



MONROE COUNTY SCHOOL NUTRITION

MPHS January 2019 Breakfast Menu

Meal Prices
High-1.65
Reduced - \$.30
Guest - \$2.25



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

(Menu subject to change without notice)



HEALTHY HEART MONTH



| | | | | |
|--|--|--|---|---|
| | | | | 1 Pancakes on a Stick OR Cereal w/Toast & Jelly |
| 4 Chicken Biscuit OR Cereal w/ Toast | 5 Sausage Biscuit OR Cereal w/ Toast | 6 Breakfast Pizza OR Cereal w/ Toast | 7 Fantastic Cheese Grits OR Cereal w/ Toast | 8 Pancakes on a Stick OR Cereal w/Toast & Jelly |
| 11 Chicken Biscuit OR Cereal w/ Toast | 12 Sausage Biscuit OR Cereal w/ Toast | 13 Breakfast Pizza OR Cereal w/ Toast | 14 Fantastic Cheese Grits OR Cereal w/ Toast | 15 Pancakes on a Stick OR Cereal w/Toast & Jelly |
| 18 Chicken Biscuit OR Cereal w/ Toast | 19 Sausage Biscuit OR Cereal w/ Toast | 20 Breakfast Pizza OR Cereal w/ Toast | 21 Fantastic Cheese Grits OR Cereal w/ Toast | 22 Pancakes on a Stick OR Cereal w/Toast & Jelly |
| 25 Chicken Biscuit OR Cereal w/ Toast | 26 Sausage Biscuit OR Cereal w/ Toast | 27 Breakfast Pizza OR Cereal w/ Toast | 28 Fantastic Cheese Grits OR Cereal w/ Toast | |



A VARIETY OF GRAB
n' GO ITEMS
OFFERED DAILY



CHOOSE A FRUIT OR FRUIT JUICE
OR BOTH ON YOUR TRAY EVERY DAY



CHECK OUT
THE
BREAKFAST
CART!!!!

Proudly
Serving:
MAYFIELD
MILK

EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING!!

All breakfast meals are served with fresh/canned fruit and lowfat milk variety!

