



# MONROE COUNTY SCHOOL NUTRITION

## MCMS February 2018 Lunch Menu

Meal Prices  
 Middle-2.50  
 Reduced - \$.40  
 Guest - \$3.75

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

(Menu subject to change without notice)

# HEALTHY HEART MONTH



<p>1 <b>BAKED SPAGHETTI</b> OR <b>ITALIAN CHEESESTICKS</b> Garden Salad Homestyle Squash Souffle</p>				
<p>2 <b>WILD MIKE'S CHEESY PIZZA</b> OR <b>POTATO CRUNCH FISH NUGGETS w/GRITS</b> Corn Seasoned Red Beans</p>				
<p>5 <b>CHICKEN SANDWICH</b> OR <b>TURKEY &amp; CHEESE SANDWICH</b> Curly Fries Buttered Carrots</p>	<p>6 <b>STEAK NUGGETS</b> <b>HOMESYTYLE</b> OR <b>ROASTED CHICKEN</b> Cream Potatoes OR Lima Beans</p>	<p>7 <b>SPICY WINGS w/MAC N' CHEESE</b> OR <b>STUFFED CRUST PIZZA</b> Veg Dippers w/Ranch Corn</p>	<p>8 <b>BEEF OR CHICKEN NACHOS</b> Pinto Beans Shredded Lettuce/Diced Tomatoes Salsa</p>	<p>9 <b>CHILI &amp; GRILLED CHEESE</b> OR <b>CORN DOG</b> Crinkle Fries Broccoli w/Cheese</p>
<p>12 <b>CHICKEN TENDERS</b> OR <b>HOT HAM &amp; CHEESE SUB</b> Sweet Potato Fries OR Green Beans Roll</p>	<p>13 <b>SOUTHERN BBQ SANDWICH</b> OR <b>CHICKEN &amp; RICE</b> Turnip Greens Blackeyed Peas</p>	<p>14 <b>CLASSIC HAMBURGER</b> OR <b>HOT DOG</b> Crinkle Cut Fries Lettuce/Tomato/Pickle Chips</p>	<p>15 <b>BAKED SPAGHETTI</b> OR <b>ITALIAN CHEESESTICKS</b> Garden Salad Homestyle Squash Souffle</p>	<p>16 <b>WILD MIKE'S CHEESY PIZZA</b> OR <b>POTATO CRUNCH FISH NUGGETS w/GRITS</b> Corn Seasoned Red Beans</p>
<p>19 <b>WINTER BREAK</b></p>	<p>20 <b>STEAK NUGGETS</b> <b>HOMESYTYLE</b> OR <b>ROASTED CHICKEN</b> Cream Potatoes OR Lima Beans</p>	<p>21 <b>SPICY WINGS w/MAC N' CHEESE</b> OR <b>STUFFED CRUST PIZZA</b> Veg Dippers w/Ranch Corn</p>	<p>22 <b>BEEF OR CHICKEN NACHOS</b> Pinto Beans Shredded Lettuce/Diced Tomatoes Salsa</p>	<p>23 <b>CHILI &amp; GRILLED CHEESE</b> OR <b>CORN DOG</b> Crinkle Fries Broccoli w/Cheese</p>
<p>26 <b>CHICKEN TENDERS</b> OR <b>HOT HAM &amp; CHEESE SUB</b> Sweet Potato Fries OR Green Beans Roll</p>	<p>27 <b>SOUTHERN BBQ SANDWICH</b> OR <b>CHICKEN &amp; RICE</b> Turnip Greens Blackeyed Peas</p>	<p>28 <b>CLASSIC HAMBURGER</b> OR <b>HOT DOG</b> Crinkle Cut Fries Lettuce/Tomato/Pickle Chips</p>	<p> <b>NEW</b> Online Payment Option <a href="http://www2.mypaymentsplus.com">www2.mypaymentsplus.com</a></p>	

Strawberry Cake



**CHOOSE A FRUIT OR VEGETABLE OR BOTH ON YOUR TRAY EVERY DAY**



**EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING!!**

**PBJ w/CHIPS SERVED DAILY & SALADS SERVED WED, THURS, FRI**  
**All lunch meals are served with fresh/canned fruit and lowfat milk variety!**

**Proudly Serving:**  
**MAYFIELD MILK**

