# MCMS MENU



#### **MEAL PRICING:**

Lunch Full Price Reduced Lunch Price **Guest Lunch Price** 

\$2.60

\$.40 \$3.75

# **LUNCH Menu**

Crinkle Fries OR

Broccoli w/Cheese

Strawberry

**Applesauce** 

**Buttered Carrots** 

**OR** Green Beans

Mixed Fruit w/Mini

Marshmallows

## October 2018

(Menu Subject to Change W/o Notice)				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Hamburger Sliders OR Corn Dog  Crinkle Fries OR Broccoli w/Cheese Strawberry Applesauce	Spaghetti OR Cheese Sticks  Buttered Carrots OR Green Beans Mixed Fruit w/Mini Marshmallows	3 Wonderful Wings OR Pepperoni Pizza  Veggie Dippers OR Sweet Potato Fries Roll Cinnamon Apples	4 Beef Teriyaki Strips w/Rice OR Chicken Fajita Bowl  Corn OR Cabbage Mandarin Oranges & Pineapple	5 Chicken <b>OR</b> Turkey & Cheese Sand. w/Baked Doritos  Lett/Tom/Pickle <b>OR</b> Black-eyed Peas Peach & Pear Halves
8 Chicken Nuggets OR Grilled Cheese (Both w/ Baked Cheetos) Fresh Broccoli w/Dip OR Buttered Carrots Mixed Fruit w/Mini Marshmallows	9 Country Fried Steak w/Gravy OR Fish Sticks  Cream Potatoes OR Green Beans Roll Diced Peaches & Pears	10 BBQ Sliders OR Popcorn Chicken  Curly Fries OR Sweet Peas Roll Strawberries & Bananas	11 Beef OR Chicken Nachos  Pinto Beans OR Lett/Tom/Salsa  WELCH'S GRAPE SLUSHIE	FALL BREAK
FALL BREAK	16 Spaghetti OR Cheese Sticks Buttered Carrots OR Green Beans Mixed Fruit w/Mini Marshmallows	17 Wonderful Wings OR Pepperoni Pizza  Veggie Dippers OR Sweet Potato Fries Roll Cinnamon Apples	18 Beef Teriyaki Strips w/Rice OR Chicken Fajita Bowl  Corn OR Cabbage Mandarin Oranges & Pineapple	19 Chicken OR Turkey & Cheese Sand. w/Baked Doritos  Lett/Tom/Pickle OR Black-eyed Peas Peach & Pear Halves
Chicken Nuggets OR Grilled Cheese (Both w/ Baked Cheetos) Fresh Broccoli w/Dip OR Buttered Carrots Mixed Fruit w/Mini Marshmallows	23 Country Fried Steak w/Gravy OR Fish Sticks  Cream Potatoes OR Green Beans Roll Diced Peaches & Pears	24 BBQ Sliders OR Popcorn Chicken  Curly Fries OR Sweet Peas Roll Strawberries & Bananas	25 Beef OR Chicken Nachos  Pinto Beans OR Lett/Tom/Salsa  WELCH'S GRAPE SLUSHIE	26 Wild Mike's Pizza OR Hot Dog  Corn OR Baked Beans  Lime Applesauce
29 Hamburger Sliders <b>OR</b> Corn Dog	30 Spaghetti <b>OR</b> Cheese Sticks	31 Wonderful Wings OR Pepperoni Pizza	myPaym	ents plus

#### **OTHER DAILY SELECTIONS:**

#### **ENTREES**

PB&J Sandwich

#### Wed/Thur/Fri

Fresh Salads

### **FRESH FRUIT VARIETY**

## (DAILY)

**Apples** 

**Oranges** 

**Bananas** 

Seasonal

Variety

## MILK **VARIETY** (DAILY)

1% OR Skim

LF

Choc/Straw/Van

Lactose Free



**EATING HEALTHY+** EXERCISE = TOTALLY **FUELED FOR LEARNING** 

Veggie Dippers OR

**Sweet Potato Fries** 

Cinnamon Apples