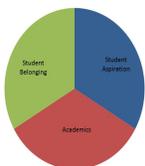
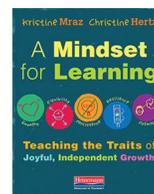




Social Emotional Learning
New Milford Public Schools



Elementary Social Emotional Work



- Consultant shares Growth Mindset lessons with students in classrooms using Class Dojo (K-2):
 - Chapter 1: Your Brain is a Muscle-Introduces students to the idea of a Growth Mindset. The simple idea that your brain is a muscle is proven to have a profound impact on learning!
 - Chapter 2: The Magic of Mistakes
 - Chapter 3: The Incredible Power of Yet
 - The Mysterious World of Neurons

Some lessons completed in class have take-home questions, for parents to complete with their child at home which act as an extension of what’s learned in class.

- Parents receive a newsletter sent via the principal regarding classroom happenings with outreach activities that complement class lessons on social emotional learning.
- NES and HPS Faculty Book Study: A Mindset For Learning-Focus on Optimism, Persistence, Flexibility, Resilience and Empathy.
- Consultant visits K-2 classrooms and observes/integrates teaching of stances (below) as kids need support.
- Mindset work continues at SNIS-topic of focus for last two years-work done with staff and consultant during after school meetings.

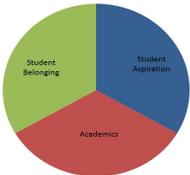
<u>Stance</u>	<u>Definition</u>	<u>Beginning Definition for Students</u>
Optimism	Feeling hopeful that risks are worth taking and that problems will work themselves out.	When you do something new, you think, “ I can try,” and give it your best shot because that’s how you grow.
Persistence	Sticking with something even when it is challenging.	Having persistence means you try and try again even when it feels hard.
Flexibility	Seeing and trying many possible actions within a task.	When one thing doesn’t work, you try a different way.

Resilience	Bouncing back and recovering from setbacks or failures.	When you have trouble, you bounce back and try again.
Empathy	Feeling how another person is feeling and imagining what it would be like to be in another's position.	You have empathy when you feel someone's feelings in your own heart.

Chart taken from A Mindset for Learning by Kristine Mraz and Christine Hertz

- Guidance Lessons support Social Emotional Learning using the Nurtured Heart approach (K-5) <https://childrensuccessfoundation.com/about-nurtured-heart-approach/> that classroom teachers use as well as lessons from the Jesse Lewis “Choose Love” website: <http://www.jesselewischooselove.org/> (K-2).
- Health and PE classes teach a variety of grade level appropriate Wellness topics such as self care, self awareness, self-management, social awareness, relationship skills, responsible decision-making. (K-5)
- Positive Behavior Interventions and Supports (K-5):<https://www.pbis.org/>
 - PBIS is about building capacity for implementing a multi-tiered approach to social, emotional and behavior support. PBIS improves social, emotional and academic outcomes for all students, including students with disabilities and students from underrepresented groups. (PBIS.org)
- Certified Behavior Analyst hired full-time in 2017 to support students
- Inclusion Specialist helps to support children struggling with behavior, etc.
- Social workers support family outreach
- Social Workers and Guidance staff collaborate with outside agencies
- Ed Gerety-Spoke to Staff on District-wide PD day in October <http://edgerety.com/>

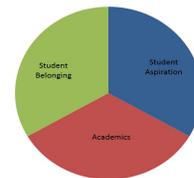
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Middle School Social Emotional Work

- Health and PE classes teach a variety of grade level appropriate Wellness topics such as self care, self awareness, self-management, social awareness, relationship skills, responsible decision-making.
- Nurtured Heart approach utilized in classrooms and with guidance grades 6-8 <https://childrensuccessfoundation.com/about-nurtured-heart-approach/>
- Positive Behavior Interventions and Supports:<https://www.pbis.org/>
 - PBIS is about building capacity for implementing a multi-tiered approach to social, emotional and behavior support. PBIS improves social, emotional and academic outcomes for all students, including students with disabilities and students from underrepresented groups. (PBIS.org)
- Team building field trips
- Full time Certified Behavior Analyst hired in 2017 to support students

- Inclusion Specialist helps to support children struggling with behavior, etc.
- John Halligan presentation on bullying and suicide prevention.
https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&cad=rja&uact=8&ved=0ahUKEwjO_Zaql4fXAhUrilQKHbrrCssQFggI MA A&url=http%3A%2F%2Fwww.ryanpatrickhalligan.org%2F&usq=AOvVaw0lvUWgUGB0iNzKM5QVEsMT
- Transition support for students entering grade from grades six and nine.
- Social workers support family outreach
- Ed Gerety-Spoke to Staff on District-wide PD day in October <http://edgerety.com/>



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High School Social Emotional Work

- “Names Can Really Hurt Us” Anti-Bullying Assembly-Anti-Defamation League Grade 10 November
- Climate and Culture Committee
- Health and PE classes teach a variety of grade level appropriate Wellness topics such as self care, self awareness, self-management, social awareness, relationship skills, responsible decision-making.
- Effective School Solutions Program (ESS) for general ed and special ed students
- Full time **Student Assistance Counselor**
- Social Workers support family outreach
- New Milford Substance Abuse Council-results of survey led to training Youth Mental Health First Aid Training for 22 students.
- The Truth About Hate assembly Grade 11 Anti-Defamation League
- Sexual and Unlawful Harassment assembly Danbury Women’s Center (Grades 9-12)
- Ed Gerety-Spoke to Staff on District-wide PD day in October <http://edgerety.com/>
- Social Media with the CCSU Assistant AD Grades 9-12
- “I Am Dirt” Assembly <https://www.johnmorello.com/the-shows>
- **Advisory groups and Purple day**

District-Wide

- **Mental Health Forum:** Monthly workshops for district related services staff (social workers, psychologists, guidance) Topics this year include: school anxiety, depression, trends in drug use, social media, gender issues, and grief counseling support.
 - **Regional Crisis Team:** district social workers participate in a monthly workshop to build collaboration and resources with other school districts in our region. The meetings include workshops and speakers on a variety of topical concerns and issues facing our youth.
 - **All administrators take part in monthly meetings** where topics on responding to hate and bias are discussed and brought back to each school for further discussion.
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