

New Brighton Middle School May Breakfast Menu 2017

Food Service Director: Jocelyn Haskins; jhaskins@nbasd.org
724-843-1795 ext. 366
Dietitian for The Nutrition Group
Lynn Cessarini: lcessatrini@thenutritiongroup.biz



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5/1 Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/2 Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/3 Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/4 Breakfast Taco W/ Egg, Cheese, Potato & Sausage OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/5 Pancake on a Stick Served with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice
5/8 Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/9 Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/10 Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/11 Breakfast Taco W/ Egg, Cheese, Potato & Sausage OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/12 Pancake on a Stick Served with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice
5/15 Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/16 Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/17 Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/18 Breakfast Taco W/ Egg, Cheese, Potato & Sausage OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/19 NO SCHOOL
5/22 Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/23 Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/24 Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/25 Breakfast Taco W/ Egg, Cheese, Potato & Sausage OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	5/26 Pancake on a Stick Served with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice
5/29 NO SCHOOL	5/30 COOKS CHOICE	5/31 COOKS CHOICE	6/1 COOKS CHOICE	6/2 NO SCHOOL

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle School Alternate Options May Include:

- Gluten Free Rice Chex Cereal
- Gluten Free Cinnamon Chex Cereal
- Breakfast Sandwich
- Assorted Benefit Bars
- Cherry Frudel
- Apple Frudel
- Assorted Veggilicious Muffins
- Assorted WG Breakfast Breads and Pastries

Variety of Fresh Fruit, and 100% Fruit Juice available daily.



Milk Choices Offered Daily May Include

- Fat Free Chocolate, Fat Free Strawberry,
- Fat Free Vanilla, Low Fat White

Proud to manage your
food service program



Meal Prices:
Paid \$1.10
Reduced \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE