

## SPECIAL EDUCATION RESOURCES

Suggested time to spend maintaining skills: 1-2 hours a day.

Do's-

make a plan for the day (see the bottom of this document for a suggested schedule)

Limit screen time

Provide a task list for each work session so that kids can cross off accomplished tasks as they go

Allow flexibility and choices (allow kids the opportunity to pick their own activities)

### Read-to-me & animated book Resources:

- <https://www.getepic.com> (also includes books that students can read on their own and chapter books. This requires a class code from your teacher to log in)
- <https://www.storylineonline.net/>
- <https://www.tumblebooklibrary.com> (may require library card # to access)
- <http://auth.grolier.com/login/bookflix//login.php?bfs=N> (Bookflix login- nmsd, bookflix)

### Academic Websites:

- **\*\*Reading A-Z.com to include:**
  - Raz-Plus
  - Science A-Z
  - Writing A-Z
  - Vocabulary A-Z
- **\*\*IXL.com**
- Pbskids.org
- **\*\*Lexia:** <https://www.lexiacore5.com/register>
- Type to learn: <https://www.typtolearn.app>
- Dance Mat Typing: <https://www.dancemattypingguide.com/>
- Scholastic learn at home :  
<https://classroommagazines.scholastic.com/support/learnathome.html>
- Mystery Science is offering the following free lessons for families:  
<https://cxzmysteryscience.com/mini-lessons/pizza?code=1ff5b80840db4c0add0a9358f357a8ac#slide-id-6011>  
<https://mysteryscience.com/mini-lessons/animals-laugh?code=c0e9d08a82b907d34cef838ac6720634#slide-id-7575>

<https://mysteryscience.com/mini-lessons/biggest-tree?code=4d4ab28bde6ee9598871b81ff33c5357#slide-id-7405>

<https://mysteryscience.com/biodiversity/mystery-1/biodiversity-classification/174?code=NDEwMDY3MDQ&t=student>

<https://mysteryscience.com/light/mystery-5/light-communication-engineering/131?code=NDEwMDY3MDQ&t=student>

- <https://www.abcya.com>
- Websites offering free subscriptions: <http://www.amazingeducationalresources.com>

#### Games and activities to play at home:

- Any board game that requires kids to take turns
- UNO (number and color recognition)
- War using a deck of cards (helps with number recognition and number values)
- Guess Who (asking questions to gain more information)
- Head Bandz (asking questions to gain more information)
- I Spy- this can be done with books or wherever you are. Kids can identify items around the house by your descriptions. Have your child pick an item to describe to you as well. You can also play “I spy” shapes -i.e. I spy something round (a clock), etc.
- Making a meal or a tasty snack? Have students read the ingredient list and find items in the kitchen. Read the recipe and make it together. If you are looking for quick ideas for more independent baking/cooking, search: Mug Recipes and have kids make their own individual servings.
- Laundry to do? Have students sort items by color before washing. After drying, your child can sort items by family member or match socks.
- <https://www.youtube.com/watch?v=XtjsBUSiORs>- create a shirt folding board and have your child fold his/her own shirts.
- Have your child help set and clear the table during meal times.
- Gross Motor: Go Noodle for Gross Motor- <https://family.gonoodle.com/> can be downloaded onto any device or by downloading the app onto your Amazon Prime Fire stick.

- Using Skype, Duo, Facetime or even your Facebook Messenger- call a friend or family member. Before you call make a plan for questions you will ask.
- Play- What's in the box. Grab a box and hide an item inside. Have kids ask questions to determine what is inside (see the "links for visuals" section for support on questions kids can ask).
- Hidden Pictures <https://www.highlightskids.com/games>  
Promotes attention to detail, vocabulary, and visual perception.
- Mad Libs - <https://www.glowwordbooks.com/blog/category/kids-online-mad-libs/>  
<https://www.woojr.com/printable-mad-libs-for-kids/> fun and engaging way to teach adjectives, nouns, and verbs while working on comprehension, reading fluency and vocabulary

#### Academic Work

- Reading Comprehension: read a story together or have your child access a website from above to listen or read a story. Then, have them draw a picture about what they read.
- Reading: Create a menu for the week for lunch or dinner. Have your child learn the food words by adding them to flash cards.
- Reading Comprehension: Open up the local newspaper and find an advertisement (movie times, items being sold etc.) ask your child questions about the ad. Examples- what movie is playing on Sunday at 1:15? How much of a discount could I get if I bought 4 of these items?
- Writing: Create a comic book of a "day in the life of \_\_\_\_".
- Writing: Write a letter to a friend, family member or teacher detailing what you are doing while out of school.
- Writing: Write a cheat guide to your favorite video game
- Reading/Writing: Draw and label a map for your house.
- Math: Sort and count change from money jars/wallets
- Math: Take a look at the clock on the stove/microwave, draw a clock face and have students add hands to the clock to represent the time in analogue format.
- Math: Grab a flyer from the local newspaper. Have your child make a list of things you need and then total up the cost.
- Math: Have students look at the grocery circular and make a list. Give students a budget and have them add up the prices of their items.

- Math: Have students sort objects around the home into Big and Small categories.
- Math: When cooking have your child set the temperature and timer on the stove. Have them help you use measuring tools.
- Students who require IPADS have the app- PICTELLO. Students can upload pictures and type out stories using this app.
- Math: track and Graph weather (Use the weather visual under Links for visuals).

Links for visuals:

TA for washing hands-

[https://docs.google.com/presentation/d/1d9Xnl0N4686M81RoBeMQfPFWUb0WRNzCm\\_q7lWo66T0/edit?usp=sharing](https://docs.google.com/presentation/d/1d9Xnl0N4686M81RoBeMQfPFWUb0WRNzCm_q7lWo66T0/edit?usp=sharing)

What's in the box?-

[https://docs.google.com/presentation/d/1ohXEp8fHt9M-zt0EQviS1\\_Ve5MYIY-tNjOetuDDQhEc/edit?usp=sharing](https://docs.google.com/presentation/d/1ohXEp8fHt9M-zt0EQviS1_Ve5MYIY-tNjOetuDDQhEc/edit?usp=sharing)

Weather-

[https://docs.google.com/presentation/d/1vgF2DA\\_fgige3G62ppsAYlix54qbUAJCvB0Ax-kk8AY/edit?usp=sharing](https://docs.google.com/presentation/d/1vgF2DA_fgige3G62ppsAYlix54qbUAJCvB0Ax-kk8AY/edit?usp=sharing)

Social story on the Coronavirus :

<https://www.mindheart.co/descargables>

Brainpop video explaining the Coronavirus (free):

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

Download the app:

Let's Brush Free- (for iPhone) to ensure proper teeth brushing

TA for Brushing teeth:

[https://drive.google.com/open?id=1MDAfQLsBqoXm\\_9Qan09ZLfOGJgCG5jcC](https://drive.google.com/open?id=1MDAfQLsBqoXm_9Qan09ZLfOGJgCG5jcC)

TA for Washing your face:

<https://drive.google.com/open?id=1rjIEQWeVlva-ReZFmJhQSG516YdCPAc>

Learn to tie your shoes:

<https://www.youtube.com/watch?v=Gm5ltoIJ4sg>

<https://www.youtube.com/watch?v=a9tt7iI0VV8>

<https://www.youtube.com/watch?v=jKIB5UCrUrU>

Download the app:

Language and Cognitive Therapy for Children (MITA)- matching by color, shape and size,

## puzzles

### Adaptable Activities

- Making pancakes?- Have your child help mix and pour by putting batter into an old ketchup bottle to shake and squirt out.
- Making salad for dinner?- Have your child help in washing by way of a salad spinner. Kids can press the button or pull the handle to spin it.
- Does your child have an iPad?- Continue to use the ipad as a communication device, ensuring complete sentences are being used to request items. **School iPads should not be used for play time**, please continue to use them for communicating and schedule building.
- Have recycling that needs to go out?- have your child pull items from the bucket and empty them with you.
- Make a book adaptable by finding items/toys around your house that match the content of the story. Reading Goodnight Moon? Find some socks, mittens, a clock, a small stuffed rabbit, a brush and a bowl w/ a spoon to have students touch and feel as you read.
- Need some fine motor ideas?- Place stickers all over a cookie sheet and allow kids to peel them off.
- Fine Motor- Work on hand strengthening by using putty, squishy balls and have your child squeeze them in their hand, one hand at a time.
- Using a story from the animated book section of this document, have your child sit in a darkened room to see the light from the picture book.
- Make playdough, add beads or small coins and have your child pick them out.
- Make Slime for sensory play.

Idea for a Daily Schedule:

Time	Task	Suggested Activities
Before 9:00	Wake up	Clothes changed, bed made, teeth brushed and eating breakfast.
9:00-10:00	School work	Provide a menu of options- Math or Reading/Writing

10:00-11:00	Gross Motor	Go outside and play Go for a walk Log onto Go Noodle
11:00-12:00	Your time	Access to devices Playing with toys Making a project coloring/drawing
12:00-12:30	lunch	
12:30-1:00	Chores	Clean up from lunch Help with the laundry Collect garbage from all the waste bins in the house load/unload the dishwasher
1:00-2:00	Your time	Access to devices Playing with toys Making a project coloring/drawing
2:00-3:00	School Work	Provide a menu of options- Math or Reading/Writing
3:00-4:00	Gross Motor	Go outside and play Go for a walk Log onto Go Noodle
4:00-5:00	Quiet time	Reading, puzzles, legos, drawing, coloring
5:00-5:30	Help with Dinner	Peel carrots, potatoes etc. Set table Use microwave
5:30-6:00	Dinner	
6:00-6:30	Chores	Clean up from Dinner
6:30-7:00	Your time	No devices Playing with toys Making a project coloring/drawing
7:00-7:30	Get ready for bed	shower/bath Brushing teeth Dirty clothes in laundry

7:30-8:00	reading	Use read to me online platforms or read in bed with a good book
8:00	Goodnight!	