



MONROE COUNTY SCHOOL NUTRITION

MCMS September 2017 Lunch Menu

Meal Prices
 Middle-2.50
 Reduced - \$.40
 Guest - \$3.75

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

(Menu subject to change without notice)

				<p>1 SPICY WINGS w/MAC N' CHEESE OR CORN DOG Baked Beans Celery Sticks w/Ranch</p>
<p>4 </p>	<p>5 SOUTHERN BBQ SANDWICH OR CHICKEN & RICE Turnip Greens Blackeyed Peas</p>	<p>6 CLASSIC HAMBURGER w/FRIES OR CHILI w/BAKED POTATO & CRACKERS Lettuce/Tomato/Pickle Chips</p>	<p>7 ZESTY SPAGHETTI OR ITALIAN CHEESESTICKS Garden Salad Homestyle Squash Souffle</p>	<p>8 WILD MIKE'S CHEESY PIZZA OR POTATO CRUNCH FISH NUGGETS w/GRITS Corn Seasoned Red Beans</p>
<p>11 CHICKEN SANDWICH OR TURKEY & CHEESE on CIABATTA Curly Fries Veggie Dippers w/Ranch</p>	<p>12 STEAK NUGGETS w/ROLL OR "GRANDMA'S" ROASTED CHICKEN w/ROLL Cream Potatoes Green Beans</p>	<p>13 BEEF OR CHICKEN NACHOS OR BEEF OR CHICKEN MINI SOFT TACOS Pinto Beans Corn/Salsa</p>	<p>14 STUFFED CRUST PIZZA OR CHICKEN ALFREDO Steamed Broccoli Buttered Carrots</p>	<p>15 SPICY WINGS w/MAC N' CHEESE OR CORN DOG Baked Beans Celery Sticks w/Ranch</p>
<p>18 CHICKEN TENDERS w/ROLL OR HOT HAM & CHEESE PANINI Sweet Potato Waffle Fries Green Beans</p>	<p>19 SOUTHERN BBQ SANDWICH OR CHICKEN & RICE Turnip Greens Blackeyed Peas</p>	<p>20 CLASSIC HAMBURGER w/FRIES OR CHILI w/BAKED POTATO & CRACKERS Lettuce/Tomato/Pickle Chips</p>	<p>21 ZESTY SPAGHETTI OR ITALIAN CHEESESTICKS Garden Salad Homestyle Squash Souffle</p>	<p>22 WILD MIKE'S CHEESY PIZZA OR POTATO CRUNCH FISH NUGGETS w/GRITS Corn Seasoned Red Beans</p>
<p>25 CHICKEN SANDWICH OR TURKEY & CHEESE on CIABATTA Curly Fries Veggie Dippers w/Ranch</p>	<p>26 STEAK NUGGETS w/ROLL OR "GRANDMA'S" ROASTED CHICKEN w/ROLL Cream Potatoes Green Beans</p>	<p>27 BEEF OR CHICKEN NACHOS OR BEEF OR CHICKEN MINI SOFT TACOS Pinto Beans Corn/Salsa</p>	<p>28 STUFFED CRUST PIZZA OR CHICKEN ALFREDO Steamed Broccoli Buttered Carrots</p>	<p>29 SPICY WINGS w/MAC N' CHEESE OR CORN DOG Baked Beans Celery Sticks w/Ranch</p>

CHOOSE A FRUIT OR VEGETABLE OR BOTH ON YOUR TRAY EVERY DAY



Proudly Serving: **MAYFIELD MILK**

EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING!!

PBJ w/CHIPS SERVED DAILY & SALADS SERVED WED, THURS, FRI
All lunch meals are served with fresh/canned fruit and lowfat milk variety!

