



# MONROE COUNTY SCHOOL NUTRITION

## MCMS October 2017 Lunch Menu

Meal Prices  
 Middle-2.50  
 Reduced - \$.40  
 Guest - \$3.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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(Menu subject to change without notice)

2 <b>CHICKEN TENDERS w/ROLL</b> OR <b>HOT HAM &amp; CHEESE PANINI</b> Sweet Potato Waffle Fries Green Beans	3 <b>SOUTHERN BBQ SLIDERS</b> OR <b>CHICKEN &amp; RICE</b> Turnip Greens Blackeyed Peas	4 <b>CLASSIC HAMBURGER w/FRIES</b> OR <b>CHILI w/BAKED POTATO &amp; CRACKERS</b> Lettuce/Tomato/Pickle Chips	5 <b>ZESTY SPAGHETTI</b> OR <b>ITALIAN CHEESESTICKS</b> Garden Salad Homestyle Squash Souffle	6 <b>WILD MIKE'S CHEESY PIZZA</b> OR <b>POTATO CRUNCH FISH NUGGETS w/GRITS</b> Corn Seasoned Red Beans
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16 <b>MC SCHOOLS</b> <b>CHICKEN TENDERS w/ROLL</b> OR <b>HOT HAM &amp; CHEESE PANINI</b> Sweet Potato Waffle Fries Green Beans	17 <b>NATIONAL</b> <b>SOUTHERN BBQ SLIDERS</b> OR <b>CHICKEN &amp; RICE</b> Turnip Greens Blackeyed Peas	18 <b>SCHOOL LUNCH</b> <b>CLASSIC HAMBURGER w/FRIES</b> OR <b>CHILI w/BAKED POTATO &amp; CRACKERS</b> Lettuce/Tomato/Pickle Chips	19 <b>WEEK</b> <b>ZESTY SPAGHETTI</b> OR <b>ITALIAN CHEESESTICKS</b> Garden Salad Homestyle Squash Souffle	20 <b>WILD MIKE'S CHEESY PIZZA</b> OR <b>POTATO CRUNCH FISH NUGGETS w/GRITS</b> Corn Seasoned Red Beans
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23 <b>CHICKEN SANDWICH</b> OR <b>TURKEY &amp; CHEESE on CIABATTA</b> Curly Fries Veggie Dippers w/Ranch	24 <b>STEAK NUGGETS w/ROLL</b> OR <b>HOMEMADE CHICKEN POT PIE</b> Cream Potatoes Green Beans	25 <b>BEEF OR CHICKEN NACHOS</b> OR <b>BEEF OR CHICKEN MINI SOFT TACOS</b> Pinto Beans Corn/Salsa	26 <b>STUFFED CRUST PIZZA</b> OR <b>CHICKEN ALFREDO</b> Steamed Broccoli Buttered Carrots	27 <b>SPICY WINGS w/MAC N' CHEESE</b> OR <b>CORN DOG</b> Baked Beans Celery Sticks w/Ranch
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30 <b>CHICKEN TENDERS w/ROLL</b> OR <b>HOT HAM &amp; CHEESE PANINI</b> Sweet Potato Waffle Fries Green Beans	31 <b>SOUTHERN BOO-BQ SLIDERS</b> OR <b>CHICKEN &amp; RICE</b> Turnip Greens Blackeyed Peas	  <b>NEW</b> Online Payment Option <a href="http://www2.mypaymentsplus.com">www2.mypaymentsplus.com</a>	
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**CHOOSE A FRUIT OR VEGETABLE OR BOTH ON YOUR TRAY EVERY DAY**
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**EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING!!**

**PBJ w/CHIPS SERVED DAILY & SALADS SERVED WED, THURS, FRI**  
**All lunch meals are served with fresh/canned fruit and lowfat milk variety!**



**COOKIE BAY EVERY THURSDAY**



Proudly Serving:  
**MAYFIELD MILK**