

LINCOLN-WAY CENTRAL

2022

SUMMER SPORT CAMPS

BADMINTON BASEBALL BASKETBALL
CROSS COUNTRY FOOTBALL GOLF GYMNASTICS
LACROSSE SOCCER SOFTBALL TENNIS
VOLLEYBALL WRESTLING TRACK & FIELD
SWIM DIVE WATERPOLO

- **Important Registration Information:**

- Grades listed for each camp are for the 2022-23 school year. Please register with that in mind.
- Be sure to list the program number on the registration form.
- A separate registration form is needed for each athlete.

- **NO REFUNDS ON CAMPS**

- **Other Important Information:**

- For questions on a camp, please contact the coach using their e-mail address included in the camp information.
- All camps are at Lincoln-Way Central High School, unless otherwise indicated.
- No confirmation will be sent for camp registration. You will be notified only in the event of a cancellation.
- PLEASE NOTE-Because of ordering deadlines and restrictions, registrations received less than two weeks before the start of camp, will not be guaranteed a t-shirt.

- **To register using check payment method:**

- Complete the registration form on the "Summer Camp" brochure and make checks payable to Lincoln-Way Central High School

Send registration form and payment to:

Lincoln-Way Central High School ATTN: Athletic Department Summer Camps
1801 E. Lincoln Hwy., New Lenox, IL 60451

- **To register on 8to18: Credit Card fee 3% - Check fee \$1.00**

- To register using your credit card or check
- Register for summer camps online at <https://lwc.8to18.com/accounts/login>. Payment can be made via Master Card Visa, American Express or e-check

BADMINTON

Coach: Ryan Pohlmann & LWC Badminton coaches – rpohlmann@lw210.org

Camp includes the development of Badminton fundamentals and skills from an introductory to advanced level. Badminton is a fun and exciting sport for those girls looking for a new sport or already involved in another sport who are looking to mix things up. Racquets will be available for use. Please bring a water bottle and proper athletic apparel.

Date:	Tuesday-Thursday, June 28 th – June 30 th	
Camp:	BADM100	BADM200
Grades:	7 th thru 8 th	9 th - 12 th
Time:	3:30-5:00 pm	3:30 -5:30 pm
Fee:	\$50.00	\$80.00
Location:	<u>Lincoln-Way Central</u> Field House	

This camp is open to girls ages 12-17

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to
Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

****Checks should be made out for individual camps****

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

BOYS BASEBALL – YOUTH CAMPS

Coach: Mitch Nowicki & Baseball staff – mnowicki@lw210.org

Coach Nowicki and his staff will provide instruction in the fundamentals of baseball. The camp will provide instruction in hitting, pitching, base running and defense. In addition to instruction, there will also be discussions of the program's philosophy in these areas. Register before June 1st to guarantee a t-shirt.

Date: Monday thru Thursday, June 13th - June 16th with June 17th as makeup

Camp: #BB100

Grades: 1st thru 5th

Time: 9:00am – 10:15am

Fees: \$95.00

Location: Varsity Baseball Field

Camp: #BB200

Grades: 6th thru 8th

Time: 10:30am – 12:00pm

Fees: \$95.00

Location: Varsity Baseball Field

NO REFUNDS ON THIS CAMP

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(Signature of Parent or Guardian)

BOYS BASEBALL – HIGH SCHOOL CAMPS

Coach: Mitch Nowicki & Baseball staff – mnowicki@lw210.org

This year, there will be a high school camp for sophomore, juniors, and seniors and a separate camp for our incoming freshmen. Camp will take place Mondays & Tuesdays from June 13th- July 19th

No camps will be held on July 4th & 5th.

Please bring a water bottle.

Camp: #BB300

Grades: 10th, 11th, 12th

Time: 6:30 – 8:30 PM

Fees: \$125.00

Location: Varsity Baseball Field

Camp: #BB400

Grade: Incoming Freshmen

Time: 6:30- 8:30 PM

Fees: \$125.00

Location: Lower level Baseball Field

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(Signature of Parent or Guardian)

BOYS BASKETBALL – YOUTH CAMPS

Coach: Bob Curran and LW Central Basketball Staff – rcurran@lw210.org

Date: Tuesday-Friday May 31st thru June 3rd

Grades: 4th thru 8th Camp: #BBB200 Time: 9:30-10:30am Fee: \$65.00

Location: Field House

Skills camp focusing on ball handling, passing, pivoting, shooting, jumping, speed and agility. All campers will be allowed to attend our additional 15-21 optional workout sessions in June and July. Dates and times TBD later (usually 7-8:30 am 2 to 3 times per week) This is a total of 25 to 35 hours of skill development if a camper chooses to take advantage of the available gym time. Camp T-shirt included.

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Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

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(Signature of Parent or Guardian)

BOYS BASKETBALL – HIGH SCHOOL CAMPS

Coach: Bob Curran and the Lincoln-Way Central Basketball Staff – rcurran@lw210.org

Date: Tuesday-Friday May 31st thru June 3rd

Camp: #BBB400

Grades: Incoming 9th

Time: 8-9:30 am

Fees: \$75.00

Location: Field House

Camp: #BBB500

Grades: 10th thru 12th

Time: 8-9:30 am

Fees: \$100.00

Location: Field House

All campers will be allowed to attend our additional 15-22 workout sessions in June and July. Dates and times TBD later (usually 7-8:30am 2 to 3 times per week). Camp T-shirt included.

NO REFUNDS ON THIS CAMP

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Checks should be made payable to

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Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

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(Signature of Parent or Guardian)

GIRLS BASKETBALL – YOUTH CAMPS

Coach: Dave Campanile & the LWC Girls Basketball Staff – dcampanile@lw210.org
Grades: 3rd thru 6th **Camp: #GBB100**

Dates: Mon. – Thurs: June 6 - June 9 & June 13 - June 16 Location: LWC Main Gym
Time: 9:00am – 10:00am
Fee: \$100.00 (Price includes summer camp T-shirt)

This camp offers the fundamental teaching of basketball basics, concepts & drills, including shooting, passing, ball handling, defense, as well as cultivating a love of the game.

Grades: 7th & 8th **Camp: #GBB200**
Dates: Mon. – Thurs: June 6 - June 9 & June 13 - June 16 Location: LWC Main Gym
Time: 10:30am – 11:30am
Fee: \$100.00 (Price includes summer camp T-shirt)

This camp offers the continued fundamentals of basketball, along with more competitive drills & training geared towards offensive/defensive execution & game play.

NO REFUNDS ON THIS CAMP

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Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

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(Signature of Parent or Guardian)

GIRLS BASKETBALL – HIGH SCHOOL CAMPS

Coach: Dave Campanile & the LWC Girls Basketball Staff – dcampanile@lw210.org
Grades: Incoming 9th **Camp: #GBB300**
Dates: Mon. – Thurs: June 6 - June 9 & June 13 - June 16 Location: LWC Main Gym
Time: 12:00pm – 2:00pm
Fee: \$100.00 (Price includes summer camp T-shirt)

This camp offers the continued fundamentals of basketball, along with more competitive drills and training geared towards offensive/defensive execution and game play.

Grades: 10th thru 12th **Camp: #GBB400**
Dates: Tues. – Fri: May 31 - June 3 Location: LWC Main Gym
Time: 9:00am – 11:00am
Dates: Mon. – Thurs: June 6 - June 9, June 14, June 16
Time: 12:00pm – 2:00pm
Fee: \$125.00 (Price includes summer camp T-shirt)

This camp offers off-season program development geared towards the honing of basketball fundamentals, review of team drills & implementation of team offensive-defensive concepts. S/V Summer Leagues TBD.

NO REFUNDS ON THIS CAMP

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Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

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(Signature of Parent or Guardian)

BOYS CROSS COUNTRY

Coach: John Taylor – jtaylor@lw210.org or 815-462-2218

Camp includes individual training, instruction and recommendations for diet, training, stretching and health maintenance.

Dates: May 31 -July 27 (May 31, June 1, 2, 3, 6, 8, 13, 15, 20, 22, 27, 29 July 6, 11, 13, 18, 20, 25, 27)

Camp: #BXC100

Grades: 6th thru 12th

Time: 7:30am – 10:30am

Fee: \$100.00 (camp t-shirt included)

Location: Meet in LW Central Field House Lobby and we will bus to various locations off campus.
A detailed calendar will be given on the first day.

NO REFUNDS ON THIS CAMP

.....
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Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

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(Signature of Parent or Guardian)

GIRLS CROSS COUNTRY

Coach: TBA

Camp includes individual training and instruction.

Date: June 6, 7, 8, 9 and July 25, 26, 27, 28
Camp: #GXC100
Grades: 6th thru 12th
Time: 7:00 am-10:00 am (ending times will vary by location)
Fee: \$90.00 (Price includes summer camp T-shirt)
Location: Will meet at Lincoln-Way Central Fieldhouse lobby and take buses to different locations

NO REFUNDS ON THIS CAMP

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Other Contact Number (s) _____

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(Signature of Parent or Guardian)

FOOTBALL – YOUTH CAMP – CO-ED

Coach: Jeremy Cordell & LWC Football Staff and players – jcordell@lw210.org

Meet in the Stadium

Please wear comfortable t-shirt, shorts, athletic shoes/cleats and bring a water bottle. This will be a non-padded camp to learn LWC Football fundamentals.

Date: June 20, 21, 22, 23

Camp: #FB400

Grades: Incoming 1st thru 8th

Time: 10:30am – 12:30pm

Fee: \$50.00 (Price includes summer camp T-shirt given out on first day)

NO REFUNDS ON THIS CAMP

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City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

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(Signature of Parent or Guardian)

FOOTBALL – INCOMING FRESHMAN

Coach: Jeremy Cordell & LWC Football Staff – jcordell@lw210.org

Meet in the Field House daily. All players need football cleats and gym shoes daily as well as a water bottle and 3-ring binder. There will also be a portion of camp that will be padded and equipment will be issued (helmet and shoulder pads). LWC Football fundamentals and scheme will be installed as well as weight room and conditioning principles.

Date: June 6, 7, 8, 13, 14, 15, 20, 21, 22, 27, 28, 29 (12 Day Camp)
Camp: #FB300
Grades: Incoming 9th
Time: 3:00 -5:30 pm
Fee: \$150.00 for first athlete - \$75 for second athlete of same family. To get the discounted rate for same family athletes, please submit a hard copy registration and check to the athletic office. Please do not register on line. (Price includes summer camp T-shirt and shorts)

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

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Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

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(Signature of Parent or Guardian)

FOOTBALL – SOPHOMORE

Coach: Jeremy Cordell & LWC Football Staff – jcordell@lw210.org

Meet in the Field House daily. All players need football cleats and gym shoes daily as well as a water bottle and 3-ring binder. This will be a padded football camp and equipment will be issued (helmet and shoulder pads). LWC Football fundamentals and scheme will be installed as well as weight room and conditioning principles.

Date: June 7, 8, 9, 14, 15, 16, 21, 22, 23, 28, 29, 30 July 6, 7, 11, 12, 13, 14, 18, 19, 20

Camp: #FB100

Grades: 10th

Time: 7:00– 10:00 am

Fee: \$150.00 for first athlete - \$75 for second athlete of same family. To get the discounted rate for same family athletes, please submit a hard copy registration and check to the athletic office. Please do not register on line. (Price includes summer camp T-shirt and shorts)

NO REFUNDS ON THIS CAMP

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Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

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(Signature of Parent or Guardian)

FOOTBALL – VARSITY

Coach: Jeremy Cordell & LWC Football Staff – jcordell@lw210.org

Meet in the Field House daily. All players need football cleats and gym shoes daily as well as a water bottle and 3-ring binder. This will be a padded football camp and equipment will be issued (helmet and shoulder pads). LWC Football fundamentals and scheme will be installed as well as weight room and conditioning principles.

Date: June 7, 8, 9, 14, 15, 16, 21, 22, 23, 28, 29, 30 July 6, 7, 11, 12, 13, 14
Camp: #FB100V
Grades: 11th and 12th
Time: 7:00-10:00am
Fee: \$150.00 for first athlete - \$75 for second athlete of same family. To get the discounted rate for same family athletes, please submit a hard copy registration and check to the athletic office. Please do not register on line. (Price includes summer camp T-shirt and shorts)

NO REFUNDS ON THIS CAMP

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Grade Entering Next School Year _____ T-Shirt size: _____

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(Signature of Parent or Guardian)

FOOTBALL – CAMP MONMOUTH (VARSITY ONLY)

Coach: Jeremy Cordell & LWC Football Staff – jcordell@lw210.org

Monmouth College is the location for the Summer Session culminating event for Knights Varsity Football. Varsity Players and coaches will work together in a series of practices, team building sessions, and physical challenges to finalize the Summer Session. This experience is deeply rewarding and highly beneficial to Knights Varsity Football. Camp fee includes transportation, meals, and board. Supplies list will be provided during Summer.

Date: July 18, 19, 20
Camp: #FB
Grades: 11th and 12th
Time: DAILY
Fee: \$150.00

NO REFUNDS ON THIS CAMP

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(Signature of Parent or Guardian)

BOYS GOLF YOUTH CAMP

Coach: Ryan Pohlmann & LWC Golf Staff – rpohlmann@lw210.org

Start your summer off right! Golf is a game that athletes from all sports love to compete in and learn.

Coach Pohlmann is U.S. Kids Golf Certified with over 20 years of experience. Your child will start enjoying the game of golf and learn key fundamentals to grow in the sport. Bring golf clubs and water.

ALL CAMPS LOCATED -Sanctuary Driving Range. Individual Lesson will be at LWC Golf Room

Dates: **May 31, 1, 2** (Make Up June 3rd)- 15 Player Max per session. Sessions will be added as needed.

Grades: 3rd thru 6th

Camp: #BGOLF200

Time: 5:00 pm- 6:15 pm

Fee: \$100.00

Camp: #BGOLF100 -Individual Private Lessons

Date: Will be scheduled with families starting in June

Grades: 4th thru 8th

Time: Will be scheduled with families – Coach Pohlmann will reach out for scheduling

Fee: \$200.00 for 4 1 hour lesson packages Location – LWC Golf Room

Grades: 6th thru 8th

Camp: #BGOLF300

Time: 6:30pm – 8:00 pm

Fee: \$100.00

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Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

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(Signature of Parent or Guardian)

BOYS GOLF – HIGH SCHOOL

Coach: Ryan Pohlmann & LWC Golf Staff – rpohlmann@lw210.org

This camp is a combination of fundamental instruction and on course play. **Note- All Greens fees for on course play/open gyms will be paid the day of by the players.** As well, there is a possibility of adding extra dates throughout the summer.

HIGH SCHOOL CAMP

Camp: #BGOLF100

Date: June 9, 16, 23

Grades: 9th thru 12th

Fee: \$100.00

Time: 6:30- 8:15am Course: Sanctuary

OPEN GYM/ON COURSE PLAY - June 7th(Sanctuary GC 6:30am Tee time), 14th(Broken Arrow GC 6:30am Tee time), 21nd (Inwood GC -6:30am Tee Time), 28th (Broken Arrow GC 6:30am Tee Time)

VARSIITY- SUMMER START

Camp: #BGOLF500

Date: May 31, June 1, 2

Grades: 11th and 12th (Or F/S Invitation)

Fee: \$100

Time: 6:30- 8:15am Course: Sanctuary

INCOMING FRESHMAN ONLY CAMP

Camp: #BGOLF400

Date: July 11, 12, 13 Grade: 9th Time: 6:00-8:00pm Course: Sanctuary Fee: \$100

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(Signature of Parent or Guardian)

COED GOLF – GET READY FOR HIGH SCHOOL GOLF CAMP

Coach: Ryan Pohlmann & LWC Golf Staff – rpohlmann@lw210.org
Coach Pohlmann and his coaching staff will get you ready for tryouts and expectations of the high school golf season. With over 20 years of experience coaching High School Golf, there are many lessons to share in prepping for the high school season.

Camp: #BGOLF600
Date: July 25, 26, 27
Grades: 9th-10th
Time: 6-8pm
Fee: \$75.00
Location: Sanctuary Golf Course Driving Range

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

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Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ Email: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

GIRLS GYMNASTICS **SUMMER CAMP 2022**

Coaches: Kory Thompson
Coaches Email: kthompson@lw210.org



- **Grade School (K-5) Gymnastics: Monday & Wednesday 9:30-11am.**
 - Session 1: June 13, 15, 20, 22, 27, 29
 - Session 2: July 11, 13, 18, 20, 25, 27
 - Fee: \$120.00/session**
- **Tumbling Grades K-12: Monday & Wednesday 11am-12pm.**
 - Session 1: June 13, 15, 20, 22, 27, 29
 - Session 2: July 11, 13, 18, 20, 25, 27
 - Fee: \$100.00/session**
- **Junior High (6-8)/High School Gymnastics (9-12): Monday & Wednesday 1pm-3:30pm.**
 - Session 1: June 13, 15, 20, 22, 27, 29
 - Session 2: July 11, 13, 18, 20, 25, 27
 - Fee: \$150.00/session**

=====

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way East High School

Send registration form and payment to:

SUMMER CAMPS, ATHLETIC DEPARTMENT Attn: Gymnastics

LINCOLN-WAY EAST HIGH SCHOOL 201 COLORADO AVENUE, FRANKFORT IL 60423

Please use one form per student-

****Checks should be made out for individual camps**

OR

REGISTER ON 8 TO 18 SUMMER CAMPS - <https://lwe.8to18.com>

Student's Name _____ Grade for 2022 _____

Address _____ City _____ Home Phone _____

Emergency Contact Number(s) _____

SELECT CAMP- Girls Gymnastics Youth

___ GYM100 Camp Grades K-5 Session 1

___ GYM101 Camp Grades K-5 Session 2

___ TUMB100 Camp Grades K-12 Session 1

___ TUMB101 Camp Grades K-12 Session 2

___ JR HIGH GYM Session 1

___ JR HIGH GYM Session 2

T-shirt Size

\$ _____ AMOUNT ENCLOSED

*****CAMPS ARE PAID BY SESSIONS***

GIRLS LACROSSE

Coach: Ryan Maloney – rmaloney@lw210.org

Bring water, cleats, gym shoes, stick, goggles and mouth guard

Limited number of sticks and goggles will be available for new players.

Camp is designed to teach the skills and strategies for both beginner and advanced lacrosse players.

Dates: July 25 – July 29

Dates: July 25- July 29

Camp: #GLAX100

Camp: #GLAX200

Grades: Incoming 4th thru 8th

Grades: Incoming 9th thru 12th

Time: 7:00 am – 8:30 am

Time: 8:30 am- 10:00 am

Fee: \$75.00 (Tshirt is included)

Fee: \$100.00 (Tshirt is included)

Location: LW Central Stadium/Practice Field

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

GIRLS SOCCER – HIGH SCHOOL

Coach: Sean Fahey – sfahey@lw210.org or 815-263-4505

Athletes are to bring soccer cleats, running shoes, soccer balls and water.

Camp: #GSOC300
Grades: Incoming 9th thru 12th
Dates: July 12, 14, 19, 21, 26, 28
Time: 10:00am – 12:00pm
Fee: \$95.00

Location: Stadium/Soccer Practice Field

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to
Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps
Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

GIRLS SOCCER – YOUTH

Coach: Sean Fahey – sfahey@lw210.org or 815-263-4505

Athletes are to bring soccer cleats, soccer balls and water.

Dates: June 13-15
Camp: #GSOC100 – 3 day **COED** Youth
Knight
Grades: K thru 4
Time: 12:00pm – 1:00pm
Fee: \$60.00 (T-shirt is included)

Date: June 13-17
Camp: #GSOC200 – **COED** Future
Grades: 5th thru 8th
Time: 10:30am – 12:00pm
Fee: \$90.00 (T-shirt is included)

Location: Stadium/Soccer Practice Field

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

BOYS SOCCER – YOUTH

Coach: David Brown- dbrown@lw210.org or 815-954-0741

Athletes are to bring soccer cleats, soccer balls and water.

Dates: June 13-15
Camp: #BSOC100 – 3 day **COED** Youth
Grades: K thru 4
Time: 12:00pm – 1:00pm
Fee: \$60.00 (T-shirt is included)

Date: June 13-17
Camp: #BSOC200 – **COED** Future Knight
Grades: 5th thru 8th
Time: 10:30am – 12:00pm
Fee: \$90.00 (T-shirt is included)

Location: Stadium/Soccer Practice Field

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

BOYS SOCCER – HIGH SCHOOL

Coach: David Brown- dbrown@lw210.org or 815-954-0741

Athletes are to bring soccer cleats, soccer balls and water.

Camp: #BSOC300

Grades: **10th thru 12th** (Returning HS players only these two days)

Date: June 13 & June 15

Time: 1:00pm – 3:00pm

Grades: **Incoming 9th thru 12th**

Dates: June 20, 22, 24, 27, 29, 30 July 11, 13, 14, 18, 20, 21, 25, 27, 28

Time: 1:00pm-3:00pm

Fee: \$120.00 (T-shirt is included)

Location: Stadium/Soccer Practice Field

NO REFUNDS ON THIS CAMP

.....
Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

SOFTBALL

Coach: Jeff Tarala & LWC Softball Coaching Staff – jtarala@lw210.org

Athletes are to bring spikes, gym shoes, gloves and bats to camp daily.

Dates: Monday, May 30th – Thursday, June 2nd Location: Varsity Softball Field

Camp: #SB100	Camp: #SB200
Grades: 5 th thru 7 th	Grades: 8 th - 9 th
Time: 9:00 am - 10:30am	Time: 10:45am -12:15 pm
Fee: \$95.00 (T-shirt included)	Fee: \$95.00 (T-shirt included)

Camp: #SB300
Grades: 10th- 12th
Time: 12:30pm – 2:30pm
Fee: \$125.00 (T-shirt included)

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to
Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

GIRLS TENNIS

Coach: Eric Balluff & Coaching Staff – eballuff@lw210.org

Athletes are to bring racquet and water.

Location: Lincoln-Way Central Tennis Courts

Camp: #GTEN100

Dates: 6/6 - 6/9 Rain Date 6/10

Grades: 1st thru 8th (grouped by age)

Time: 9:00am-10:00am

Fee: \$80.00 (T-shirt included)

Camp: #GTEN200

Dates: 7/18, 7/19, 7/20, 7/21, 7/25, 7/26, 7/27, 7/28

Grades: Incoming 9th thru 12th

Time: 9:00am -11:00am

Fee: \$125.00 (T-shirt included)

Must be registered by June 1st to be guaranteed a t-shirt.

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

BOYS TENNIS

Coach: Jacob Riebe & Coaching staff – jriebe@lw210.org

Athletes are to bring racquet and water.

Location: Lincoln-Way Central Tennis Courts

Camp: #BTEN100

Dates: 6/6 - 6/9 Rain Date 6/10

Grades: 1st thru 8th (Grouped by age)

Time: 9:00am-10:00am

Fee: \$80.00 (T-shirt included)

Camp: #BTEN200

Dates: 7/18, 7/19, 7/20, 7/21, 7/25, 7/26, 7/27, 7/28

Grades: Incoming 9th thru 12th

Time: 9:00 am -11:00 am

Fee: \$125.00 (T-shirt included)

Must be registered by June 1st to be guaranteed a t-shirt.

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

BOYS VOLLEYBALL – YOUTH

Coach: Mary Brown & LW Central Coaching staff – mbrown@lw210.org

Fundamentals taught to beginners as well as advanced techniques taught to experience players.

Dates: July 11 – July 14

Location: Main Gym

Camp: #BVB200

Grades: 1st thru 3rd

Time: 8:00am – 9:00am

Fee: \$50.00

Camp: #BVB300

Grades: 4th thru 6th

Time: 9:00am – 10:30am

Fee: \$75.00

Camp: #BVB400

Grades: 7th thru 8th

Time: 10:30am – 12:00pm

Fee: \$75.00

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

GIRLS VOLLEYBALL – YOUTH

Coach: Mary Brown & LW Central Coaching staff – mbrown@lw210.org

Fundamentals taught to beginners as well as advanced players.

Dates: July 11 – July 14

Location: Main Gym

Camp: #GVB100

Grades: 1st thru 3rd

Time: 8:00am – 9:00am

Fee: \$50.00

Camp: #GVB200

Grades: 4th thru 6th

Time: 9:00am – 10:30am

Fee: \$75.00

Camp: #GVB300

Grades: 7th thru 8th

Time: 10:30am – 12:00pm

Fee: \$75.00

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

GIRLS VOLLEYBALL – HIGH SCHOOL

Coach: Mary Brown & LW Central Coaching staff – mbrown@lw210.org

Individual skills taught and practiced as well as team drills, strategies, offensive and defensive systems taught and applied.

Dates: July 18-22, 25-29th

Location: Main Gym

Camp: #GVB400

Camp: #GVB500

Grades: Incoming 9th thru 10th

Grades: 11th thru 12th

Time: 1:00pm – 3:00pm

Time: 9:00 am – 11:30am

Fee: \$110.00

Fee: \$120.00

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

BOYS VOLLEYBALL – HIGH SCHOOL

Coach: Mary Brown & LW Central Coaching staff – mbrown@lw210.org

Individual skills taught and practiced as well as team drills, strategies, offensive and defensive systems taught and applied.

Dates: June 6-9

Location: Main Gym

Camp: #BVB400

Grades: Incoming 9th thru 12th

Time: 3:00pm – 5:00pm

Fee: \$75.00

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

WRESTLING

Coach: Tyrone Byrd & LW Central Coaching staff – tbyrd@lw210.org

Dates: June 13 – 16

Location: LW Central Wrestling Gym

Camp: #WREST100

Grades: K-9th (incoming Freshmen)

Time: 1:30 pm – 3:00 pm

Fee: \$75.00

Camp: #WREST200

Grades: 10th – 12th (High School)

Time: 3:30 pm – 5:00 pm

T-shirts are guaranteed if registered by June 1st

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____

Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____

T-Shirt size: _____

Current Weight: _____

Years of experience _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

KNIGHT SPEED CAMP

Coach: Matt Smith & LW Central coaching staff- msmith@lw210.org

Dates: June 20, 22, 27, 29, 30

Location: LW Central outdoor track

Camp: #track100

Grades: Boys & Girls entering 4th-12th grade

Time: 1:00pm – 2:30 pm

Fee: \$60.00

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

BOYS LACROSSE (LWW)

Coach: Tyler Jackson- tjackson@lw210.org

These camps are an opportunity for the next generation of Lincoln-Way Lacrosse players to learn the philosophy and the style of play of our program. The staff will emphasize skill and fundamentals that we use every day in our program.

Campers are expected to bring their own water, stick, helmet, gloves, elbow pads, shoulder pads and cleats. Limited helmet, gloves, sticks, elbow pads and shoulder pads will be available for those who do not own their own equipment. T-Shirt included (Youth and Adult Sizes)

Dates: July 27-29

Camp: #BLAX100

Grades: Incoming 4th thru 8th

Time: 4:30 - 6:30

Fee: \$75.00 (Tshirt is included)

Dates: July 27-29

Camp: #BLAX200

Grades: 9th - 12th

Time: 5:30- 7:00 pm

Fee: \$75.00 (Tshirt is included)

Location: LW West Stadium

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way West High School 21701 Gougar Rd., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://www.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____ Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

Pole Vault

A pole vault camp led by the Lincoln-Way Central & Lincoln-Way West coaching staff. This is a camp that can accommodate beginners and advanced vaulters. The camp will include video analysis, pole vault drills, pole vault education, pole vault practice and competitions. All camps are coed.

Pole Vault Camp 1

Location: Lincoln-Way Central Track

Coaches:

Mr. Joey Strain (Lincoln-Way West Coach)

jstrain@lw210.org

Mr. Dustin Waddell (Lincoln-Way Central Coach)

dwaddell@lw210.org

Cost: \$150

Grades: 6-12 coed

Time: 8:30am - 10:30am

Dates:

May: 30, 31 June: 1,2,6,7,8,9

Pole Vault Camp 2

Location: Lincoln-Way Central Track

Time: 5:30-6:30pm (8:30-10:30 AM if at LWC)

Cost: \$75

Grades: 6-12 coed

Coaches:

Mr. Joey Strain (Lincoln-Way West Coach)

jstrain@lw210.org

Mr. Dustin Waddell (Lincoln-Way Central Coach)

dwaddell@lw210.org

Dates: Tuesday and Thursdays

June: 14,16, 21, 23 July: 12, 14, 19, 21, 26, 28

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

Boys/Girls Swimming

Girls Swimming

Location: Lincoln-Way Central Aquatic Center
Coach: Patrick Shaughnessy pshaughnessy@lw210.org
Camp: #GS100
Cost: \$85
Grades: 7-12
Time: 7:00am – 8:30am
Dates: July 25th – 29th

Boys Swimming

Location: Lincoln-Way Central Aquatic Center
Coach: Dana Kellerman dkellerman@lw210.org
Camp: #BS100
Cost: \$85
Grades: 7-12
Time: 7:00am – 8:30am
Dates: July 25th – 29th

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

Boys/Girls Water Polo

Girls Water Polo

Location: Lincoln-Way Central Aquatic Center
Coach: Pamela Shaughnessy pamela.shaughnessy@lw210.org
Camp: #GWP100
Cost: \$85
Grades: 7-12
Time: 8:45am – 10:15am
Dates: July 25th – 29th

Boys Water Polo

Location: Lincoln-Way Central Aquatic Center
Coach: Josh Hardie jhardie@lw210.org
Camp: #BWP100
Cost: \$85
Grades: 7-12
Time: 8:45am – 10:15am
Dates: July 25th – 29th

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)

Boys/Girls Diving

Girls Diving

Location: Lincoln-Way Central Aquatic Center
Coaches: Jen Malito jmalito@lw210.org
Camp: #GD100
Cost: \$85
Grades: 7-12
Time: 8:00am – 10:00am
Dates: July 18th – 22nd

Boys Diving

Location: Lincoln-Way Central Aquatic Center
Coaches: Sue Scheider jimsueschneider6@comcast.net
Camp: #BD100
Cost: \$85
Grades: 7-12
Time: 8:00am – 10:00am
Dates: July 18th – 22nd

NO REFUNDS ON THIS CAMP

Payment must accompany registration. Payment can be by cash, check, or money order.

Checks should be made payable to

Lincoln-Way Central High School

Send registration form and payment to:

ATTN: Athletic Department – Summer Camps

Lincoln-Way Central High School 1801 E. Lincoln Hwy., New Lenox, IL 60451

Please use one form per student

Checks should be made out for individual camps

OR

REGISTER ON 8TO18 SUMMER CAMPS – <https://lwc.8to18.com>

Student's Name _____

Address _____

City _____ Home Phone _____

Other Contact Number (s) _____

Grade Entering Next School Year _____ T-Shirt size: _____

Camp # _____

I understand that an athletic camp carries with it certain risks. There is always a chance of injury. I hereby authorize the directors of the Lincoln-Way summer camps to act for me according to their best judgment in any emergency requiring medical attention.

(Signature of Parent or Guardian)