

# MCMS MENU







(MENU SUBJECT TO CHANGE W/O NOTICE)

## MEAL PRICING:

Breakfast Full Price	\$1.60
Reduced Breakfast Price	\$.30
Guest Breakfast Price	\$2.25

## BREAKFAST Menu

## October 2018

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	1 Breakfast Pizza <b>OR</b> Cereal Variety	2 Fresh Cinnamon Bread <b>OR</b> Cereal Variety	3 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety	4 <b>NEW</b> Yogurt w/Peaches & Toast <b>OR</b> Cereal Variety	5 Sausage Biscuit <b>OR</b> Cereal Variety
<b>2</b>	8 <b>NEW</b> Churro Pastry <b>OR</b> Cereal Variety	9 <b>NEW</b> Banana Bread <b>OR</b> Cereal Variety	10 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety	11 <b>NEW</b> Grape OR Chocolate Filled Crescent Roll <b>OR</b> Cereal Variety	12 <b>FALL BREAK</b> 
<b>3</b>	15 <b>FALL BREAK</b> 	16 Fresh Cinnamon Bread <b>OR</b> Cereal Variety	17 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety	18 <b>NEW</b> Yogurt w/Peaches & Toast <b>OR</b> Cereal Variety	19 Sausage Biscuit <b>OR</b> Cereal Variety
<b>4</b>	22 <b>NEW</b> Churro Pastry <b>OR</b> Cereal Variety	23 <b>NEW</b> Banana Bread <b>OR</b> Cereal Variety	24 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety	25 <b>NEW</b> Grape OR Chocolate Filled Crescent Roll <b>OR</b> Cereal Variety	26 Chicken Biscuit <b>OR</b> Cereal Variety
<b>5</b>	29 Breakfast Pizza <b>OR</b> Cereal Variety	30 Fresh Cinnamon Bread <b>OR</b> Cereal Variety	 31 Cheese Grits w/Sausage Link <b>OR</b> Cereal Variety		

## OTHER DAILY SELECTIONS:

### ENTREES:

### TUES & THURS

Strawberry OR  
Blueberry Pop  
Tarts

### FRESH FRUIT (DAILY)

Apples  
Oranges  
Bananas

Seasonal Variety

### MILK VARIETY (DAILY)

1% OR Skim  
LF Choc/Straw/Van  
Lactose Free

### FRUIT JUICES (DAILY)

Apple  
Grape  
Mixed Fruit  
Orange  
Pineapple

# EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING

