

Pineapple Tidbits in Juice, Northeast Marketing Co.

Ingredients:

Pineapple, Pineapple Juice.

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

Newington Foods and Nutrition Services
Updated August 2013

NUTRITION FACTS

Serving Size: 1/2 CUP (140g)

Amount Per Serving

Calories 70 Calories from Fat 0

*% Daily Value**

Total Fat 0g *0%*

Saturated Fat 0g *0%*

Trans Fat 0g

Cholesterol 0mg *0%*

Sodium 10 mg *0%*

Total Carbohydrate 17g *6%*

Dietary Fiber 1g *6%*

Sugars 14g

Protein 1g

Vitamin C 15%

Vitamin A 2%

Iron 4%

Calcium 2%

** Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.*