



New Brighton Gluten Free/Vegetarian Menu FEBRUARY 2017

BREAKFAST MENU:

GF Rice Chex
GF Cinnamon Chex
Or
Yogurt

ALTERNATE DAILY LUNCH CHOICE:

GF Peanut & Jelly Sandwich

Daily Fruit Choices

Fresh Fruit, Chilled Fruit, & 100% Fruit Juice

Daily Milk Choices

1% White, Fat Free Flavored Chocolate

1/2 C. FRESH VEGGIE CHOICE DAILY

CARROT, BROCCOLI, CELERY & SIDE SALAD

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

Lunch Prices:

Full Price: \$2.50

Reduced Price: \$.40

Milk: \$.65

Menu Subject To Change

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		2/1 Grill Chicken Patty /GF Bun Steamed Broccoli Fruit Choice Milk Choice VC: Grill Cheese Sandwich	2/2 Hot Ham & Cheese on GF Bun Steamed Peas Fruit Choice Milk Choice VC: Salad	2/3 GF Cheese Pizza Green Beans Fruit Choice Milk Choice VC: Stuffed Crust Pizza
2/6 Hamburger Patty /GF Bun Corn Fruit Choice Milk Choice VC: Mozzarella Stick	2/7 GF Pasta w/ Meat sauce Fresh Veggie Choice Fruit Choice Milk Choice VC: Salad	2/8 Grill Chicken Patty /GF Bun Steamed Broccoli Fruit Choice Milk Choice VC: Grill Cheese Sandwich	2/9 Hot Ham & Cheese on GF Bun Steamed Peas Fruit Choice Milk Choice VC: Salad	2/10 GF Cheese Pizza Green Beans Fruit Choice Milk Choice VC: Stuffed Crust Pizza
2/13 NO SCHOOL	2/14 GF Pasta w/ Meat sauce Fresh Veggie Choice Fruit Choice Milk Choice VC: Salad	2/15 Grill Chicken Patty /GF Bun Steamed Broccoli Fruit Choice Milk Choice VC: Grill Cheese Sandwich	2/16 Oven Roasted Ham or Turkey Green Beans Fruit Choice Milk Choice VC: Salad	2/17 GF Cheese Pizza Green Beans Fruit Choice Milk Choice VC: Stuffed Crust Pizza
2/20 Hamburger Patty /GF Bun Corn Fruit Choice Milk Choice VC: Mozzarella Stick	2/21 GF Pasta w/ Meat sauce Fresh Veggie Choice Fruit Choice Milk Choice VC: Salad	2/22 Grill Chicken Patty /GF Bun Steamed Broccoli Fruit Choice Milk Choice VC: Grill Cheese Sandwich	2/23 Hot Ham & Cheese on GF Bun Steamed Peas Fruit Choice Milk Choice VC: Salad	2/24 GF Cheese Pizza Green Beans Fruit Choice Milk Choice VC: Stuffed Crust Pizza
2/27 Hamburger Patty /GF Bun Corn Fruit Choice Milk Choice VC: Mozzarella Stick	2/28 GF Pasta w/ Meat sauce Fresh Veggie Choice Fruit Choice Milk Choice VC: Salad		If Vegetarian or Gluten Free choice is made for lunch the cafeteria must be contacted to make arrangements for meal	