

MIDDLE SCHOOL MENU

DECEMBER 2017



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Fritters w/WW Roll Tuna Salad w/ Crackers Pinto Beans Mac'n Cheese Turnip Greens Tossed Green Salad & Fruit
4 Baked Chicken w/ Roll BBQ Sand w/ Baked Lays Carrots Green Beans, Cole Slaw Fruit Tossed Green Salad	5 Chili Cheese Fries or Grilled Chicken Sandwich Raw Veggie Medley WG Saltines Tossed Salad Fruit	6 Pizza or Chicken Casserole/WWRoll Sweet Potato Fries Roasted Veggie Medley Corn Tossed Green Salad & Fruit	7 Spaghetti w/Meat Sauce Hamburger Steak w/Gravy Oven Roasted Potatoes Steamed Broccoli Tossed Green Salad Fruit & WG Roll	8 Chicken Fritters/ WW Roll Or Turkey on Wheat Mashed Potatoes English Peas Tossed Green Salad Fruit
11 Cheeseburger Or Chicken Sandwich Or Meatball Sub French Fries, Baked Beans Lett/Tom/Pickle Raw Veggie Medley Tossed Green Salad & Fruit	12 Chicken Soft Taco Beef/Queso Nachos Refried Beans Spanish Rice Fruit Lett/Tom/Sour Cream Tossed Salad	13 Heart Veg Soup PBJ or Grilled Cheese Raw Baby Carrots Tossed Green Salad Fruit Saltine Crackers Cinnamon Baked Apples	14 Steak Strips w/ Gravy Turkey w/Gravy Baked Sweet Potato Steamed Veggie Medley Fruit Tossed Green Salad Cole Slaw/ WW Roll	15 Half Day of School Sack Lunch
Christmas Holidays December 18-January 2				

Assorted fruits and low fat milk offered at each meal

This institution is an equal opportunity provider

Boxed Salads offered Daily: Chef Salad, Chicken Salad, Grilled Chicken Salad, Southwest Salad