

# PRE-K AND HEADSTART BREAKFAST MENU

## Week 1

### Monday

Cereal with  
Muffin  
Fruit  
Milk

### Tuesday

Chicken Biscuit  
Fruit or Juice  
Milk

### Wednesday

Sausage Biscuit  
Fruit  
Milk

### Thursday

Pancakes  
Fruit or Juice  
Milk

### Friday

Steak Biscuit  
Fruit or Juice  
Milk

## Week 2

### Monday

Cereal with  
Muffin  
Fruit  
Milk

### Tuesday

Sausage Biscuit  
Fruit or Juice  
Milk

### Wednesday

Waffle  
Fruit  
Milk

### Thursday

Chicken Biscuit  
Fruit or Juice  
Milk

### Friday

Cereal  
Yogurt  
Fruit or Juice  
Milk