

MCS - ELEMENTARY MENU

Menu Subject to Change W/O Notice






MEAL PRICING:

Lunch Full Price	\$2.35
Reduced Lunch Price	\$.40
Guest Lunch Price	\$3.75

LUNCH Menu

October 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Hamburger Sliders OR Corn Dog</p> <p>Crinkle Fries OR Broccoli w/Cheese Strawberry Applesauce</p>	<p>2 Spaghetti OR Cheese Sticks</p> <p>Buttered Carrots OR Green Beans Mixed Fruit w/Mini Marshmallows</p>	<p>3 Wonderful Wings OR Pepperoni Pizza</p> <p>Veggie Dippers OR Sweet Potato Fries Roll Cinnamon Apples</p>	<p>4 Beef Teriyaki Strips w/Rice OR Chicken Fajita Bowl</p> <p>Corn OR Cabbage Mandarin Oranges & Pineapple</p>	<p>5 Chicken OR Turkey & Cheese Sand. w/Baked Doritos</p> <p>Lett/Tom/Pickle OR Black-eyed Peas Peach & Pear Halves</p>
<p>8 Chicken Nuggets OR Grilled Cheese (Both w/ Baked Cheetos)</p> <p>Fresh Broccoli w/Dip OR Buttered Carrots Mixed Fruit w/Mini Marshmallows</p>	<p>9 Country Fried Steak w/Gravy OR Fish Sticks</p> <p>Cream Potatoes OR Green Beans Roll Diced Peaches & Pears</p>	<p>10 BBQ Sliders OR Popcorn Chicken</p> <p>Curly Fries OR Sweet Peas Roll Strawberries & Bananas</p>	<p>11 Beef OR Chicken Nachos</p> <p>Pinto Beans OR Lett/Tom/Salsa</p> <p>WELCH'S GRAPE SLUSHIE</p>	<p>12 FALL BREAK</p> 
<p>15 FALL BREAK</p> 	<p>16 Spaghetti OR Cheese Sticks</p> <p>Buttered Carrots OR Green Beans Mixed Fruit w/Mini Marshmallows</p>	<p>17 Wonderful Wings OR Pepperoni Pizza</p> <p>Veggie Dippers OR Sweet Potato Fries Roll Cinnamon Apples</p>	<p>28 Beef Teriyaki Strips w/Rice OR Chicken Fajita Bowl</p> <p>Corn OR Cabbage Mandarin Oranges & Pineapple</p>	<p>19 Chicken OR Turkey & Cheese Sand. w/Baked Doritos</p> <p>Lett/Tom/Pickle OR Black-eyed Peas Peach & Pear Halves</p>
<p>22 Chicken Nuggets OR Grilled Cheese (Both w/ Baked Cheetos)</p> <p>Fresh Broccoli w/Dip OR Buttered Carrots Mixed Fruit w/Mini Marshmallows</p>	<p>23 Country Fried Steak w/Gravy OR Fish Sticks</p> <p>Cream Potatoes OR Green Beans Roll Diced Peaches & Pears</p>	<p>24 BBQ Sliders OR Popcorn Chicken</p> <p>Curly Fries OR Sweet Peas Roll Strawberries & Bananas</p>	<p>25 Beef OR Chicken Nachos</p> <p>Pinto Beans OR Lett/Tom/Salsa</p> <p>WELCH'S GRAPE SLUSHIE</p>	<p>26 Wild Mike's Pizza OR Hot Dog</p> <p>Corn OR Baked Beans</p> <p>Lime Applesauce</p>
<p>29 Hamburger Sliders OR Corn Dog</p> <p>Crinkle Fries OR Broccoli w/Cheese Strawberry Applesauce</p>	<p>30 Spaghetti OR Cheese Sticks</p> <p>Buttered Carrots OR Green Beans Mixed Fruit w/Mini Marshmallows</p>	<p>31 Wonderful Wings OR Pepperoni Pizza</p> <p>Veggie Dippers OR Sweet Potato Fries Roll Cinnamon Apples</p>	 <p>EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING</p>	

OTHER DAILY SELECTIONS:

FRESH FRUIT VARIETY (DAILY)

- Apples
- Oranges
- Bananas
- Seasonal Variety

MILK VARIETY (DAILY)

- 1% OR Skim
- LF
- Choc/Straw/Van
- Lactose Free



National School Lunch Week October 15th – 19th