


New Milford Board of Education
Wellness Advisory Committee Minutes
June 14, 2017
Lillis Administration Building, Board Room

Present: Committee Co-Chairs: Ms. Alisha DiCorpo, Mrs. Laura Olson
 Committee Members: Mrs. Christine Benson, Mr. Bill Dahl, Dr. Diane D'Isidori, Ms. Stacey Kabasakalian, Mrs. Michelle MacDonnell, Mrs. Susan Murray, Mrs. Jen Hankla, Mrs. Mary Orcutt, Mrs. Sandra Sullivan, Mrs. Betsey Thibodeau

<p>1.</p>	<p>Call to Order</p> <ul style="list-style-type: none"> Ms. Alisha DiCorpo called the Wellness Advisory Committee meeting to order at 3:50p.m. 	<p>Call to Order</p>
<p>2.</p>	<p>Public Comment</p> <ul style="list-style-type: none"> Mr. Dahl suggested that perhaps there should be more men on the committee, as he is the only one. 	<p>Public Comment</p>
<p>3.</p>	<p>Items of Information</p> <p>Recommendations of the Snack Sub Committee for snack list for the 2017-2018 school year.</p> <p>A. Ms. Alisha DiCorpo opened the meeting by introducing Mrs. Sandra Sullivan who will present the findings of the Nutrition Sub Committee. Ms. DiCorpo also explained that this committee will revisit the work for the regulation and sub committees in the fall.</p> <p>Mrs. Sullivan handed out a question from the Federal National Guidelines questionnaire regarding snacks. The guidelines also restrict the hour before school starts and the hour after the school day ends.</p> <p>Mrs. Sullivan stated that the consensus of the sub committee was to take baby steps towards these regulations. She stated that the sub committee had come up with some recommendations and they are included in the minutes which she handed out and went through.</p> <p>Mrs. Sullivan also came up with a list of foods that parents can order and purchase from Food Services that fit the nutritional guidelines. A discussion</p>	<p>Items of Information</p> <p>Recommendations of the Nutrition Sub Committee for snack list for the 2017-2018 school year.</p> <p style="text-align: center;">  RECEIVED TOWN CLERK 2017 JUN 21 P 12:59 NEW MILFORD, CT </p>

ensued on whether the prices could be adjusted or if Sandra could work out a package price.

A few suggestions were made during the discussion.

Mrs. MacDonnell suggested perhaps a note goes home to students stating that there is a celebration coming up and each student brings their own snack from home.

Another suggestion was perhaps having a monthly celebration of birthdays for the month in the classroom, on a non birthday day. It was suggested that perhaps the PTO room mother could help coordinate the party by assigning items to the birthday child's parents that fall within the guidelines, thereby taking the management aspect away from staff. Perhaps there could be a list of acceptable snacks that could be provided to parents, until it is eventually phased out. It was decided by the committee that this would be discussed further.

Mrs. MacDonnell commented a few times throughout this discussion regarding children with allergies and how allowing celebrations may affect them.

During the discussion, the Board policy was referenced quite a few times. Mr. Dahl asked Ms. DiCorpo to explain the difference between a policy and a regulation (which this committee will have a part in). After explaining the difference, Ms. DiCorpo stated that the work of this committee is for consistency across the board in all schools. Each school will have to follow the policy and regulation.

The difference between a classroom celebration (Halloween, Thanksgiving etc.) and birthday celebration was discussed.

Mrs. MacDonnell and Dr. D'Isidori suggested perhaps eliminating food for birthday parties and celebrations all together and perhaps substituting other items, (goodie bags w/o food) It was then discussed that the total elimination of all food was not the way to go. The Committee decided that they would revisit the possibility of eliminating food over time.

The conversation again turned to children with allergies and religious reasons that they wouldn't be able to participate in the celebrations.

Mrs. Hankla asked, as an administrator, how it will be monitored. If she says no to a "snack" will she have back up. Ms. DiCorpo replied that the school would be following the regulation of the policy and collectively, it would have to be discussed how this would be handled for consistency.

Sharing the new policy and regulation was discussed. Every administrator will share the new policy and regulation first, with staff. It will be shared with parents at their Open House and it was suggested that perhaps during Kindergarten Orientation and with registration packets.

Ms. Olson also suggested that perhaps the teachers be vigilant and as an example two weeks before the celebration, email parents reminding them of the policy.

The discussion then moved to the High School and how to handle celebrations there. Ms. DiCorpo stated it would be handled the same across the board for all schools.

The regulation will be begin as student driven and then will become staff as well.

The administrators will meet with the teachers to give an overview of the policy and regulation changes that are coming. The committee will gather lists and then in the fall, the principals will meet with the teachers again to discuss the implications for implementation. They will also have to plan to share this with parents, area pre-schools, etc. The administrators will meet with the PTO to help them establish a system that will support the school's efforts as well.

A discussion about how we are going to roll this out occurred. The consensus was:


Messaging

Communicating to parents/staff

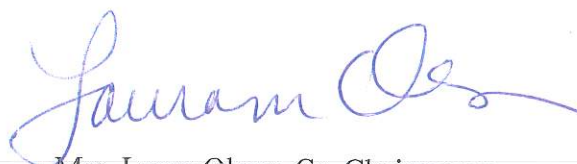
Newspaper Article

	<p>Faculty Meetings</p> <p>The conversation turned back to the acceptable snack list. Mrs. MacDonnell stated that she has an intern working with her this summer and that this would be a great project for her to work on. She will work on getting nutrition information from Costco/BJ's/Big Y etc. so parents have options along with the cafeteria choices. She will try to have this completed by the end of July.</p> <p>The committee suggested adding bottles of water to the acceptable snack list along with perhaps also providing parents a list of non food items for the celebrations.</p> <p>A suggestion was made by Ms. Kabaskalian that perhaps a pamphlet or flyer of some sort could be made and perhaps posted on the website, stating what the new policy/regulation is.</p>	
4.	<p>Public Comment</p> <ul style="list-style-type: none"> Ms. Kabasakalian stated that the Youth Agency is having a family dinner at the Maxx on 7/27. 	Public Comment
5.	<p>Adjourn</p> <p>The meeting concluded at 5:10 p.m.</p>	Adjourn

Respectfully submitted:



Ms. Alisha DiCorpo, Co- Chairperson



Mrs. Laura Olson, Co-Chairperson

Wellness Advisory Committee