



- MON NO SCHOOL  
TUE NO SCHOOL  
WED 1 NO SCHOOL  
THU 2 Ft Long Hot Dog with Baked Beans & Fries OR Baked Chicken Nuggets & a Dinner Roll  
FRI 3 Maria's Pizza with Celery Sticks OR General Tso's Chicken with Veggie Rice & Steamed Broccoli  
◆ **PANINI OF THE WEEK: Salami, Pepperoni & Provolone Cheese**
- MON 6 All-White Meat Chicken Bites with Corn OR Meatball Hero  
TUE 7 **Breakfast Bar** - French Toast Sticks with a Colby Cheese Omelet & a 100% Juice Cup OR Pork Roll & Cheese on a Kaiser Roll  
WED 8 ◆ **All-White Meat Chicken Tenders with a Roll & Oven Fries** OR Hamburger or Cheeseburger on a Bun  
THU 9 JK Sampler - Mozzarella Sticks & Chicken Nuggets with a Garden Salad OR Cheese Ravioli with a Dinner Roll  
FRI 10 Domino's Cheese Pizza with Baby Carrots & Ranch Dressing OR Sweet & Sour Chicken with Veggie Rice & Steamed Broccoli  
◆ **PANINI OF THE WEEK: Grilled Ham & Provolone Cheese**
- MON 13 Breaded Fish with Tater Tots and Corn OR Chicken Patty on a Bun  
TUE 14 **Taco Bar** - Seasoned Ground Turkey with Corn, Black Beans, Rice, Cheese, Lettuce & Tomato OR Mozzarella Sticks with Marinara Sauce  
WED 15 ◆ **Barbecue or Chipotle Chicken Wings served with Celery Sticks, Oven Fries & a Roll** OR Cheese Pierogi with Sautéed Onions & Sour Cream  
THU 16 Cheese Ravioli with Meatball OR All-Beef Hot Dog on a Bun with Baked Beans  
FRI 17 Maria's Pizza with Caesar Salad OR General Tso's Chicken with Veggie Rice & Steamed Broccoli  
◆ **PANINI OF THE WEEK: Salami, Pepperoni & Provolone Cheese**
- MON 20 NO SCHOOL - MLK Day  
TUE 21 Chicken Parm Sandwich OR Baked Mozzarella Sticks with Marinara Sauce  
WED 22 ◆ **All-White Meat Chicken Tenders with a Roll & Oven Fries** OR Cheese Pizza Bagel  
THU 23 Baked Macaroni & Cheese with a Roll OR Grilled Cheese Sandwich & Tomato Soup  
FRI 24 Domino's Cheese Pizza with Baby Carrots & Ranch Dressing OR Sweet & Sour Chicken with Veggie Rice & Steamed Broccoli  
◆ **PANINI OF THE WEEK: Ham and Cheese**
- MON 27 Baked Chicken Tenders with a Roll OR Meatball Parmesan Hero  
TUE 28 All-Beef Hot Dog on a Bun with Baked Beans OR Mozzarella Sticks with Marinara Sauce & a Dinner Roll  
WED 29 ◆ **Barbecue or Chipotle Chicken Wings served with Celery Sticks, Oven Fries & a Roll** OR Chicken Patty on a Bun  
THU 30 Cheese Pierogi with Sour Cream & Onions & Sweet Potato Fries OR Baked Chicken Nuggets with a Dinner Roll  
FRI 31 Maria's Pizza with a Garden Salad OR California Cheeseburger or Hamburger on a Bun  
◆ **PANINI OF THE WEEK: Grilled Chicken & Provolone Cheese**

**Each complete lunch includes:**  
Choice of Entrée with Protein/Grain, a trip to The Farm Stand (students must select at least a serving of fruit or vegetable) & choice of Milk

**Available Daily**



**Fruits & vegetables from The Farm Stand are included with lunch.**

**AMERICAN GRILLE**

**2 Rotating Entrées:**

Cheese Pizza  
Burgers on Buns  
Chicken Patty on a Bun  
Barbecue Rib Sandwich  
Cheesesteak Hero  
Chicken Nuggets w/ a Roll  
Big Daddy's Traditional Pizza Daily

*Deli Central*

Assorted Grab & Go Sandwiches & Wraps  
Smucker's PB&J  
Uncrustable served w/ a Cheese Stick & Tiny Twist Pretzels

**FRESH FARMSTAND**

Assorted Grab & Go Salads served w/ a Roll

**SNACK SHACK**

Featuring an assortment of popular & healthier snack & beverage options



**At least 50% of All Grains served w/ your meal are Whole Grain Rich**



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

**TAKE ADVANTAGE OF PRE-PAYMENT OPTIONS**

- Cash • Check • On-line
- Visit "payforit.net"

*Menu Subject to Change*

Your comments are important to us. Please email us at [comments@pomptonian.com](mailto:comments@pomptonian.com)

"This institution is an equal opportunity provider."