



SEPTEMBER MILLTOWN

2017

Parkview School, 80 Violet Terrace,
Milltown, NJ 08850
732-214-2365



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Selections on The Farm Stand are included with lunch. Choose $\frac{1}{2}$ a cup of fruit and 1 cup of vegetable from a variety of options daily.		Traditional Lunch: \$2.80 Reduced Price Lunch: \$0.40
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4 	5 	6	7 French Toast Sticks with a Cheese Omelet 100% Juice Cup	8 Nunzio's Pizzeria Pizza Baby Carrots with Lite Ranch Dressing
Weekly Alternate: Pizza Crunchers with Marinara Sauce				
11 PATRIOT DAY Chicken Patty on a Bun with Caesar Salad 	12 Baked Mozzarella Sticks with Marinara Sauce Carrot Coins	13 Lucky Sticker Day Hamburger OR Cheeseburger on a Bun Baked Oven Fries Winners Receive a Snack	14 Grilled Chicken on a Bun Served with Garbanzo Bean Salad	15 Domino's Pizza Pure Fruit Juice
Weekly Alternate: Chicken Tenders with a Roll				
18 Baked Chicken Nuggets with a Dinner Roll & Oven Fries	19 Nachos Grande with Turkey Taco Meat, Black Beans, Brown Rice & Scoops! Chips	20 French Toast Sticks with a Turkey Sausage Patty 100% Juice Cup	21 Rosh Hashanah Schools Closed	22 First Day of Fall Nunzio's Pizzeria Pizza Baby Carrots with Lite Ranch Dressing
Weekly Alternate: Baked Macaroni & Cheese with a Dinner Roll				
25 Cheesesteak on a Bun with Sweet Potato Fries	26 All-Beef Hot Dog on a Bun with Baked Beans	27 Pizza Crunchers with Marinara Sauce Fiesta Corn Salad	28 Domino's Pizza Cucumber Coins with Lite-Ranch Dressing	29 Schools Closed Professional Staff Day
Weekly Alternate: Popcorn Chicken with Dip & a Roll				

ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes a Whole Wheat Dinner Roll)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
 Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

YOGURT MEAL

Yogurt Parfait with Low-Fat Yogurt, Strawberries, Blueberries & Granola
 Low-Fat Cheese Stick & a Trip to The Farm Stand

CEREAL LUNCH

Cereal, Fun Size Pretzels, Low-Fat Cheese & a Trip to The Farm Stand

PEANUT BUTTER & JELLY SANDWICH

DELI SANDWICH

- Week 1: Turkey & Cheese on a Wrap with Lettuce & Tomato
- Week 2: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato
- Week 3: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato
- Week 4: Turkey Breast on a Kaiser Roll with Lettuce & Tomato

"This institution is an equal opportunity provider."

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com



At least 50% of All Grains served w/ your meal are Whole Grain Rich

TAKE ADVANTAGE OF PRE-PAYMENT OPTIONS

- Cash • Check • On-line
- Visit "payforit.net"

Note: If a child has not prepaid and has no money, he/she will be given a PB&J Sandwich Meal & an IOU will be sent home.