



FEBRUARY MILLTOWN

2019

Parkview School, 80 Violet Terrace,
Milltown, NJ 08850
732-214-2365



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Fruits & vegetables from The Farm Stand are included with lunch.		Traditional Lunch: \$2.90 Reduced Price Lunch: \$0.40
American Heart Month 	Happy Valentine's Day 	Local Potatoes 		1 Domino's Pizza Broccoli with Dip Free Football Sticker w/ Lunch
Weekly Alternate: Chicken Tenders with Dip & a Roll				
4 Cheese Lasagna Caesar Salad	5 Baked Mozzarella Sticks with Marinara Sauce Corn on the Cob	6 Mini Maple Pancakes with Sausage Links Sweet Potato Fries 100% Fruit Juice	7 Hot Dog on a Bun Baked Beans	8 Pasquale's Pizzeria Pizza Roasted Cauliflower
Weekly Alternate: Popcorn Chicken with a Dinner Roll				
11 Cheese Pizza Bagel Garbanzo Beans	12 Nachos Grande with Beef Taco Meat, Cheddar Cheese, Salsa & Sour Cream	13 Meatball Parmesan Hero Roasted Cauliflower	Valentine's Day 14 Domino's Pizza Caesar Salad Free Funky Heart Tattoo w/ Lunch	15 Staff In Service Day Faculty Only
Weekly Alternate: Baked Chicken Nuggets with a Roll				
18 SCHOOLS CLOSED	19 Baked Mozzarella Sticks with Marinara Sauce Garbanzo Beans	20 Macaroni & Cheese with a Roll Steamed Broccoli	21 French Toast Sticks with a Cheese Omelet Tater Tots 100% Fruit Juice	22 Pasquale's Pizzeria Pizza Baby Carrots with Dip
Weekly Alternate: Cheesesteak Hero				
25 Chicken Tenders with Dip & a Roll Sweet Potato Fries	26 Hot Dog on a Bun Baked Beans	27 Stuffed Cheese Shells with a Roll Caesar Salad	28 Meatball Parmesan Hero Baked Oven Fries	
Weekly Alternate: Mozzarella Stuffed Breadstick with Marinara Sauce				

ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes Sliced French Bread)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
 Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

CEREAL LUNCH

Cereal, Fun-Size Pretzels, Low-Fat Cheese & a Trip to The Farm Stand

PEANUT BUTTER & JELLY SANDWICH

DELI SANDWICH

- Week 1: Tuna on a Kaiser Roll with Lettuce & Tomato
- Week 2: Ham on a Wrap with Lettuce & Tomato
- Week 3: Turkey & Cheese on a Kaiser Roll with Lettuce & Tomato
- Week 4: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato
- Week 5: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato

TAKE ADVANTAGE OF PRE-PAYMENT OPTIONS

- Cash • Check • On-line
- Visit "payforit.net"

A Complete Lunch Includes:

Entrée (with Protein/Grain)
Trip to The Farm Stand
 (students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us.
 Please e-mail us at comments@pomptonian.com

"This institution is an equal opportunity provider."



At least 50% of All Grains served w/ your meal are Whole Grain Rich



Local Pink Lady Apples