



NOVEMBER MILLTOWN

2018

Parkview School, 80 Violet Terrace,
Milltown, NJ 08850
732-214-2365



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Fruits & vegetables from The Farm Stand are included with lunch.</p>	<p>Traditional Lunch: \$2.90 Reduced Price Lunch: \$0.40</p>	
			<p>1 Baked Mozzarella Sticks with Marinara Sauce Steamed Broccoli Free Fruit & Veggie Bookmark w/ Lunch</p>	<p>2 Pasquale's Pizzeria Pizza Garden Salad Weekly Alternate: Hamburger or Cheeseburger on a Bun</p>
<p>5 Cheesesteak on a Bun with Oven-Baked Fries</p>	<p>Election Day 6 Macaroni & Cheese with a Roll Green Beans</p>	<p>7 Staff In-Service Day Schools Closed</p>	<p>8 NJEA Convention No School</p>	
<p>Weekly Alternate: Chicken Tenders with Dip & a Roll</p>				
<p>12 Popcorn Chicken with Dip & a Roll Tater Tots</p>	<p>13 Mozzarella Stuffed Breadstick with Marinara Sauce Caesar Salad</p>	<p>14 Mini Maple Pancakes with Canadian Bacon Sweet Potato Fries 100% Fruit Juice Healthy Eating Sticker w/ Lunch </p>	<p>15 Hot Dog on a Bun Baked Beans</p>	<p>16 Domino's Cheese Pizza Celery Sticks with Dipping Sauce</p>
<p>Weekly Alternate: Baked Chicken Nuggets with a Roll</p>			<p>Weekly Alternate: Stuffed Cheese Shells</p>	
<p>19 Nachos Grande with Beef Taco Meat, Brown Rice & Scoops Chips</p>	<p>Pre-Thanksgiving Lunch 20 Cheese Lasagna Roll Ups Steamed Broccoli Funny Thanksgiving Sticker w/ Lunch </p>	<p>21 Early Dismissal No Lunch Served</p>	<p>22 Happy Thanksgiving </p>	
<p>26 Popcorn Chicken with Dip & a Roll Roasted Cauliflower</p>	<p>27 French Toast Sticks with a Cheese Omelet Tater Tots 100% Fruit Juice</p>	<p>28 Early Dismissal Parent Teacher Conferences No Lunch Served</p>	<p>29 Early Dismissal Parent Teacher Conferences No Lunch Served</p>	<p>30 Pasquale's Pizzeria Pizza Baby Carrots with Dip</p>
		<p>Weekly Alternate: Cheesesteak Hero</p>		<p>"This institution is an equal opportunity provider."</p>

ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes Sliced French Bread)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

CEREAL LUNCH

Cereal, Fun-Size Pretzels, Low-Fat Cheese & a Trip to The Farm Stand

PEANUT BUTTER & JELLY SANDWICH

DELI SANDWICH

- Week 1: Turkey Breast on a Kaiser Roll with Lettuce & Tomato
- Week 2: Tuna on a Kaiser Roll with Lettuce & Tomato
- Week 3: Ham on a Wrap with Lettuce & Tomato
- Week 4: Turkey & Cheese on a Kaiser Roll with Lettuce & Tomato
- Week 5: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand
(students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com



At least 50% of All Grains served w/ your meal are Whole Grain Rich

TAKE ADVANTAGE OF PRE-PAYMENT OPTIONS

- Cash
 - Check
 - On-line
- Visit "payfort.net"