

MCS - ELEMENTARY MENU

Menu Subject to Change W/O Notice



MEAL PRICING:

Lunch Full Price	\$2.35
Reduced Lunch Price	\$.40
Guest Lunch Price	\$3.75

LUNCH Menu

January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING	<p>1</p> <p>HAPPY NEW YEAR!</p>	<p>2</p> <p>HOLIDAY</p> 	<p>3</p> <p>IN-SERVICE</p> 	<p>4</p> <p>IN-SERVICE</p> 
<p>7</p> <p>Chicken Nuggets OR Grilled Cheese (Both w/ Baked Cheetos)</p> <p>Fresh Broccoli w/Dip OR Buttered Carrots</p> <p>Mixed Fruit w/Mini Marshmallows</p>	<p>8</p> <p>Country Fried Steak w/Gravy OR Fish Sticks</p> <p>Cream Potatoes OR Green Beans Roll</p> <p>Diced Peaches & Pears</p>	<p>9</p> <p>BBQ Sliders OR Popcorn Chicken</p> <p>Curly Fries OR Sweet Peas Roll</p> <p>Strawberries & Bananas</p>	<p>10</p> <p>Beef OR Chicken Nachos</p> <p>Pinto Beans OR Lett/Tom/Salsa</p> <p>WELCH'S SLUSHIE</p>	<p>11</p> <p>Wild Mike's Pizza OR Hot Dog</p> <p>Corn OR Baked Beans</p> <p>Lime Applesauce</p>
<p>14</p> <p>Hamburger Sliders OR Corn Dog</p> <p>Crinkle Fries OR Broccoli w/Cheese</p> <p>Strawberry Applesauce</p>	<p>15</p> <p>Spaghetti OR Cheese Sticks</p> <p>Buttered Carrots OR Green Beans</p> <p>Mixed Fruit w/Mini Marshmallows</p>	<p>16</p> <p>Wonderful Wings OR Pepperoni Pizza</p> <p>Veggie Dippers OR Sweet Potato Fries</p> <p>Roll</p> <p>Cinnamon Apples</p>	<p>17</p> <p>Beef Teriyaki Strips w/Rice OR Chicken Fajita Bowl</p> <p>Corn OR Cabbage</p> <p>Mandarin Oranges & Pineapple</p>	<p>18</p> <p>Chicken Sandwich OR Turkey & Cheese Sand. w/Baked Doritos</p> <p>Lett/Tom/Pickle OR Black-eyed Peas</p> <p>Peach & Pear Halves</p>
<p>21</p> <p>MLK HOLIDAY</p> 	<p>22</p> <p>Country Fried Steak w/Gravy OR Roasted Chicken</p> <p>Cream Potatoes OR Green Beans Roll</p> <p>Diced Peaches & Pears</p>	<p>23</p> <p>BBQ Sliders OR Fish Sticks</p> <p>Curly Fries OR Sweet Peas Roll</p> <p>Strawberries & Bananas</p>	<p>24</p> <p>Beef OR Chicken Nachos</p> <p>Pinto Beans OR Lett/Tom/Salsa</p> <p>WELCH'S SLUSHIE</p>	<p>25</p> <p>Wild Mike's Pizza OR Hot Dog</p> <p>Corn OR Baked Beans</p> <p>Lime Applesauce</p>
<p>28</p> <p>Hamburger Sliders OR Corn Dog</p> <p>Crinkle Fries OR Broccoli w/Cheese</p> <p>Strawberry Applesauce</p>	<p>29</p> <p>Spaghetti OR Cheese Sticks</p> <p>Buttered Carrots OR Green Beans</p> <p>Mixed Fruit w/Mini Marshmallows</p>	<p>30</p> <p>Wonderful Wings OR Pepperoni Pizza</p> <p>Veggie Dippers OR Sweet Potato Fries</p> <p>Roll</p> <p>Cinnamon Apples</p>	<p>31</p> <p>Beef Teriyaki Strips w/Rice OR Chicken Fajita Bowl</p> <p>Corn OR Cabbage</p> <p>Mandarin Oranges & Pineapple</p>	

OTHER DAILY SELECTIONS:

FRESH FRUIT VARIETY (DAILY)

- Apples
- Oranges
- Bananas
- Seasonal Variety

ASSORTED FRUIT CUPS

(As Available)

MILK VARIETY (DAILY)

- 1% OR Skim
- LF
- Choc/Straw/Van
- Lactose Free