



# MONROE COUNTY SCHOOL NUTRITION

## MCMS August 2017 Lunch Menu

Meal Prices  
 Middle-2.50  
 Reduced - \$.40  
 Guest - \$3.75

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

(Menu subject to change without notice)

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|--|--|--|--|---|
|  | 1<br>  | 2<br><br><a href="http://www2.mypaymentsplus.com">www2.mypaymentsplus.com</a>  | 3<br>  | 4<br><b>SPICY WINGS w/MAC N' CHEESE</b><br><b>OR</b><br><b>CORN DOG</b><br>Baked Beans<br>Celery Sticks w/Ranch               |
| 7<br><b>CHICKEN TENDERS w/ROLL</b><br><b>OR</b><br><b>HOT HAM &amp; CHEESE PANINI</b><br>Sweet Potato Waffle Fries<br>Green Beans  | 8<br><b>SOUTHERN BBQ SANDWICH</b><br><b>OR</b><br><b>CHICKEN &amp; RICE</b><br>Turnip Greens<br>Blackeyed Peas               | 9<br><b>CLASSIC HAMBURGER w/FRIES</b><br><b>OR</b><br><b>CHILI w/BAKED POTATO &amp; CRACKERS</b><br>Lettuce/Tomato/Pickle Chips  | 10<br><b>ZESTY SPAGHETTI</b><br><b>OR</b><br><b>ITALIAN CHEESESTICKS</b><br>Garden Salad<br>Homestyle Squash Souffle | 11<br><b>WILD MIKE'S CHEESY PIZZA</b><br><b>OR</b><br><b>POTATO CRUNCH FISH NUGGETS w/GRITS</b><br>Corn<br>Seasoned Red Beans |
| 14<br><b>CHICKEN SANDWICH</b><br><b>OR</b><br><b>TURKEY &amp; CHEESE on CIABATTA</b><br>Curly Fries<br>Veggie Dippers w/Ranch      | 15<br><b>STEAK NUGGETS w/ROLL</b><br><b>OR</b><br><b>"GRANDMA'S" ROASTED CHICKEN w/ROLL</b><br>Cream Potatoes<br>Green Beans | 16<br><b>BEEF OR CHICKEN NACHOS</b><br><b>OR</b><br><b>BEEF OR CHICKEN MINI SOFT TACOS</b><br>Pinto Beans<br>Corn/Salsa          | 17<br><b>STUFFED CRUST PIZZA</b><br><b>OR</b><br><b>CHICKEN ALFREDO</b><br>Steamed Broccoli<br>Buttered Carrots      | 18<br><b>SPICY WINGS w/MAC N' CHEESE</b><br><b>OR</b><br><b>CORN DOG</b><br>Baked Beans<br>Celery Sticks w/Ranch              |
| 21<br><b>CHICKEN TENDERS w/ROLL</b><br><b>OR</b><br><b>HOT HAM &amp; CHEESE PANINI</b><br>Sweet Potato Waffle Fries<br>Green Beans | 22<br><b>SOUTHERN BBQ SANDWICH</b><br><b>OR</b><br><b>CHICKEN &amp; RICE</b><br>Turnip Greens<br>Blackeyed Peas              | 23<br><b>CLASSIC HAMBURGER w/FRIES</b><br><b>OR</b><br><b>CHILI w/BAKED POTATO &amp; CRACKERS</b><br>Lettuce/Tomato/Pickle Chips | 24<br><b>ZESTY SPAGHETTI</b><br><b>OR</b><br><b>ITALIAN CHEESESTICKS</b><br>Garden Salad<br>Homestyle Squash Souffle | 25<br><b>WILD MIKE'S CHEESY PIZZA</b><br><b>OR</b><br><b>POTATO CRUNCH FISH NUGGETS w/GRITS</b><br>Corn<br>Seasoned Red Beans |
| 28<br><b>CHICKEN SANDWICH</b><br><b>OR</b><br><b>TURKEY &amp; CHEESE on CIABATTA</b><br>Curly Fries<br>Veggie Dippers w/Ranch      | 29<br><b>STEAK NUGGETS w/ROLL</b><br><b>OR</b><br><b>"GRANDMA'S" ROASTED CHICKEN w/ROLL</b><br>Cream Potatoes<br>Green Beans | 30<br><b>BEEF OR CHICKEN NACHOS</b><br><b>OR</b><br><b>BEEF OR CHICKEN MINI SOFT TACOS</b><br>Pinto Beans<br>Corn/Salsa          | 31<br><b>STUFFED CRUST PIZZA</b><br><b>OR</b><br><b>CHICKEN ALFREDO</b><br>Steamed Broccoli<br>Buttered Carrots      |   |

**COOKIE DAY EVERY THURSDAY**



**CHOOSE A FRUIT OR VEGETABLE OR BOTH ON YOUR TRAY EVERY DAY**



**EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING!!**

PBJ w/CHIPS SERVED DAILY & SALADS SERVED WED, THURS, FRI

All lunch meals are served with fresh/canned fruit and lowfat milk variety!

Proudly Serving:  
**MAYFIELD**

