



## **Strawberry Yogurt, Upstate Farms, #9815 – 4 oz.**



### **Ingredients:**

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Water, Strawberries, Modified Corn Starch, Whey, Natural Flavors, Purple Carrot Concentrate (for color), Tricalcium Phosphate, Gellan Gum, Potassium Sorbate(For freshness), Citric Acid, Carob Bean Gum, Vitamin D 3

**Contains: Milk**



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**\*\*This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.\*\***

Newington Foods and Nutrition Services  
Updated August 2013

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## **NUTRITION FACTS**

*Serving Size: 4 OUNCES*

*Amount Per Serving*

*Calories 90    Calories from Fat 0*

	<i>% Daily Value*</i>
<i>Total Fat 0g</i>	<i>0%</i>
<i>    Saturated Fat 0g</i>	<i>0%</i>
<i>    Trans Fat 0g</i>	<i>0%</i>
<i>Cholesterol 0 mg</i>	<i>0%</i>
<i>Potassium 140 mg</i>	
<i>Sodium 50 mg</i>	<i>6%</i>
<i>Total Carbohydrate 19g</i>	<i>6%</i>
<i>    Dietary Fiber 0 g</i>	<i>0%</i>
<i>    Sugars 15 g</i>	
<i>Protein 3g</i>	
<i>Vitamin C 0%</i>	<i>Vitamin A 0%</i>
<i>Iron 0%</i>	<i>Calcium 30%</i>

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*\* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.*

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