

- 1 TUE **Breakfast Bar** - French Toast Sticks with Choice of Turkey Sausage or a Colby Cheese Omelet & a 100% Juice Cup OR Ham, Egg & Cheese on a Kaiser Roll
- 2 WED **FEATURED FAVORITE: All-White Meat Chicken Tenders with a Roll & Oven Fries** OR Chicken Patty on a Bun
- 3 THU Mozzarella Stuffed Breadstick with Marinara Sauce & Caesar Salad OR Cheese Lasagna Roll-Up with a Dinner Roll
- 4 FRI Domino's Cheese Pizza with Baby Carrots & Ranch Dressing OR Sweet & Sour Chicken with Veggie Rice & Steamed Broccoli  
**FEATURED FAVORITE PANINI OF THE WEEK:**  
**Grilled Ham & Provolone Cheese**
- 7 MON Chicken & Cheese Quesadilla with Fresh Tomato Salsa OR Cheese Pizza Bagel
- 8 TUE **Taco Bar** - Seasoned Ground Turkey with Corn, Black Beans, Rice, Cheese, Lettuce & Tomato OR Grilled Chicken Pita Pocket
- 9 WED **FEATURED FAVORITE: BBQ or Chipotle Chicken Wings served with Celery Sticks & Oven Fries** OR Cheese Pierogies with Sautéed Onions & Sour Cream
- 10 THU Stuffed Cheese Shells with Texas Toast OR Chicken Tenders with a Dinner Roll
- 11 FRI Pasquale's Cheese Pizza with Caesar Salad OR General Tso's Chicken with Veggie Rice & Steamed Broccoli  
**FEATURED FAVORITE PANINI OF THE WEEK:**  
**Chicken, Bacon & Cheddar Cheese**
- 14 MON Italian Grilled Cheese Sandwich - Toasted Garlic Bread with Melted Cheese served with Marinara Sauce OR Popcorn Chicken with a Roll
- 15 TUE **HOMEMADE** Rip 'n Dip Stromboli - Chicken Parm. or Pepperoni & Cheese OR Cheesesteak Hero
- 16 WED **FEATURED FAVORITE: All-White Meat Chicken Tenders with a Roll & Oven Fries** OR Baked Macaroni & Cheese with a Roll
- 17 THU BBQ Ribbie on a Bun OR Max Cheese Sticks with Marinara Sauce
- 18 FRI Domino's Cheese Pizza with Baby Carrots & Ranch Dressing OR Sweet & Sour Chicken with Veggie Rice & Steamed Broccoli  
**FEATURED FAVORITE PANINI OF THE WEEK:**  
**Grilled Ham & Provolone Cheese**
- 21 MON Baked Macaroni & Cheese with Steamed Broccoli OR Meatball Parmesan Hero
- 22 TUE All-Beef Hot Dog on a Bun with Baked Beans OR Popcorn Chicken with a Dinner Roll
- 23 WED **FEATURED FAVORITE: BBQ or Chipotle Chicken Wings served with Celery Sticks & Oven Fries** OR Chicken Patty on a Bun
- 24 THU Cheese Pierogies with Sour Cream & Onions & Corn Niblets OR Baked Chicken Nuggets with a Dinner Roll
- 25 FRI Pasquale's Cheese Pizza with a Garden Salad OR California Cheesburger/Hamburger on a Bun  
**FEATURED FAVORITE PANINI OF THE WEEK:**  
**Grilled Chicken & Provolone Cheese**
- 28 MON Homemade Flatbread Pizza - Your Choice of Cheese or BBQ Chicken with Caesar Salad OR Pizza Crunchers
- 29 TUE **Taco Bar** - Seasoned Ground Turkey or Beef with Corn, Black Beans, Salsa, Shredded Cheese & Lettuce OR Chicken & Cheese Quesadilla
- 30 WED **FEATURED FAVORITE: All-White Meat Chicken Tenders with a Roll & Oven Fries** OR Cheesesteak Hero
- 31 THU **Breakfast Bar** - French Toast Sticks with Choice of Turkey Sausage or a Colby Cheese Omelet & a 100% Juice Cup OR Ham, Egg & Cheese on a Kaiser Roll  
**FEATURED FAVORITE PANINI OF THE WEEK:**  
**Chicken, Bacon & Cheddar Cheese**

**Each complete lunch includes:**  
Choice of Entrée with Protein/Grain, a trip to The Farm Stand & choice of Milk

*Available Daily*



**Selections on The Farm Stand are included with lunch. Choose ½ a cup of fruit & 1 cup of vegetable from a variety of options daily.**

**AMERICAN GRILLE**

2 Rotating Entrées:  
Cheese Pizza  
Burgers on Buns  
Chicken Patty on a Bun  
BBQ Rib Sandwich  
Cheesesteak Hero  
Chicken Nuggets w/ a Roll  
Big Daddy's Traditional Pizza Daily

*Deli Central*

Assorted Grab & Go Sandwiches & Wraps  
Smucker's PB&J  
Uncrustable served w/ a Cheese Stick & Tiny Twist Pretzels

**FRESH FARMSTAND**

Assorted Grab & Go Salads served w/ a Roll

**SNACK SHACK**

Featuring an assortment of popular & healthier snack & beverage options



**At least 50% of All Grains served w/ your meal are Whole Grain Rich**

**Featured Favorite Lunch: \$3.35**  
**Traditional Lunch: \$2.80**  
**Reduced Price Lunch: \$0.40**

**TAKE ADVANTAGE OF PRE-PAYMENT OPTIONS**

• Cash • Check • On-line  
Visit "payforit.net"

*Menu Subject to Change*

Your comments are important to us.  
Please email us at  
[comments@pomptonian.com](mailto:comments@pomptonian.com)

"This institution is an equal opportunity provider."