



Joyce Kilmer School

www.milltownps.org
21 West Church Street
Milltown, NJ 08850

Mr. William Veit, Principal

Kathleen Conger,BSN,RN,CSN
School Nurse
732-214-2372 Fax 732-214-2378

The following information is regarding physical examination requirements for participation in a sports activity. All requirements are strictly governed by the NJ Department of Education and must be followed.

The required forms are attached, and also available for download on the school website: www.milltownps.org. (Click on Joyce Kilmer School & download from the Health Office Forms, "Athletic Pre-participation Physical Examination". ***PLEASE NOTE: THESE ARE THE OFFICIAL DEPT. OF EDUCATION FORMS THAT MUST BE USED.***

Physical examinations for sports participation must be performed within one year (365 days) prior to commencement of the first tryout. "Preparticipation Physical Evaluation History Form" must be completed by the parent & student and brought to the examination. The examination **must** be documented on the required "Preparticipation Physical Evaluation Physical Examination Form". **Every item on this form must be completed to be accepted.** The examining physician must have completed the "Student-Athlete Cardiac Assessment Professional Development Module", as described on the forms, in order for the physical to be valid. All properly completed **original** forms must be returned to the school nurse by the due date to be accepted. (NO COPIES,FAXES or STAMPED SIGNATURES) No exceptions can be made, since the forms must be reviewed by the school physician prior to the commencement of tryouts. It is strongly advised that you do not wait until the last day to return your forms, since incomplete forms must be rejected and there will not be time to have them properly completed by the deadline. Students will not be permitted to try out if the school physician has not received and cleared the student's physical examination by the due date.

It is strongly recommended that your child's physician perform this exam since he/she knows the child best. The required physical form may be completed based on a previous examination as long as the exam was performed no longer than 365 days before the tryout date. In the event your child does not have a private physician, or you are experiencing difficulty in scheduling an appointment, please contact the school nurse if you choose to have the exam performed by the school doctor.

All athletes must return the activity permission and sign off forms attached. Please keep the Sudden Cardiac Death and Sports-Related Concussion sheets for your reference.

Please call me if you have any questions or require further clarification. I can be reached at (732) 214-2372.

WHEN ALL PROPERLY COMPLETED FORMS ARE RECEIVED BY THE NURSE, THE STUDENT WILL BE ISSUED A 'GOLDEN TICKET' THAT MUST BE BROUGHT TO THE TRYOUT AS PROOF THAT REQUIREMENTS HAVE BEEN MET. STUDENTS CANNOT TRY OUT WITHOUT THIS TICKET.

Sincerely,
Kathleen C. Conger, BSN, RN,CSN
School Nurse