	22 HAPPY THANKSGIVING	23 NO SCHOOL
26	27 CHEF SALAD FRUIT MILK	28	29 TURKEY & CHEESE WRAP VEG.STICKS W/RANCH CHIPS FRUIT MILK	30

BEARKATZ ACADEMY BREAKFAST
USDA is an equal opportunity provider
November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
5 oats cinnamon toast fruit milk	6 breakfast pizza milk	7 egg/cheese omelet toast fruit milk	8 french toast stick w/syrup fruit milk	9 saus/bisc gravy fruit milk
12 oats cinnamon toast fruit milk	13 breakfast pizza fruit milk	14 egg/cheese omelet toast fruit milk	15 french toast stick w/syrup fruit milk	16 saus/bisc gravy fruit milk
19 oats cinnamon toast fruit milk	20 breakfast pizza fruit milk	21 egg/cheese omelet toast fruit milk	22 HAPPY THANKSGIVING	23 NO SCHOOL
26 oats cinnamon toast fruit milk	27 breakfast pizza milk	28 egg/cheese omelet toast fruit milk	29 french toast stick w/syrup fruit milk	30 saus/bisc gravy fruit milk

BEARKATZ ACADEMY LUNCH
USDA is an equal opportunity provider
November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">5</p> <p>popcorn chicken mashed potatoes green beans roll pineapple tidbits milk</p>	<p align="center">6</p> <p>cheese pizza tossed salad applesauce milk</p>	<p align="center">7</p> <p>breaded beef patty mashed potatoes green beans sl.bread pineapple tidbits milk</p>	<p align="center">8</p> <p>taco salad lettuce/tomato w.k.corn diced peaches milk</p>	<p align="center">9</p> <p>p.b. & j. sandwich tator babies pork & beans diced pears milk</p>
<p align="center">12</p> <p>chili crispitos garden salad w/ ranch fruit cocktail milk</p>	<p align="center">13</p> <p>chicken nuggets mashed potatoes green beans orange half milk</p>	<p align="center">14</p> <p>grilled ch.sandwich french fries black-eyed peas diced peaches milk</p>	<p align="center">15</p> <p>turkey & dressing mashed potatoes green beans gravy/roll cranb.sauce pumpkin surprise fruit/milk</p>	<p align="center">16</p> <p>beef burrito w.k.corn garden salad applesauce milk</p>
<p align="center">19</p> <p>chicken rings potato smiles steamed broccoli slice bread fruit cocktail</p>	<p align="center">20</p> <p>salisbury steak mashed potatoes green beans sl.bread applesauce milk</p>	<p align="center">21</p> <p>p.b. & j.uncrustable veg.sticks w/ranch pork & beans baked chips diced peaches milk</p>	<p align="center">22</p> <p align="center">HAPPY THANKSGIVING</p>	<p align="center">23</p> <p align="center">NO SCHOOL</p>
<p align="center">26</p> <p>chicken strips mashed potatoes green beans pineapple tidbits fruit milk</p>	<p align="center">27</p> <p>mini corndogs mac &cheese pinto beans frozen juice cup milk</p>	<p align="center">28</p> <p>ham & ch.rollup french fries garden salad frozen juice cup milk</p>	<p align="center">29</p> <p>beef fingers mashed potatoes green peas roll sl. Apple milk</p>	<p align="center">30</p> <p>pizza garden salad assort. juice gr.cracker milk fresh fruit</p>

BEARKATZ ACADEMY SNACK
USDA is an equal opportunity provider
November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
cereal milk	apples cheese juice	ww cheez-its juice	ww scooby snacks or ww lil grahams juice	chortles or gripz milk
12	13	14	15	16
cereal milk	pb w/apples milk	pretzels juice	pb & breadsticks juice	fruit yogurt juice
19	20	21	22	23
cereal milk	apples cheese juice	ww cheez-its juice	HAPPY THANKSGIVING	NO SCHOOL
26	27	28	29	30
cereal milk	pb w/apples milk	pretzels juice	pb & breadsticks juice	fruit yogurt juice