

- TUE 1 HAPPY NEW YEAR - SCHOOLS CLOSED
 WED 2 **FEATURED FAVORITE: All-White Meat Chicken Tenders with a Roll & Oven Fries** OR Cheese Pizza Bagel
 THU 3 Baked Macaroni & Cheese with a Roll OR Cheesesteak Hero with Cucumber Slices & Dip
 FRI 4 Domino's Cheese Pizza with Baby Carrots & Ranch Dressing OR Sweet & Sour Chicken with Veggie Rice & Steamed Broccoli
FEATURED FAVORITE PANINI OF THE WEEK: Salami, Pepperoni & Provolone Cheese
- MON 7 Baked Chicken Tenders with a Roll OR Meatball Parmesan Hero
 TUE 8 All-Beef Hot Dog on a Bun with Baked Beans OR Mozzarella Sticks with Marinara Sauce & a Dinner Roll
 WED 9 **FEATURED FAVORITE: BBQ or Chipotle Chicken Wings served with Celery Sticks, Oven Fries & a Roll** OR Chicken Patty on a Bun
 THU 10 Cheese Pierogi with Sour Cream & Onions & Sweet Potato Fries OR Baked Chicken Nuggets with a Dinner Roll
 FRI 11 Pasquale's Cheese Pizza with a Garden Salad OR California Cheeseburger/Hamburger on a Bun
FEATURED FAVORITE PANINI OF THE WEEK: Grilled Chicken & Provolone Cheese
- MON 14 Homemade Flatbread Pizza - Your Choice of Cheese or BBQ Chicken with Caesar Salad OR Stuffed Cheese Shells
 TUE 15 **Taco Bar** - Seasoned Ground Turkey or Beef with Corn, Black Beans, Salsa, Shredded Cheese & Lettuce OR Cheese Pizza Bagel
 WED 16 **FEATURED FAVORITE: All-White Meat Chicken Tenders with a Roll & Oven Fries** OR Cheesesteak Hero with Baby Carrots
 THU 17 **Breakfast Bar** - French Toast Sticks with Choice of Turkey Sausage or a Colby Cheese Omelet & a 100% Juice Cup OR Ham, Egg & Cheese on a Kaiser Roll
 FRI 18 Domino's Cheese Pizza with Cucumber Slices & Dressing OR Chicken Parmesan Hero
FEATURED FAVORITE PANINI OF THE WEEK: Chicken, Bacon & Cheddar Cheese
- MON 21 MLK DAY- SCHOOLS CLOSED
 TUE 22 Loaded Turkey Nachos - Seasoned Ground Turkey over Corn Tortilla Chips with Lettuce, Tomato & Cheese served with Cilantro Lime Rice & Black Beans OR Chicken Fajita Wrap
 WED 23 **FEATURED FAVORITE: BBQ or Chipotle Wings served with Celery Sticks, Oven Fries & a Roll** OR Meatball Parmesan Hero with Carrot Coins
 THU 24 Homemade Rip 'n Dip Stromboli - Choose from Chicken Parmesan or Pepperoni & Cheese with Sweet Potato Fries OR Baked Chicken Nuggets & a Dinner Roll
 FRI 25 Pasquale's Cheese Pizza with Celery Sticks OR General Tso's Chicken with Veggie Rice & Steamed Broccoli
FEATURED FAVORITE PANINI OF THE WEEK: Salami, Pepperoni & Provolone Cheese
- MON 28 All-White Meat Chicken Bites with Chickpea Salad OR Cheesesteak Hero
 TUE 29 **Breakfast Bar** - French Toast Sticks with Choice of Turkey Sausage or a Colby Cheese Omelet & a 100% Juice Cup OR Ham, Egg & Cheese on a Kaiser Roll
 WED 30 **FEATURED FAVORITE: All-White Meat Chicken Tenders with a Roll & Oven Fries** OR Hamburger/Cheeseburger on a Bun
 THU 31 JK Sampler - Mozzarella Sticks & Chicken Nuggets with Garden Salad OR Cheese Stuffed Shells with a Dinner Roll
FEATURED FAVORITE PANINI OF THE WEEK: Grilled Ham & Provolone Cheese

Each complete lunch includes:
 Choice of Entrée with Protein/Grain, a trip to The Farm Stand (students must select at least a serving of fruit or vegetable) & choice of Milk

Available Daily



Fruits & vegetables from The Farm Stand are included with lunch.

AMERICAN GRILLE

2 Rotating Entrées:
 Cheese Pizza
 Burgers on Buns
 Chicken Patty on a Bun
 BBQ Rib Sandwich
 Cheesesteak Hero
 Chicken Nuggets w/ a Roll
 Big Daddy's Traditional Pizza Daily

Deli Central

Assorted Grab & Go Sandwiches & Wraps
 Smucker's PB&J
 Uncrustable served w/ a Cheese Stick & Tiny Twist Pretzels

FRESH FARMSTAND

Assorted Grab & Go Salads served w/ a Roll

SNACK SHACK

Featuring an assortment of popular & healthier snack & beverage options



At least 50% of All Grains served w/ your meal are Whole Grain Rich

Featured Favorite Lunch: \$3.45
Traditional Lunch: \$2.90
Reduced Price Lunch: \$0.40

TAKE ADVANTAGE OF PRE-PAYMENT OPTIONS

- Cash • Check • On-line
- Visit "payforit.net"

Menu Subject to Change

Your comments are important to us.
 Please email us at comments@pomptonian.com

"This institution is an equal opportunity provider."