

MCS - MCMS MENU

Menu Subject to Change W/O Notice



MEAL PRICING:

Lunch Full Price	\$2.60
Reduced Lunch Price	\$.40
Guest Lunch Price	\$3.75

LUNCH Menu

January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING	1 HAPPY NEW YEAR!	2 HOLIDAY 	3 IN-SERVICE 	4 IN-SERVICE 
7 Chicken Nuggets OR Grilled Cheese (Both w/ Baked Cheetos) Fresh Broccoli w/Dip OR Buttered Carrots Mixed Fruit w/Mini Marshmallows	8 Country Fried Steak w/Gravy OR Fish Sticks Cream Potatoes OR Green Beans Roll Diced Peaches & Pears	9 BBQ Sliders OR Popcorn Chicken Curly Fries OR Sweet Peas Roll Strawberries & Bananas	10 Beef OR Chicken Nachos Pinto Beans OR Lett/Tom/Salsa WELCH'S SLUSHIE	11 Wild Mike's Pizza OR Hot Dog Corn OR Baked Beans Lime Applesauce
14 Hamburger Sliders OR Corn Dog Crinkle Fries OR Broccoli w/Cheese Strawberry Applesauce	15 Spaghetti OR Cheese Sticks Buttered Carrots OR Green Beans Mixed Fruit w/Mini Marshmallows	16 Wonderful Wings OR Pepperoni Pizza Veggie Dippers OR Sweet Potato Fries Roll Cinnamon Apples	17 Beef Teriyaki Strips w/Rice OR Chicken Fajita Bowl Corn OR Cabbage Mandarin Oranges & Pineapple	18 Chicken Sandwich OR Turkey & Cheese Sand. w/Baked Doritos Lett/Tom/Pickle OR Black-eyed Peas Peach & Pear Halves
21 MLK HOLIDAY 	22 Country Fried Steak w/Gravy OR Roasted Chicken Cream Potatoes OR Green Beans Roll Diced Peaches & Pears	23 BBQ Sliders OR Fish Sticks Curly Fries OR Sweet Peas Roll Strawberries & Bananas	24 Beef OR Chicken Nachos Pinto Beans OR Lett/Tom/Salsa WELCH'S SLUSHIE	25 Wild Mike's Pizza OR Hot Dog Corn OR Baked Beans Lime Applesauce
28 Hamburger Sliders OR Corn Dog Crinkle Fries OR Broccoli w/Cheese Strawberry Applesauce	29 Spaghetti OR Cheese Sticks Buttered Carrots OR Green Beans Mixed Fruit w/Mini Marshmallows	30 Wonderful Wings OR Pepperoni Pizza Veggie Dippers OR Sweet Potato Fries Roll Cinnamon Apples	31 Beef Teriyaki Strips w/Rice OR Chicken Fajita Bowl Corn OR Cabbage Mandarin Oranges & Pineapple	

OTHER DAILY SELECTIONS:

ENTREES

PB&J Sandwich

WED/THUR/FRI

Fresh Salads

FRESH FRUIT VARIETY

(DAILY)

Apples

Oranges

Bananas

Seasonal Variety

ASSORTED FRUIT CUPS

(As Available)

MILK VARIETY

(DAILY)

1% OR Skim

LF

Choc/Straw/Van

Lactose Free

