

New Milford Board of Education  
 Wellness Advisory Committee Minutes  
 March 22, 2017  
 Lillis Administration Building, Board Room

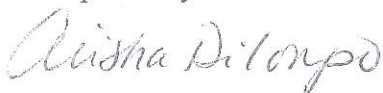
Present: Committee Co-Chairs: Ms. Alisha DiCorpo, Mrs. Laura Olson  
 Committee Members: Mr. Bill Dahl, Dr. Diane D'Isidori, Mrs. Susan Murray,  
 Mrs. Mary Orcutt, Mrs. Mariann Schirizzo, Mrs. Sandra Sullivan, Mrs. Megan Freyer

1.	<b>Call to Order</b> <ul style="list-style-type: none"> <li>Ms. Alisha DiCorpo called the Wellness Advisory Committee meeting to order at 3:48 p.m.</li> </ul>	<b>Call to Order</b>
2.	<b>Public Comment</b> <ul style="list-style-type: none"> <li>There was no Public Comment.</li> </ul>	<b>Public Comment</b>
3.  A.	<b>Items of Information</b>  <b>Presentation of the State of Connecticut Nutritional Guidelines</b> <ul style="list-style-type: none"> <li>Ms. Alisha DiCorpo started the meeting by introducing Mrs. Sandra Sullivan, Director of Food and Nutrition Services who will be doing a presentation, with handouts, on the State Nutritional Guidelines.</li> <li>Ms. DiCorpo explained that our district Wellness Policy is up for review by the Board of Education. She handed out a copy of the NM Wellness Policy with revisions that are proposed. She asked that the Committee take the policy home and read it over and it will be discussed at the next meeting.</li> <li>Ms. DiCorpo explained that over the next year the Wellness Committee will have a lot of work to do regarding this policy. She explained that in addition to the work for the Wellness Committee, each school will need to form a Wellness Committee.</li> <li>Ms. DiCorpo reintroduced Mrs. Sandra Sullivan, who presented on the Nutritional Guidelines. Handouts were given and are available on the NMPS website.</li> <li>Mrs. Sullivan also explained the how the BOE policy follows these guidelines and that the BOE</li> </ul>	<b>Items of Information</b>  <b>Presentation of State of Connecticut Nutritional Guidelines</b>

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	<p>can opt to add exemptions to the policy.</p> <ul style="list-style-type: none"> <li>• Mrs. Sullivan explained the POS system which is used in each of the schools and some highlights of the system.</li> <li>• Some of the members were amazed about how much “hands on” is required to fulfill requests by the policy and parent, right down to the cashiers.</li> <li>• Ms. DiCorpo explained that as we look at the regulations, and food in the classroom, we may want to consider Food Services for this, knowing that the food served is within the guidelines.</li> <li>• Having a dietician on hand was discussed.</li> <li>• The new Wellness Policy should be in place by July 1, however, the regulation will take a little longer and will be worked on with input from the Wellness Committee.</li> <li>• A brief discussion began on perhaps having modifications to the policy/regulation that would need to be in place for special classroom celebrations: ie: Thanksgiving feasts, etc.</li> <li>• A suggestion was made that perhaps beginning for the 2018-2019 school year, that we notify parents during kindergarten orientation of the policy regarding foods in the classroom.</li> </ul>	
	<p>The next meeting of the Wellness Committee is scheduled for May 10, 2017 at which time the Wellness Policy will be discussed.</p>	
4.	<p><b>Public Comment</b></p> <ul style="list-style-type: none"> <li>• None.</li> </ul>	<p><b>Public Comment</b></p>
5.	<p><b>Adjourn</b></p> <p>The meeting concluded at 4:45 p.m.</p>	<p><b>Adjourn</b></p>

Respectfully submitted:



Ms. Alisha DiCorpo, Co- Chairperson

Wellness Advisory Committee



Mrs. Laura Olson, Co-Chairperson