

WELLNESS ADVISORY COMMITTEE
New Milford Public Schools
50 East Street
New Milford, Connecticut 06776

WELLNESS ADVISORY COMMITTEE
MEETING NOTICE

DATE:	December 9, 2015
TIME:	3:45 PM
PLACE:	Lillis Administration Building – Board Room

RECEIVED
TOWN CLERK
2015 DEC -7 P 3 10
NEW MILFORD, CT

AGENDA

New Milford Public Schools Mission Statement

The mission of the New Milford Public Schools, a collaborative partnership of students, educators, family, and community is to prepare each and every student to compete and excel in an ever-changing world, embrace challenges with vigor, respect and appreciate the worth of every human being, and contribute to society by providing effective instruction and dynamic curriculum, offering a wide range of valuable experiences, and inspiring students to pursue their dreams and aspirations.

1. **CALL TO ORDER**
2. **PUBLIC COMMENT**

An individual may address the Committee concerning any item on the agenda for the meeting subject to the following provisions:

- A. A three-minute time limit may be allocated to each speaker with a maximum of twenty minutes being set aside per meeting. The Committee may, by a majority vote, cancel or adjust these time limits.
- B. If a member of the public comments about the performance of an employee or a Committee member, whether positive, negative, or neutral, and whether named or not, the Committee shall not respond to such comments unless the topic is an explicit item on the agenda and the employee or the Committee member has been provided with the requisite notice and due process required by law. Similarly, in accordance with federal law pertaining to student confidentiality, the Committee shall not respond to or otherwise discuss any comments that might be made pertaining to students.

3. **DISCUSSION AND POSSIBLE ACTION**

- | | |
|-----------------------------|----------------------|
| A. Substance Abuse | NM Youth Agency |
| B. School Breakfast Program | Mrs. Sandra Sullivan |
| C. Budget | Mr. Joshua Smith |

4. **PUBLIC COMMENT**

An individual may address the Committee concerning any item on the agenda for the meeting subject to the following provisions:

- A. A three-minute time limit may be allocated to each speaker with a maximum of twenty minutes being set aside per meeting. The Committee may, by a majority vote, cancel or adjust these time limits.
- B. If a member of the public comments about the performance of an employee or a Committee member, whether positive, negative, or neutral, and whether named or not, the Committee shall not respond to such comments unless the topic is an explicit item on the agenda and the employee or the Committee member has been provided with the requisite notice and due process required by law. Similarly, in accordance with federal law pertaining to student confidentiality, the Committee shall not respond to or otherwise discuss any comments that might be made pertaining to students.

5. **ADJOURN**

Committee Chairs: Joshua Smith, Laura Olson

Committee Members: Christine Benson, Emmett Cole, Christine Costable, Dr. Diane D'Isidori, Dr. Anne Diamond, Marianne Durkin, Cindy Gallagher, Jane Harrison, Jennifer Hankla, Ann Hartman, Scott Hoffman, Eileen Holden, Lynn Holmes, Michelle MacDonnell, Susan Murray, Barbara Nanassy, Mariann Schirizzo, Greg Shugrue, Sandra Sullivan, Diane Swanson, Dr. Len Tomasello

2014-15



**NEW MILFORD
SUBSTANCE ABUSE
PREVENTION COUNCIL**

Highlights

Community Panel (April 2014)

NMCares at NMHS

Facebook page and logo created

Support group for parents and adults

Drug Take Back Box ribbon cutting

Parent University

Naloxone training

Liquor vendors workshop

Chris Herren

Health fair at NMHS

Apprentice FX video PSA's

Community Forum (June 2015)

Drug Trends workshop

Webpage updated

Confidential support, information and referral provided



H O P E

The C.A.R.E.S. Group - New Milford

Stop the Stigma | Start the Conversation

The C.A.R.E.S. Group - NEW MILFORD is pleased to announce that the first of weekly Hope & Support group meetings for parents, caregivers, or loved ones of those affected by substance abuse or addiction will take place :

Thursday, November 12th

7-9 PM at

First Congregational Church

36 Main St., New Milford, CT



H O P E

The C.A.R.E.S. Group - New Milford

Stop the Stigma | Start the Conversation

The C.A.R.E.S. Group - NEW MILFORD is pleased to announce that the first of weekly Hope & Support group meetings for parents, caregivers, or loved ones of those affected by substance abuse or addiction will take place :

Thursday, November 12th

7-9 PM at

First Congregational Church

36 Main St., New Milford, CT



H O P E

The C.A.R.E.S. Group - New Milford

Stop the Stigma | Start the Conversation

The C.A.R.E.S. Group - NEW MILFORD is pleased to announce that the first of weekly Hope & Support group meetings for parents, caregivers, or loved ones of those affected by substance abuse or addiction will take place :

Thursday, November 12th

7-9 PM at

First Congregational Church

36 Main St., New Milford, CT



H O P E

The C.A.R.E.S. Group - New Milford

Stop the Stigma | Start the Conversation

The C.A.R.E.S. Group - NEW MILFORD is pleased to announce that the first of weekly Hope & Support group meetings for parents, caregivers, or loved ones of those affected by substance abuse or addiction will take place :

Thursday, November 12th

7-9 PM at

First Congregational Church

36 Main St., New Milford, CT



RECOVERY IS POSSIBLE

You are not alone.

**Here are resources for individuals and families
for support, information & treatment options**

**Dial 2-1-1 for 24 hr resource info. &
youth mobile crisis response**

Adult Mental health crisis hotline: 1-888-447-3339

**For more resources:
www.nmsubstanceabusecouncil.org**

National Suicide Prevention Lifeline: 1-800-273-8255

**MCCA: Detox and treatment options: Walk in day Tuesday
8:30-3:00. (877) 874-6222 50 Bridge St.**

**The CARES group parent & family support group: support
& resources-Thursdays 7-9 PM First Congregational Church,
New Milford. www.thecaresgroup.org (203) 948-1254**

New Milford Hospital Behavioral Health: (860) 210-5350

Greenwoods counseling referrals, Inc. (860) 567-4437

Find an AA meeting: (866) 783-7712

Al-Anon: support for families: (888) 825-266

New Milford Youth Agency (860) 210-2030

	AVERAGE			BREAKFAST ADP								
	ELIGIBLE FREE	ELIGIBLE REDUCED	PAID	AUG/SEPT			OCT			NOV		
				F	R	P	F	R	P	F	R	P
Hill & Plain	104	21	265	9	0	3	9	2	9	11	3	9
Northville	62	20	317	4	0	1	7	0	3	7	1	5
Sarah Noble	179	57	724	14	2	10	23	7	34	23	7	25
Schaghticoke	175	47	812	14	2	7	21	5	19	19	4	16
High School	192	61	1094	5	1	3	12	4	13	13	0	1