

# March Highlights



MOKENA COMMUNITY PARK DISTRICT

MAR 2020 VOL 9, ISSUE 3

## Upcoming Events

### FREE DEMO CLASS— BALANCE & FALL PREVENTION

Monday, March 23  
10:15–11:00am • The Oaks  
Reg. deadline: March 21.

### FREE DEMO CLASS— AOA GENTLE YOGA

Tuesday, March 24  
9:45–10:45am • The Oaks  
Reg. deadline: March 22.

### FLASHLIGHT EGG HUNT

Thursday, April 2 • 8–9pm  
Yunker Park  
Reg. deadline: March 19.

### BUNNY BRUNCH

Saturday, April 4  
10:30am–12pm  
Aurelio's in Frankfort  
Reg. deadline: March 21.

### FREE DEMO CLASS— TAI CHI QIGONG

Wednesday, April 29  
10:30–11:30am • The Oaks  
Reg. deadline: April 27.

### MOTHER'S DAY TEA

Saturday, May 9  
10:30am–12pm • Yunker Park  
Reg. deadline: April 25.

## MOKENA COMMUNITY PARK DISTRICT

**Administration Center**  
10925 W. La Porte Road, Mokena  
708-390-2401  
info@mokenapark.com  
www.mokenapark.com

**Recreation Program Center**  
10925 W. La Porte Road, Mokena  
(south end of Main Park)

**The Oaks Recreation &  
Fitness Center**  
10847 W. La Porte Road, Mokena  
708-390-2343

### FLASHLIGHT EGG HUNT

Thursday, April 2, 2020  
8:00–9:00pm • Yunker Park

The Quest for the Golden Egg begins! Join us at Yunker Park and challenge your friends to see who can find the most treat-filled eggs using only a flashlight! The quest is unlike all of the rest, as a few eggs are filled with tickets to redeem for raffle prizes, but the biggest prize goes to the one who finds the golden egg! This year we'll have TWO egg hunts. Pizza will be served after the first egg hunt. Ages 8–12.

- Please bring a flashlight and a bag to collect the eggs. Preregistration is required.
- Fee: \$17R/\$19NR.
- Registration deadline: March 19.
- No refunds.

### MOTHER'S DAY TEA

Saturday, May 9, 2020  
10:30am–12:00pm • Yunker Park

Spend a memorable day with your mom, grandma, or special lady in your life to celebrate Mother's Day. Each registrant will enjoy finger foods and light refreshments, while we play games and enjoy some fun crafts. Guests will also get to treat themselves to mini-manicures (manicures may not be performed by a licensed professional). Ages 4–10.

- Early bird registration fee: \$16R/\$20NR per person.
- After April 9, additional fees apply.
- Preregistration is required.
- Registration deadline: April 25. No refunds.

### FIRE STARTERS—SPRING RECREATIONAL SOCCER LEAGUE, Age 4–grade 8

The Fire Starters staff and Mokena Park District are teaming up to conduct this instructional soccer league for boys and girls, focusing on the basic skills for beginning and novice players. This program consists of eight professional training sessions with Fire Starters staff along with team practices (led by parent volunteer coaches) during the week and games on Sundays. Each team will play 8 games weather permitting. Grades 1–3, 4–6, and 7–8 will participate in a single-elimination end-of-season tournament.

- Early Bird Registration deadline: March 19.
- Session dates: April 7–June 18, 2020
- Player evaluations: Sunday, March 29.
- Location: Willowview Park Soccer Fields
- Age 4–Kindergarten: \$105R/\$125NR
- Grades 1–8: \$110R/\$132NR.
- After March 19, additional fees apply.

### BUNNY BRUNCH

Saturday, April 4, 2020  
10:30am–12:00pm  
Aurelio's Restaurant, Frankfort

Hip Hop Hooray! Meet our huggable, lovable bunny for a buffet lunch of pizza, pasta, salad, garlic bread and soft drinks. Fee includes lunch, meeting the Bunny, face painting, and a special gift.

- Registration fee: \$21R/\$25NR per person.
- Children 12 months and under are free (does not include lunch or gift). All attendees regardless of age must be preregistered.
- Registration is not accepted at the restaurant. Seating is limited. No refunds.
- Registration deadline: March 21, 2020.

### STAY CONNECTED!



Follow us, like us or Tweet us. Stay in touch and get the latest news about programs and events. Follow our three Facebook pages:

- [Mokena Community Park District](#)
- [The Oaks Recreation & Fitness Center](#)
- [Park 'N Bark Dog Park](#)

Twitter: @mokenaparks

Instagram: mokenaparks

To sign up for our monthly e-newsletter, email us at: [info@mokenapark.com](mailto:info@mokenapark.com)

### ~HOLIDAY HOURS~

The Administration Office will be closed on Friday, April 10.

The Oaks Recreation & Fitness Center will be closed on Sunday, April 12.

Preregistration required for all programs. Registration may close early if a program reaches its max. participants. Registration accepted on a first-come, first-serve basis. Registration deadline is seven days prior to the start of class unless otherwise specified. Additional fees apply after the deadline. Non-residents of Mokena Park District will pay an additional fee. No refunds on trips and special events. Program information and fees are subject to change.

## NINJA CLASS

Train like a Ninja Warrior! Kids will develop strength, speed, agility, balance and coordination on obstacles that replicate ones from *American Ninja Warrior*. Kids will learn how to navigate obstacles correctly leading up to a group competition during class.

Ages 7–14.

- Thursdays: 5:00–6:00pm
- March 26–April 30, 2020
- Location: The Oaks Recreation & Fitness Center
- Early Bird Registration: \$65R/\$78NR
- After March 12, additional fees apply.

For more information, call Mokena Park District at 708-390-2401 or visit [www.mokenapark.com](http://www.mokenapark.com) to register.

## KIDS FIRST FLAG FOOTBALL FUNDAMENTALS 7 ON 7

Coaches will teach passing and catching fundamentals, including receiver end-zone techniques. Program offers Punt-Pass-Kick Contest & Championship Flag Football games. Flag Football 7 on 7 games played throughout the program. Techniques on speed and quickness, and football safety awareness and sportsmanship are also taught. Plus a Punt-Pass-Kick Contest & Championship Flag Football game.

- Saturdays: 8:30–9:45am
- April 4–May 16, 2020
- Age groups: 6–8, 9–12
- Location: Fox Ridge Park
- Early Bird Registration: \$79R/\$95NR
- After March 21, additional fees apply.

## KIDS FIRST TRACK & FIELD FUNDAMENTALS

This program teaches speed, quickness, and agility through Track & Field events. Coaches will focus on teaching sprints, hurdles, jumps, distance running, and throws in a safe and fundamental way using body balance techniques, and speed and agility drills to produce a quicker, safer more powerful performer. A wide variety of timed events will take place each day, concluding with a Championship series on the final day.

Ages 6–13.

- Saturdays: 9:45–11:00am
- April 4–May 16, 2020
- Location: Fox Ridge Park
- Early Bird Registration: \$74R/\$89NR
- After March 21, additional fees apply.

## LINE DANCING

**BEGINNER**—Students will learn basic beginner steps such as shuffles (triples), rock/recovers, pivot turns, and the jazz square.

**INTERMEDIATE**—Students will learn two current intermediate level line dances per 6-week session. Participants must have knowledge of basic steps such as: Quarter turns, half turns, trip forwards, back and sides and rock steps. This class is not for beginners.

**ADVANCED**—Experience is a must for this class. 1-2 advanced line dances are taught per six-week session and review other dances previously taught. Participants must have experience with intermediate level dances. Most dances have complicated and/or syncopated 8 counts with lots of quarters, half and full turns.

**For all levels**—Dances are choreographed to contemporary and country music. Dance shoes are recommended. Age: 18 & over.

Wednesdays: Mar. 18–Apr. 24, 2020

- Beginner: 11:45 a.m.–12:45 p.m.
- Intermediate: 1:00–2:00 p.m.
- Location: Oaks Recreation & Fitness Center
- Early Bird Registration: \$49R/\$58NR
- After Mar. 11, additional fees apply.

Fridays: Mar. 13–Apr. 24, 2020

- Advanced: 1:00–2:00 p.m.
- Location: Oaks Recreation & Fitness Center
- Early Bird Registration: 49R/\$58NR
- After Mar. 6, additional fees apply.

## SUPER SLUGGERS BASEBALL–SKILLS DEVELOPMENT

This 6-week instructional program for children ages 4–5 is designed to teach the fundamentals of baseball and having fun. We'll focus on the basics of hitting, throwing and hand-eye coordination. Student to instructor ratio is 5:1. Players should bring a baseball glove to class.

- Saturdays: March 28–May 9
- 9:00–9:55am or 10:00–10:55am
- Location: The Oaks Recreation & Fitness Center
- Early Bird Registration: \$44R/\$52NR
- After March 14, additional fees apply.

## HOOP SCHOOL–ALL SKILLS BASKETBALL

This 6-week program is for boys and girls, ages 6–11, that want to develop their skills in a fun environment. The program will focus on teaching all of the fundamental skills of basketball including dribbling, passing, shooting, team play, and defense. The skills will be taught and reinforced through a variety of dynamic drills and fun games and playing an organized games at the end of each class. Players will be separated by age and skill level.

- Sundays: March 29–May 3, 2020
- Age 6–8: 1:00–2:30pm
- Age 9–11: 2:30–4:00pm
- Early Bird Registration: \$66R/\$79NR
- After March 15, additional fees apply.
- Location: The Oaks Recreation & Fitness Center

## KIDS FIRST ULTIMATE FRISBEE

Ultimate Frisbee is one of the fastest growing youth sports in the country. It can be described as a combination of soccer, football, balloon ball, and basketball. Coaches will teach participants how to throw and score points offensively, defend their goal and how to play in a team concept.

- Saturdays: 11:00am–12:15pm
- Divisions: Age: 7–10, 11–15
- Location: Fox Ridge Park
- Early Bird Registration: \$74R/\$89NR
- After March 21, additional fees apply.

## FACILITY RENTALS

Birthday, Meeting, Baby Shower, or Team Party...

Mokena Community Park District will provide the space you need to host your event or meeting. Wi-Fi is available. Field House rentals are also available.

Contact The Oaks at [rbauer@mokenapark.com](mailto:rbauer@mokenapark.com) or 708-390-2343 for more information.

