



MAY MILLTOWN

2019

Parkview School, 80 Violet Terrace,
Milltown, NJ 08850
732-214-2365



POMPTONIAN
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Fruits & vegetables from The Farm Stand are included with lunch.		Traditional Lunch: \$2.90 Reduced Price Lunch: \$0.40
celebrate Cinco de Mayo 6 Nachos Grande with Beef Taco Meat, Cheese, Black Beans, Salsa & Sour Cream Free Tattoo w/ Lunch	 Locally Grown Asparagus 7 Cheese Pizza Bagel Oven Fries	1 Mini Maple Pancakes with Canadian Bacon Sweet Potato Fries 100% Fruit Juice Weekly Alternate: Cheesesteak Hero	2 Hot Dog on a Bun Baked Beans	3 Pasquale's Pizzeria Pizza Roasted Cauliflower
13 Grilled Chicken & Cheese on a Bun Garden Salad Weekly Alternate: Popcorn Chicken with a Dinner Roll	14 Baked Mozzarella Sticks with Marinara Sauce Garbanzo Beans	15 Cheesesteak Hero Steamed Broccoli Free I Love Reading Bookmark	16 French Toast Sticks with a Cheese Omelet Tater Tots 100% Fruit Juice	17 Pasquale's Pizzeria Pizza Baby Carrots with Dip
20 Chicken Tenders with Dip & a Roll Sweet Potato Fries	HAVE A HAPPY DAY 21 Hot Dog on a Bun Baked Beans	22 Macaroni & Cheese with a Roll Caesar Salad Weekly Alternate: BBQ Ribbie on a Bun	23 Chicken Patty on a Bun Oven Baked Fries	24 Domino's Pizza Celery Sticks with Dip
27 MEMORIAL DAY	28 Nachos Grande with Beef Taco Meat, Cheese, Black Beans, Salsa & Sour Cream	29 French Toast Sticks with an Egg Patty Sweet Potato Fries 100% Fruit Juice	30 Baked Mozzarella Sticks with Marinara Sauce Steamed Broccoli	31 Pasquale's Pizzeria Pizza Garden Salad Weekly Alternate: Hamburger or Cheeseburger on a Bun

ALSO AVAILABLE DAILY

- SALAD LUNCH (each salad includes Sliced French Bread)**
 Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
 Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing
- BAGEL MEAL**
 Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand
- CEREAL LUNCH**
 Cereal, Fun-Size Pretzels, Low-Fat Cheese & a Trip to The Farm Stand
- PEANUT BUTTER & JELLY SANDWICH**
- DELI SANDWICH**
 Week 1: Ham on a Wrap with Lettuce & Tomato
 Week 2: Turkey & Cheese on a Kaiser Roll with Lettuce & Tomato
 Week 3: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato
 Week 4: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato
 Week 5: Turkey Breast on a Kaiser Roll with Lettuce & Tomato

A Complete Lunch Includes:
 Entrée (with Protein/Grain)
Trip to The Farm Stand
 (students must select at least a serving of fruit or vegetable)
 Milk Choice: 1% White, Skim, or Non-Fat Chocolate
Menu Subject to Change
 Your comments are important to us.
 Please e-mail us at comments@pomptonian.com



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."



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