


**New Milford Board of Education
Wellness Advisory Committee Minutes
June 9, 2015
Lillis Administration Building, Meeting Room 2**

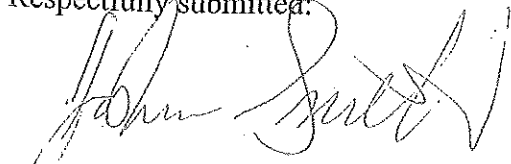
Present: Committee Chair: Mr. Joshua Smith, Mrs. Laura Olson
Committee Members: Mrs. Susan Brofford, Dr. Diane D’Isidori, Mrs. Marianne Durkin,
Mrs. Lynn Holmes, Mrs. Susan Murray, Mrs. Mariann Schirizzo, Mrs. Sandra Sullivan

1.	<p>Call to Order</p> <ul style="list-style-type: none"> Mr. Joshua Smith called the Wellness Advisory Committee meeting to order at 3:55 p.m. 	<p>Call to Order</p>
2.	<p>Public Comment</p> <ul style="list-style-type: none"> None 	<p>Public Comment</p>
3. A.	<p>Presentation</p> <p>Mental Health Forum</p> <ul style="list-style-type: none"> Mr. Smith introduced Mrs. Laura Olson, Director of Pupil Personnel & Special Services for New Milford Public Schools. Mrs. Olson gave a presentation on the district’s Mental Health Forum. The Mental Health Forum is a group of twenty district staff members that include school social workers, guidance counselors, administrators, and local agencies. Mrs. Olson told the group that the forum meets on a monthly basis and focuses on a variety of different topics and issues facing our students and families. Some of those topics include depression, school avoidance, eating disorders, substance abuse, etc. Mrs. Olson said that different presenters are also invited to speak at the monthly meetings. Presenters for this year included Bethany Keck, Coordinator at Family and Children’s Aid in New Milford, who spoke about anxiety and current trends in treatment for highly anxious families and children. David Kelly, LCSW, presented in December about self-injuring and treatment. 	<p>Mental Health Forum</p> <p style="text-align: center;">  RECEIVED TOWN CLERK 2015 JUN 11 P 1:11 NEW MILFORD, CT </p>
4. A.	<p>Items for Information</p> <p>Food Allergy Management Plan</p> <ul style="list-style-type: none"> Mrs. Lynn Holmes distributed and discussed the district’s Food Allergy Management Plan. 	<p>Food Allergy Management Plan</p>

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	<ul style="list-style-type: none"> • Mrs. Holmes said the Food Allergy Management Plan is reviewed and updated each year to address all state laws. • Mrs. Holmes said that changes were made to the EpiPen language and administration (Public Act 14-176) and that the district plans to train an additional 1-2 qualified staff members in each building. • Mrs. Holmes said the Food Allergy Management Plan is posted on the district website and that the staff diligently works to ensure the safety and well-being of all our students. All nurses speak at staff meetings about food allergies signs and symptoms and training is provided on the use of the EpiPen. 	
5.	<p>Public Comment</p> <ul style="list-style-type: none"> • None 	Public Comment
6.	<p>Adjourn</p> <p>Mrs. Schirizzo moved to adjourn the meeting at 4:40 p.m., seconded by Mrs. Sullivan and passed unanimously.</p>	<p>Adjourn</p> <p>Motion made and passed unanimously to adjourn the meeting at 4:40 p.m.</p>

Respectfully submitted:



Joshua Smith, Chairperson
Wellness Advisory Committee