

MELBOURNE DISTRICT BREAKFAST Oct 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>pop tarts Cereal juice milk fruit</p> <p>pop tarts</p>	<p>3</p> <p>mini pancakes cereal juice fruit milk</p> <p>mini pancakes</p>	<p>4</p> <p>break.burrito cereal juice fruit milk</p>	<p>5</p> <p>Oats Cinn. Toast Cereal Juice/Milk</p> <p>fruit eggo mini waffles</p>	<p>6</p> <p>Saus. Bisc. Gravy/Jelly Cereal Juice/Milk</p> <p>fruit Saus. Bisc</p>
<p>9</p> <p>goody bun cereal juice fruit milk</p> <p>goody bun</p>	<p>10</p> <p>scrambled eggs toast jelly milk juice/fruit</p> <p>wheat donut</p>	<p>11</p> <p>flatbread pizza cereal fruit juice milk</p>	<p>12</p> <p>Oats Cinn. Toast Cereal Juice/Milk fruit syrup & pancake on stick</p>	<p>13</p> <p>Saus. Bisc. Gravy/Jelly Cereal Juice/Milk fruit</p> <p>Saus. Bisc</p>
<p>16</p> <p>Goody Bun juice cereal juice milk</p> <p>goody bun</p>	<p>17</p> <p>dutch waffle syrup cereal juice milk fruit dutch waffle</p>	<p>18</p> <p>parfait or cereal juice fruit milk</p>	<p>19</p> <p>oats cinn.toast Cereal Juice/Milk fruit</p> <p>mini cinnis</p>	<p>20</p> <p>Saus. Bisc. Gravy/Jelly Cereal Juice/Milk fruit</p> <p>Saus.Bisc</p>
<p>23</p> <p>french toast sticks syrup cup toast cereal juice/fruit milk french tst.sticks</p>	<p>24</p> <p>breakfast pizza cereal fruit juice milk</p> <p>breakfast pizza</p>	<p>25</p> <p>Poptarts cereal juice milk fruit</p>	<p>26</p> <p>oats cinn.toast Cereal Juice/Milk fruit</p> <p>mini cinnis</p>	<p>27</p> <p>Saus. Bisc. Gravy/Jelly Cereal Juice/Milk fruit</p> <p>Saus. Bisc</p>
<p>30</p> <p>Goody Bun juice cereal juice milk</p> <p>Goody Bun</p>	<p>31</p> <p>saus./egg bisc jelly Cereal Juice Milk fruit saus/egg bisc.</p>	<p>1</p> <p>dutch waffle syrup cereal juice fruit milk</p>	<p>2</p> <p>Oats Cinn. Toast Cereal Juice/Milk</p> <p>fruit eggo mini waffles</p>	<p>3</p> <p>Saus. Bisc. Gravy/Jelly Cereal Juice/Milk fruit</p> <p>Saus.Bisc</p>

MELBOURNE DISTRICT LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>pepperoni pizza tossed salad applesauce milk</p> <p>gr.cracker fresh fruit</p>	<p>3</p> <p>nachoes w/gr.beef lettuce/tomato pinto beans frozen juice cup milk gr.cracker juice</p>	<p>4</p> <p>chicken fr.steak mashed potatoes tossed salad hot roll fruit juice milk fresh fruit</p>	<p>5</p> <p>sloppy joe on bun pickle spear tator tots banana milk</p> <p>assort. Juice</p>	<p>6</p> <p>hot dog on bun tator babies coleslaw diced pears milk</p> <p>fresh fruit</p>
<p>9</p> <p>chicken crisritos garden salad mexican corn fruit milk</p> <p>fresh fruit</p>	<p>10</p> <p>chicken nuggets mashed potatoes green beans roll assort. Juice milk fresh fruit</p>	<p>11</p> <p>corndogs french fries coleslaw fruit spice cake milk fresh fruit</p>	<p>12</p> <p>veg. beef soup grilled ch.sand pickle spear pineapple tidbits milk</p> <p>fresh fruit</p>	<p>13</p> <p>turkey & ch.sand tossed salad baked chips assort. Juice milk</p> <p>apples</p>
<p>16</p> <p>chicken strips mashed potatoes green beans roll fruit milk fresh fruit</p>	<p>17</p> <p>taco's lett/tom/cheese salsa pinto beans fruit milk fresh fruit</p>	<p>18</p> <p>meatball sub french fries coleslaw applesauce milk milk banana/carrots</p>	<p>19</p> <p>chili cheese stick crackers tossed salad fruit cocktail milk assort.fruit</p>	<p>20</p> <p>chic.ch.crispito tossed salad fruitable diced peaches milk</p> <p>assort.fruit</p>
<p>23</p> <p>chicken wings quick baked potato steamed broccoli slice bread assort. Juice milk fresh fruit</p>	<p>24</p> <p>chicken fajitas salsa lettuce/tomato pinto beans orange/apple milk banana</p>	<p>25</p> <p>ham & ch. Rollup french fries tossed salad frozen juice cup milk assort. Juice</p>	<p>26</p> <p>salis.steak mashed potatoes green beans fresh fruit hot rolls milk assort. Juice</p>	<p>27</p> <p>cheeseburger sandwich trimming french fries fruit milk fresh fruit</p>
<p>30</p> <p>stuffed crust pizza tossed salad diced peaches milk</p> <p>gr.cracker juice</p>	<p>31</p> <p>hot dog on bun tator babies coleslaw diced pears choc.chip cookie milk fresh fruit</p>	<p>1</p> <p>chick.noodle soup gr.cheese sand. tossed salad applesauce cup milk banana</p>	<p>2</p> <p>brd.chick.sandwich french fries sand.salad cup fruit cocktail milk fresh fruit</p>	<p>3</p> <p>BBQ on bun coleslaw baked beans fruitable milk sl.apples</p>