

# MCMS MENU



(MENU SUBJECT TO CHANGE W/O NOTICE)

## MEAL PRICING:

Breakfast Full Price	\$1.60
Reduced Breakfast Price	\$.30
Guest Breakfast Price	\$2.25

## BREAKFAST Menu

## November 2018

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>				1 <b>NEW</b> Yogurt w/Peaches & Toast <b>OR</b> Cereal Variety	2 Sausage Biscuit <b>OR</b> Cereal Variety
<b>2</b>	5 <b>NEW</b> Churro Pastry <b>OR</b> Cereal Variety	6 <b>NEW</b> Banana Bread <b>OR</b> Cereal Variety	7 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety	8 <b>NEW</b> Grape OR Chocolate Filled Crescent Roll <b>OR</b> Cereal Variety	9 Chicken Biscuit <b>OR</b> Cereal Variety
<b>3</b>	12 Breakfast Pizza <b>OR</b> Cereal Variety	13 Fresh Cinnamon Bread <b>OR</b> Cereal Variety	14 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety	15 <b>NEW</b> Yogurt w/Peaches & Toast <b>OR</b> Cereal Variety	16 Sausage Biscuit <b>OR</b> Cereal Variety
<b>4</b>	19 	20 	21 	22 	23 
<b>5</b>	26 Breakfast Pizza <b>OR</b> Cereal Variety	27 Fresh Cinnamon Bread <b>OR</b> Cereal Variety	28 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety	29 <b>NEW</b> Yogurt w/Peaches & Toast <b>OR</b> Cereal Variety	30 Sausage Biscuit <b>OR</b> Cereal Variety

## OTHER DAILY SELECTIONS:

### ENTREES:

### TUES & THURS

Strawberry OR Blueberry Pop Tarts

### FRESH FRUIT (DAILY)

Apples  
Oranges  
Bananas

Seasonal Variety

### MILK VARIETY (DAILY)

1% OR Skim  
LF Choc/Straw/Van  
Lactose Free

### FRUIT JUICES (DAILY)

Apple  
Grape  
Mixed Fruit  
Orange  
Pineapple

# EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING

