

MCS - ELEMENTARY MENU

Menu Subject to Change W/O Notice



MEAL PRICING:

Lunch Full Price	\$2.35
Reduced Lunch Price	\$.40
Guest Lunch Price	\$3.75

LUNCH Menu

September 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <i>Happy Labor Day!</i> 	4 Spaghetti OR Cheese Sticks Buttered Carrots OR Green Beans Mixed Fruit w/Mini Marshmallows	5 Wonderful Wings OR Pepperoni Pizza Veggie Dippers OR Sweet Potato Fries Roll Cinnamon Apples	6 Beef Teriyaki Strips w/Rice OR Chicken Fajita Bowl Corn OR Cabbage Mandarin Oranges & Pineapple	7 Chicken OR Turkey & Cheese Sand. w/Baked Doritos Lett/Tom/Pickle OR Black-eyed Peas Peach & Pear Halves
10 Chicken Nuggets OR Grilled Cheese (Both w/ Baked Cheetos) Fresh Broccoli w/Dip OR Buttered Carrots Mixed Fruit w/Mini Marshmallows	11 Country Fried Steak w/Gravy OR Fish Sticks Cream Potatoes OR Green Beans Roll Diced Peaches & Pears	12 BBQ Sliders OR Popcorn Chicken Curly Fries OR Sweet Peas Roll Strawberries & Bananas	13 Beef OR Chicken Nachos Pinto Beans OR Lett/Tom/Salsa WELCH'S GRAPE SLUSHIE	14 Wild Mike's Pizza OR Hot Dog Corn OR Baked Beans Lime Applesauce
17 Hamburger Sliders OR Corn Dog Crinkle Fries OR Broccoli w/Cheese Strawberry Applesauce	18 Spaghetti OR Cheese Sticks Buttered Carrots OR Green Beans Mixed Fruit w/Mini Marshmallows	19 Wonderful Wings OR Pepperoni Pizza Veggie Dippers OR Sweet Potato Fries Cinnamon Apples	20 Beef Teriyaki Strips w/Rice OR Chicken Fajita Bowl Corn OR Cabbage Mandarin Oranges & Pineapple	21 Chicken OR Turkey & Cheese Sand. w/Baked Doritos Lett/Tom/Pickle OR Black-eyed Peas Peach & Pear Halves
24 Chicken Nuggets OR Grilled Cheese (Both w/ Baked Cheetos) Fresh Broccoli w/Dip OR Buttered Carrots Mixed Fruit w/Mini Marshmallows	25 Country Fried Steak w/Gravy OR Fish Sticks Cream Potatoes OR Green Beans Roll Diced Peaches & Pears	26 BBQ Sliders OR Popcorn Chicken Curly Fries OR Sweet Peas Roll Strawberries & Bananas	27 Beef OR Chicken Nachos Pinto Beans OR Lett/Tom/Salsa WELCH'S GRAPE SLUSHIE	28 Wild Mike's Pizza OR Hot Dog Corn OR Baked Beans Lime Applesauce

OTHER DAILY SELECTIONS:

FRESH FRUIT VARIETY (DAILY)

- Apples
- Oranges
- Bananas
- Seasonal Variety

MILK VARIETY (DAILY)

- 1% OR Skim
- LF
- Choc/Straw/Van
- Lactose Free



EATING HEALTHY + EXERCISE = TOTALLY FUELED FOR LEARNING

"This institution is an equal opportunity provider."