



Joyce Kilmer School

21 W. Church Street, Milltown, NJ
732-214-2365

October 2017



POMPTONIAN
FOOD SERVICE

- 2 MON Baked Macaroni & Cheese with Steamed Broccoli OR Meatball Parmesan Hero
- 3 TUE Chicken Fajitas with Sautéed Peppers & Onions OR Mozzarella Sticks with Marinara Sauce & a Dinner Roll
- 4 WED **FEATURED FAVORITE: BBQ or Chipotle Wings Served with Celery Sticks and Oven Fries** OR Chicken Patty on a Bun
- 5 THU Cheese Pierogies with Sour Cream and Onions and Corn Niblets OR Baked Chicken Nuggets with a Dinner Roll
- 6 FRI Nunzio's Cheese Pizza with a Garden Salad OR California Cheeseburger/Hamburger on a Bun
FEATURED FAVORITE PANINI OF THE WEEK
- 9 MON Homemade Flatbread Pizza - Your Choice of Cheese or BBQ Chicken with Caesar Salad OR Pizza Crunchers
- 10 TUE **Taco Bar** - Seasoned Ground Turkey or Beef with Corn, Black Beans, Salsa, Shredded Cheese and Lettuce OR Chicken and Cheese Quesadilla
- 11 WED **FEATURED FAVORITE: All White Meat Chicken Tenders with a Roll and Oven Fries** OR Cheesesteak Hero
- 12 THU **Breakfast Bar** - French Toast Sticks with Choice of Turkey Sausage or a Colby Cheese Omelet and a 100% Juice Cup OR Ham, Egg and Cheese on a Kaiser Roll
- 13 FRI Domino's Cheese Pizza with Cucumber Slices and Dressing OR Chicken Parmesan Hero
FEATURED FAVORITE PANINI OF THE WEEK
- 16 MON Baked Macaroni & Cheese with Steamed Broccoli OR Rodeo Cheeseburger Burger on a Bun topped with American Cheese, BBQ Sauce and Onion Rings
- 17 TUE Loaded Turkey Nachos - Seasoned Ground Turkey over Corn Tortilla Chips with Lettuce, Tomato & Cheese, Served with Cilantro Lime Rice and Black Beans OR Chicken Fajita Wrap
- 18 WED **FEATURED FAVORITE: BBQ or Chipotle Wings Served with Celery Sticks and Oven Fries** OR Meatball Parmesan Hero with Carrot Coins
- 19 THU Homemade Rip 'n Dip Stromboli - Choose from Chicken Parmesan or Pepperoni and Cheese with Sweet Peas OR Baked Chicken Nuggets and a Dinner Roll
- 20 FRI Nunzio's Cheese Pizza with Celery Sticks OR General Tso's Chicken with Veggie Rice and Steamed Broccoli
FEATURED FAVORITE PANINI OF THE WEEK
- 23 MON White Meat Chicken Bites with Chickpea Salad OR Cheesesteak Hero
- 24 TUE **Breakfast Bar** - French Toast Sticks with Choice of Turkey Sausage or a Colby Cheese Omelet and a 100% Juice Cup OR Ham, Egg and Cheese on a Kaiser Roll
- 25 WED **FEATURED FAVORITE: All White Meat Chicken Tenders with a Roll and Oven Fries** OR Chicken Patty on a Bun
- 26 THU JK Sampler - Mozzarella Sticks and Chicken Nuggets with Caesar Salad OR Cheese Lasagna Roll Up with a Dinner Roll
- 27 FRI Domino's Cheese Pizza with Baby Carrots and Ranch Dressing OR Sweet and Sour Chicken with Veggie Rice and Steamed Broccoli
FEATURED FAVORITE PANINI OF THE WEEK
- 30 MON Chicken and Cheese Quesadillas with Fresh Tomato Salsa Served with Corn and Black Bean Medley OR Popcorn Chicken with a Dinner Roll
- 31 TUE Twin Tacos - Seasoned Ground Turkey, Lettuce & Cheese OR Grilled Chicken Pita Pocket
FEATURED FAVORITE PANINI OF THE WEEK

Each complete lunch includes: Choice of Entrée with Protein/Grain, a trip to The Farm Stand and choice of Milk



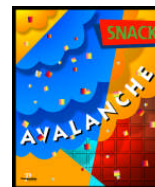
Selections on The Farm Stand are included with lunch. Choose ½ a cup of fruit and 1 cup of vegetable from a variety of options daily.



Assorted Pizzas



Assorted Grab-and-Go Sandwiches



Featuring an Assortment of Popular and Healthier Snack and Beverage Options



Assorted Grab-and-Go Salads served with a Roll

Featured Favorite Lunch: \$3.35

Traditional Lunch: \$2.80

Reduced Price Lunch: \$0.40

Menu Subject to Change

Your comments are important to us.
Please email us at comments@pomptonian.com



At least 50% of All Grains served with your meal are Whole Grain Rich