


**New Milford Board of Education  
Wellness Advisory Committee Minutes  
October 26, 2016  
Lillis Administration Building, Board Room**

**Present:** Committee Co-Chairs: Ms. Alisha DiCorpo, Mrs. Laura Olson  
Committee Members: Mrs. Christine Benson, Dr. Diane D’Isidori,  
Mr. Bill Dahl, Mrs. Jenn Hankla, Mrs. Lynn Holmes, Mrs. Stacey Kabaskalian,  
Mrs. Mary Orcutt, Mrs. Mariann Schirizzo, Mrs. Sandra Sullivan

1.	<p><b>Call to Order</b></p> <ul style="list-style-type: none"> <li>Ms. Alisha DiCorpo called the Wellness Advisory Committee meeting to order at 3:50 p.m.</li> </ul>	<p><b>Call to Order</b></p>
2.	<p><b>Public Comment</b></p> <ul style="list-style-type: none"> <li>There was no Public Comment.</li> </ul>	<p><b>Public Comment</b></p>
3.	<p><b>Items of Information</b> Brief introductions of everyone on the committee took place.</p> <p><b>A. Update on Therapeutic Intervention Model at NMHS and other programs.</b></p> <ul style="list-style-type: none"> <li>Mrs. Laura Olson gave an overview of the Therapeutic Intervention Model which is now in place at NMHS. There was lots of work during the spring and over the summer to get the program up and running. While it’s still in its infancy stage they are seeing results. There are 15 students on the caseload.</li> <li>Mrs. Olson stated that she, NMHS Principal Greg Shugrue and the counselors from the program meet once a week to discuss the progress of the students.</li> <li>Mrs. Olson stated that at the end of the first marking period we will have a greater idea of where we are as far as attendance, discipline and grades.</li> <li>Mrs. Olson gave an overview of the daily schedule and monthly schedule.</li> <li>ESS (the company that offers the program) sponsored a professional development (PD) day for the staff at the high school. Feedback from the day was that they found it very helpful and informative. They have also held in-service days during the</li> </ul>	<p><b>Items of Information</b></p> <p><b>Update on Therapeutic Intervention Model at NMHS and other programs.</b></p> <div style="text-align: right;">   RECEIVED TOWN CLERK 2016 NOV -2 P 1:53 NEW MILFORD, CT </div>

	<p>summer professional development days and during staff meetings at the high school.</p> <ul style="list-style-type: none"> <li>• Two of the clinicians from the program will be offering an EdCamp on Mental Health during November 8<sup>th</sup> professional development.</li> <li>• Mrs. Schirizzo suggested that perhaps during the next PD day, that the clinicians can offer a PD session for the Middle School staff in regards to coping strategies for the students.</li> <li>• Dr. D’Isidori stated that she was at a Walking Project meeting with some of the teachers in the system and they were discussing how they would like to supplement or add to the present curriculum to include coping strategies at the lower levels.</li> <li>• A brief discussion was had regarding the “Zone of Regulations.” Laura will discuss this more at the next Wellness Committee Meeting.</li> </ul>	
<p><b>B.</b></p>	<p><b>Developmental Guidance Curriculum</b></p> <ul style="list-style-type: none"> <li>• Mrs. Helliet Sanchez, School Counselor at Hill and Plain Elementary School, gave an overview of the Developmental Guidance Curriculum K-2 and how it is being implemented in the classroom.</li> <li>• During her overview she stated that they integrated the Character Traits for the month into the curriculum.</li> <li>• Mr. Dahl asked her about now being full-time at one school. Mrs. Sanchez explained that it works out very well for all involved. Currently they (K-2 school counselors) are teaching 3-4 classes a day, where last year they were teaching 7. They now have time to do more actual counseling and support for students who need it.</li> <li>• Mrs. Sanchez stated they have been working on coping skills and problem solving with the students.</li> <li>• Mrs. DiCorpo stated once the K-2 Curriculum has been fully implemented, it will incorporate coping skills, socio/emotional traits, etc.</li> </ul>	<p><b>Developmental Guidance Curriculum</b></p>

<p><b>C.</b></p>	<p><b>Future Agenda Items</b></p> <ul style="list-style-type: none"> <li>• Mrs. DiCorpo and Mrs. Olson asked for ideas for future meeting items.</li> <li>• Mr. Dahl suggested having a topic of perhaps starting school later in the morning.</li> <li>• Mrs. Olson and Mrs. Kabasakalian suggested going over the results of the Youth Agency survey.</li> <li>• Parent University 2018 was also suggested as a possibility.</li> </ul> <p>The next meeting of the Wellness Committee is scheduled for January 26, 2017.</p>	<p><b>Future Agenda Items</b></p>
<p><b>4.</b></p>	<p><b>Public Comment</b></p> <ul style="list-style-type: none"> <li>• There was no Public Comment.</li> </ul>	<p><b>Public Comment</b></p>
<p><b>5.</b></p>	<p><b>Adjourn</b></p> <p>The meeting concluded at 4:45 p.m.</p>	<p><b>Adjourn</b></p>

Respectfully submitted:



Ms. Alisha DiCorpo, Co- Chairperson



Mrs. Laura Olson, Co-Chairperson

Wellness Advisory Committee