



# New Brighton Elementary School February Breakfast Menu 2017

Food Service Director: Jocelyn Haskins jhaskins@nbasd.org  
724-843-1795 ext.366  
Dietitian for The Nutrition Group  
Lynn Cessarini: lcessarini@thenutritiongroup.biz



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MENUS SUBJECT TO CHANGE</b>		2/1 Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/2 <b>GROUNDHOG DAY</b> Sausage and Cheese Sandwich OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/3 Pancake on a Stick with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice
2/6 Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/7 Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/8 Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/9 Sausage and Cheese Sandwich OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/10 Pancake on a Stick with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice
2/13 <b>NO SCHOOL FOR STUDENTS</b>	2/14 <b>VALENTINE'S DAY</b> Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/15 Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/16 Sausage and Cheese Sandwich OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/17 Pancake on a Stick with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice
2/20 <b>PRESIDENT'S DAY</b> 	2/21 Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/22 Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/23 Sausage and Cheese Sandwich OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/24 Pancake on a Stick with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice
2/27 Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	2/28 Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice			<b>WE ARE PROUD PARTICIPANTS OF THE FRESH FRUIT AND VEGETABLE GRANT</b>

## What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

**Entrée, 1 Cup Fruit, and 1/2 Pint Milk**

**Elementary Alternate Options May Include:**

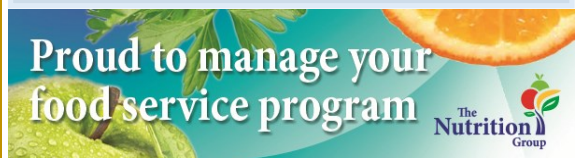
Gluten Free Rice Chex Cereal  
Gluten Free Cinnamon Chex Cereal  
Benefit Bars  
OR  
Cherry Frudel  
Apple Frudel  
Assorted Veggilicious Muffins  
Assorted WG Breakfast Breads and Pastries

Variety of Fresh Fruit and 100% Fruit Juice available daily.



## Milk Choices Offered Daily May Include

Fat Free Chocolate,  
Fat Free Strawberry, Fat Free Vanilla and Low Fat White



**Meal Prices:  
ALL STUDENTS RECEIVE  
ONE FREE BREAKFAST PER DAY**

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE