



DECEMBER MILLTOWN 2019

Parkview School, 80 Violet Ter.,
Milltown, NJ 08850
732-214-2365



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<div style="border: 1px solid green; padding: 5px;"> Fruits & vegetables from The Farm Stand are included with lunch. </div>	
2 Chicken Patty on a Bun & Garden Salad	3 Baked Mozzarella Sticks with Marinara Sauce & Corn	4 Meatball Hero & Steamed Broccoli LUCKY STICKER DAY 	5 Mini Pancakes with a Cheese Omelet 100% Fruit Juice Cup	6 Francesco Pizzeria Pizza & Baby Carrots
<div style="border: 1px solid orange; padding: 2px;"> Weekly Alternate: Popcorn Chicken with a Dinner Roll </div>				
9 Chicken Tenders with Dip, a Roll & Sweet Potato Fries	10 Hot Dog on a Bun & Baked Beans	11 Macaroni & Cheese with a Roll & Caesar Salad	12 Holiday Lunch Roast Beef on Toast Points with Beef Gravy, Pearl Onions, Butternut Squash & Apple Crisp	13 Domino's Pizza Celery Sticks with Dip
<div style="border: 1px solid orange; padding: 2px;"> Weekly Alternate: Barbecue Ribbie on a Bun </div>				
16 Baked Chicken Nuggets & Carrots with a Roll	17 Nachos Grande with Turkey Taco Meat, Cheese, Corn, Salsa & Sour Cream	18 "Starry, Starry Day" French Toast Sticks with an Egg Patty & 100% Fruit Juice Cup LUCKY STICKER DAY 	19 Baked Mozzarella Sticks with Marinara Sauce & Steamed Broccoli	20 Early Dismissal No Lunch Service First Day of Winter 12/21
<div style="border: 1px solid orange; padding: 2px;"> Weekly Alternate: Hamburger or Cheeseburger on a Bun </div>				
23	24	25	26	27
<div style="font-size: 2em; font-weight: bold; color: blue; text-decoration: underline;"> WINTER BREAK </div>				
30 Locally Grown McIntosh Apples	31			Locally Grown Butternut Squash

ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes Sliced French Bread)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

CEREAL LUNCH

Cereal, Fun-Size Pretzels, Low-Fat Cheese & a Trip to The Farm Stand

PEANUT BUTTER & JELLY SANDWICH

DELI SANDWICH

Week 1: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato
Week 2: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato
Week 3: Turkey Breast on a Kaiser Roll with Lettuce & Tomato

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand
(students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us.

Please e-mail us at

comments@pomptonian.com



At least 50% of All Grains served w/ your meal are Whole Grain Rich

TAKE ADVANTAGE OF PRE-PAYMENT OPTIONS

• Cash • Check • On-line
Visit "payforit.net"



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

"This institution is an equal opportunity provider."