

NEW MILFORD BOARD OF EDUCATION
New Milford Public Schools
50 East Street
New Milford, Connecticut 06776

WELLNESS ADVISORY COMMITTEE
SPECIAL MEETING NOTICE

DATE: May 13, 2014
TIME: 3:45 PM
PLACE: Lillis Administration Building – Board Room

RECEIVED
TOWN CLERK
2014 MAY -9 P 3:03
NEW MILFORD, CT

AGENDA

New Milford Public Schools Mission Statement

The mission of the New Milford Public Schools, a collaborative partnership of students, educators, family, and community is to prepare each and every student to compete and excel in an ever-changing world, embrace challenges with vigor, respect and appreciate the worth of every human being, and contribute to society by providing effective instruction and dynamic curriculum, offering a wide range of valuable experiences, and inspiring students to pursue their dreams and aspirations.

1. CALL TO ORDER

2. PUBLIC COMMENT

The Board welcomes Public Participation and asks that speakers please limit their comments to three minutes. Speakers may offer objective comments of items on this agenda. The Board will not permit any expression of personal complaints or defamatory comments about Board of Education personnel and students, nor against any person connected with the New Milford Public School System.

3. DISCUSSION AND POSSIBLE ACTION

- A. Review Wellness Policy & Guidelines
- B. Review Food Allergy Management Plan
- C. Meeting Dates for 2014-15

Joshua Smith
Joshua Smith/Lynn Holmes
Joshua Smith

4. ITEMS FOR INFORMATION AND DISCUSSION

- A. Program to Increase Vegetable Intake
- B. Schaghticoke Middle School Health Fair Update

Sandra Sullivan
Scott Hoffman

5. ADJOURN

Committee Chair: Joshua Smith

Committee Members: Alicia Andrews, Jason Arnauckas, Susan Brofford, Dorothy Christman, Christine Costable, Dr. Diane D'Isidori, Dr. Anne Diamond, Jane Harrison, Ann Hartman, Scott Hoffman, Eileen Holden, Lynn Holmes, Melissa Khalatbari, Michelle MacDonnell, Susan Murray, Laura Olson, Sandra Sullivan, and Diane Swanson

Present: Joshua Smith, Chairperson
 Alecia Andrews
 Christine Costable
 Jane Harrison
 Scott Hoffman
 Lynn Holmes
 Michele MacDonnell
 Susan Murray
 Sandra Sullivan

RECEIVED
 TOWN CLERK
 2014 MAY 16 P 2:30

NEW MILFORD, CT

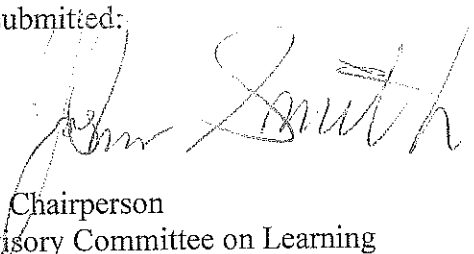
<p>1.</p>	<p>Call to Order</p> <ul style="list-style-type: none"> The meeting of the Wellness Advisory Committee was called to order at 3:45 p.m. by Mr. Smith. Mr. Smith told the committee that this meeting and future meetings will now be structured the same as the board sub-committee meetings. The same rules of the board sub-committee meetings will be followed and a formal process of selecting committee members will take place. Meeting dates, agendas, and minutes will be posted at town hall and the district website. 	<p>Call to Order</p>
<p>2.</p>	<p>Public Comment</p> <ul style="list-style-type: none"> Kelly Gray has two children in the schools both with food allergies. She would like to see our current policies updated and foods from the outside not allowed in schools. Lisa Jackson has three children all with dietary restrictions and would also like to see foods from the outside of school not allowed. Birthdays can be celebrated different ways, birthday notes, signed poster/t-shirt. Jillian Dalton has a child with food allergies. She told the group that 1 of every 135 children in New Milford has food allergies. Any allergy can be life threatening at any time. The parents distributed a presentation about the risks of food allergies in schools. 	<p>Public Comment</p>
<p>3. A.</p>	<p>Discussion and Possible Action</p> <p>Review Wellness Policy & Guidelines</p> <ul style="list-style-type: none"> The Wellness Policy & Guidelines have been reviewed by the board attorneys. The attorneys stated the guidelines exceed state statute and 	<p>Discussion and Possible Action</p> <p>Review Wellness Policy & Guidelines</p>

	<p>should be adopted.</p> <ul style="list-style-type: none">• Sandra Sullivan said food and beverages sold to students at school outside of the reimbursable meal (i.e. snacks, fund raisers, school stores, and vending machines) must follow the State of Connecticut Health Food Certification. The school lunch and breakfast follow the USDA requirements <p>Michelle MacDonnell made a motion to adopt the Wellness Policy & Guidelines as written. Jane Harrison seconded.</p> <p>The motion passed 7-1. Aye: Alecia Andrews, Jane Harrison, Scott Hoffman, Lynn Holmes, Michele MacDonnell, Susan Murray, Sandra Sullivan. Abstained: Christine Costable</p> <p>B. Review Food Allergy Management Plan</p> <ul style="list-style-type: none">• The state requires an updated plan as there have been a lot of changes over the years.• Mr. Smith said there are many forms in the back of the plan that inform staff and parents of procedures. Enforcing our guidelines is important and difficult.• We need to educate parents about not bringing food into schools. Michelle MacDonnell stated that enforcements are different at every school and it needs to be consistent across all schools. Michelle MacDonnell requested that the district promote no food celebrations at all.• Christine Costable asked "What are the next steps?" The regulations already written need to be enforced. "How do we enforce the message?"• Mr. Smith said we first make sure our handbooks align. The administration at each building will need to enforce the policy. Older children can self-advocate.• Jane Harrison said not all buildings are represented by this committee. Michelle MacDonnell said there should be a representative from each school. Mr. Smith said we do have a K-6 Health Teacher that can speak about programs at all schools.	<p>Motion made to adopt the Wellness Policy & Guidelines as written.</p> <p>The motion passed 7-1.</p> <p>Review Food Allergy Management Plan</p>
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<p>C.</p>	<ul style="list-style-type: none"> • Mr. Smith said the committee will need to review who is on the committee and a formal selection process for next year’s committee will need to take place. • Christine Costable said the Food Allergy Management Plan should be on each agenda. <p>Meeting Dates for 2014-2015</p> <ul style="list-style-type: none"> • Michelle MacDonnell said this was a great committee and she learned a lot about what it takes to run a school and a district. We need to meet more often. We have great discussions but we need to follow through on those discussions. • Scott Hoffman said more meetings would be helpful. • Mr. Smith said we would increase the number of meetings for 2014-15. The first meeting will take place October. 	<p>Meeting Dates for 2014-2015</p>
<p>4.</p> <p>A.</p> <p>B.</p>	<p>Items for Information and Discussion</p> <p>Program to Increase Vegetable Intake</p> <ul style="list-style-type: none"> • Susan Murray arranged a presentation on vegetables. Author Madeleine Diker presented <i>Elle Elle Veggie Belly!</i> “Wow Cards” were given to the students to complete for each non-starchy vegetable they tried. Students would bring the cards to school to be posted in the cafeteria. The classroom with the most “Wow Cards” would get a visit from <i>Elle</i>, the stuffed animal and a decorated platter of assorted vegetable carved in a fun fashion. <p>Schaghticoke Middle School Health Fair Update</p> <ul style="list-style-type: none"> • Scott Hoffman said that the SMS Health Fair was a success. Scott distributed a handout which shows what groups were at the fair and what students needed to complete as they visited each table. 	<p>Items for Information and Discussion</p> <p>Program to Increase Vegetable Intake</p> <p>Schaghticoke Middle School Health Fair Update</p>

5.	Adjourn Alicia Andrews moved to adjourn the meeting at 5:05 p.m., seconded by Susan Murray and passed unanimously.	Adjourn Motion made and passed unanimously to adjourn the meeting at 5:05 p.m.
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Respectfully submitted:



Joshua Smith, Chairperson
Wellness Advisory Committee on Learning