

# MCS - ELEMENTARY MENU



(MENU SUBJECT TO CHANGE W/O NOTICE)

## MEAL PRICING:

Breakfast Full Price	\$1.35
Reduced Breakfast Price	\$.30
Guest Breakfast Price	\$2.25

## Breakfast Menu

## October 2018

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	1 Breakfast Pizza <b>OR</b> Cereal Variety	2 Sausage Biscuit <b>OR</b> Cereal Variety	3 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety	4 <b>NEW</b> Yogurt w/Peaches & Toast <b>OR</b> Cereal Variety	5 Fresh Cinnamon Bread <b>OR</b> Cereal Variety
<b>2</b>	8 <b>NEW</b> Churro Pastry <b>OR</b> Cereal Variety	9 <b>NEW</b> Banana Bread <b>OR</b> Cereal Variety	10 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety	11 Chicken Biscuit <b>OR</b> Cereal Variety	12  <b>FALL BREAK</b>
<b>3</b>	15  <b>FALL BREAK</b>	16 Sausage Biscuit <b>OR</b> Cereal Variety	17 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety	18 <b>NEW</b> Yogurt w/Peaches & Toast <b>OR</b> Cereal Variety	19 Fresh Cinnamon Bread <b>OR</b> Cereal Variety
<b>4</b>	22 <b>NEW</b> Churro Pastry <b>OR</b> Cereal Variety	23 <b>NEW</b> Banana Bread <b>OR</b> Cereal Variety	24 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety	25 Chicken Biscuit <b>OR</b> Cereal Variety	26 <b>NEW</b> Grape OR Chocolate Filled Crescent Roll <b>OR</b> Cereal Variety
<b>5</b>	29 Breakfast Pizza <b>OR</b> Cereal Variety	30 Sausage Biscuit <b>OR</b> Cereal Variety	31 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety		

## OTHER DAILY SELECTIONS:

### ENTREES:

### TUES & THURS

Strawberry OR Blueberry Pop Tarts

### FRESH FRUIT VARIETY

#### (DAILY)

Apples  
Oranges  
Bananas

Seasonal Variety

### MILK VARIETY

#### (DAILY)

1% OR Skim  
LF Choc/Straw/Van  
Lactose Free

### FRUIT JUICES

#### (DAILY)

Apple  
Grape  
Mixed Fruit

## EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING

