










# MONROE COUNTY SCHOOL NUTRITION

## MCMS January 2018 Lunch Menu

Meal Prices  
 Middle-2.50  
 Reduced - \$.40  
 Guest - \$3.75

**MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY**

(Menu subject to change without notice)

1 	2 <b>TEACHER IN-SERVICE</b> 	3 <b>TEACHER IN-SERVICE</b> 	4 <b>MANAGER'S SELECTION OF STUDENT FAVORITES</b> 	5 <b>MANAGER'S SELECTION OF STUDENT FAVORITES</b> 
8 <b>CHICKEN SANDWICH OR TURKEY &amp; CHEESE SANDWICH</b> Curly Fries Veggie Dippers w/Ranch	9 <b>STEAK NUGGETS w/ROLL</b> <b>HOMEMADE</b> OR CHICKEN NOODLE SOUP w/ GRIL'D CHSE Cream Potatoes Green Beans	10 <b>BEEF OR CHICKEN NACHOS OR BEEF OR CHICKEN MINI SOFT TACOS</b> Pinto Beans Corn/Salsa	11 <b>STUFFED CRUST PIZZA OR CHICKEN ALFREDO</b> Steamed Broccoli Buttered Carrots	12 <b>SPICY WINGS w/MAC N' CHEESE OR CORN DOG</b> Baked Beans Celery Sticks w/Ranch
15 <b>Martin Luther King, Jr. Day</b> 	16 <b>SOUTHERN BBQ SANDWICH OR CHICKEN &amp; RICE</b> Turnip Greens Blackeyed Peas	17 <b>CLASSIC HAMBURGER w/FRIES OR CHILI w/BAKED POTATO &amp; CRACKERS</b> Lettuce/Tomato/Pickle Chips	18 <b>ZESTY SPAGHETTI OR ITALIAN CHEESESTICKS</b> Garden Salad Homestyle Squash Souffle	19 <b>WILD MIKE'S CHEESY PIZZA OR POTATO CRUNCH FISH NUGGETS w/GRITS</b> Corn Seasoned Red Beans
22 <b>CHICKEN SANDWICH OR TURKEY &amp; CHEESE SANDWICH</b> Curly Fries Veggie Dippers w/Ranch	23 <b>STEAK NUGGETS w/ROLL</b> <b>HOMEMADE</b> OR CHICKEN NOODLE SOUP w/ GRIL'D CHSE Cream Potatoes Green Beans	24 <b>BEEF OR CHICKEN NACHOS OR BEEF OR CHICKEN MINI SOFT TACOS</b> Pinto Beans Corn/Salsa	25 <b>STUFFED CRUST PIZZA OR CHICKEN ALFREDO</b> Steamed Broccoli Buttered Carrots	26 <b>SPICY WINGS w/MAC N' CHEESE OR CORN DOG</b> Baked Beans Celery Sticks w/Ranch
29 <b>CHICKEN TENDERS w/ROLL OR HOT HAM &amp; CHEESE SUB</b> Sweet Potato Waffle Fries Green Beans	30 <b>SOUTHERN BBQ SANDWICH OR CHICKEN &amp; RICE</b> Turnip Greens Blackeyed Peas	31 <b>CLASSIC HAMBURGER w/FRIES OR CHILI w/BAKED POTATO &amp; CRACKERS</b> Lettuce/Tomato/Pickle Chips	 <b>NEW</b> Online Payment Option <a href="http://www2.mypaymentsplus.com">www2.mypaymentsplus.com</a>	

**COOKIE DAY EVERY THURSDAY**

**CHOOSE A FRUIT OR VEGETABLE OR BOTH ON YOUR TRAY EVERY DAY**



**EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING!!**

Proudly Serving: **MAYFIELD MILK**

**PBJ w/CHIPS SERVED DAILY & SALADS SERVED WED, THURS, FRI**  
**All lunch meals are served with fresh/canned fruit and lowfat milk variety!**

