

New Milford Board of Education
 Wellness Advisory Committee Minutes
 October 13, 2015
 Lillis Administration Building, Board Room

Present: Committee Chair: Mr. Joshua Smith, Mrs. Laura Olson
 Committee Members: Mrs. Christine Benson, Dr. Diane D'Isidoro,
 Mrs. Cindy Gallagher, Mrs. Jennifer Hankla, Mrs. Michelle MacDonnell,
 Mrs. Jane Harrison, Mrs. Mariann Schirizzo, Mr. Greg Shugrue

Also in Attendance: Mrs. Mary Orcutt

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1.	Call to Order <ul style="list-style-type: none"> Mr. Joshua Smith called the Wellness Advisory Committee meeting to order at 3:45 p.m. 	Call to Order
2.	Public Comment <ul style="list-style-type: none"> None 	Public Comment
3. A.	Discussion and Possible Action Review Suggested Changes to Wellness Policy <ul style="list-style-type: none"> Mr. Smith discussed differences between Board of Education Policies and Regulations. Mr. Smith explained that state statute drives policy revisions. Mr. Smith distributed and reviewed the Board's current Wellness Policy and asked the group for thoughts and/or questions. Mrs. MacDonnell asked if the foods currently served in all schools be added to the policy. Mr. Smith replied that it could not be added to the policy but it could be added to the regulation. Mr. Smith distributed the current regulation and the proposed changes recommended by Mrs. Sullivan, Director of Food & Nutrition Services. Mr. Smith asked for thoughts and/or questions on the proposed changes. Mrs. MacDonnell told the group that transparency was needed with parents about what snacks are available for students to purchase. Mrs. Schirizzo said the purchasing of snacks in K-5 schools was discussed and perhaps this 	Review Suggested Changes to Wellness Policy

	<p>would curtail this.</p> <ul style="list-style-type: none"> • Dr. D’Isidori asked why we are promoting snacks if we are using the “My Plate” concept and said there should be no snacks offered during meals. • Dr. D’Isidori said the school’s job is to educate students and not just feed them. • Mr. Smith disagreed and said to be fair, there is a cost analysis that is not funded by the Board of Education. • Mrs. MacDonnell made a suggestion that all foods should be free of artificial flavors/colors. • Mr. Smith said he would continue this discussion with Mrs. Sandra Sullivan who was unable to attend this meeting. 	
<p>4.</p> <p>A.</p> <p>B.</p>	<p>Items for Information</p> <p>Mission & Annual Goals</p> <ul style="list-style-type: none"> • Committee reviewed district policy and missions. <p>2015-2016 Agenda Items</p> <ul style="list-style-type: none"> • Mr. Smith distributed the 2015-2016 meeting dates and agenda items. • Mr. Smith told the group that the Youth Agency will be at the next meeting in December to discuss students in crisis relative to substance abuse. • Mr. Smith asked the committee for suggestions on agenda items for our March and May meetings. • Mrs. MacDonnell said kids today are more stressed and suggested topics on reducing stress. 	<p>Mission & Annual Goals</p> <p>2015-2016 Agenda Items</p>
<p>5.</p>	<p>Public Comment</p> <ul style="list-style-type: none"> • None 	<p>Public Comment</p>

6.	Adjourn Mrs. Schirizzo moved to adjourn the meeting at 4:44 p.m., seconded by Mrs. Gallagher and passed unanimously.	Adjourn Motion made and passed unanimously to adjourn the meeting at 4:44 p.m.
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Respectfully submitted:



Joshua Smith, Chairperson
Wellness Advisory Committee