

- Welcome
 - Summer Strength & Conditioning Program-Corey Berrios
 - Status of North Haven Athletics
 - Fall, Winter, Spring--Much Success
 - Not about winning
 - How you represent yourselves, your team, your school, your town
 - Our athletes should always look good, act appropriately and represent our school in a very positive manner.
 - With the honor of representing NHHS, there comes responsibility
 - We must have decorum-being proper, good taste in behavior, speech, and dress.
 - Dress for the games as if they were important, because they are.
 - Show respect for our country during the National Anthem by standing at attention as a group. There should be no talking or showing disrespect during this time.
 - Bench conduct is just as important as on-the-field conduct. Please remind your team that they are 24/7 team members, in the athletic arena, on the bench, in the classroom, away from the school. If they don't like that responsibility or don't want it, then they should resign from further participation. This applies to players, managers, trainers, coaches, administrators-ALL OF US.
 - End of the game behavior is the last impression others see of us. When the game is over and the opposing team has been congratulated or consoled, we should leave the area in a dignified manner. Athletes should not remove uniform/clothing on the playing arena.
 - About your experience-learning from your experiences
 - Feedback-survey
 - Will be emailed to the remaining teams who have not taken it
- Current Policies

- Academic Requirements
 - To be eligible to participate, an athlete can have no more than 1 “F” in the preceding MP
 - Incompletes are not considered passing grades
 - A student who receives an incomplete grade at the end of a MP may not participate in any athletic activity until the coursework has been completed.
 - Any in-season athlete, at the end of the MP, who receives 2 or more F’s is immediately dismissed from their current team
 - Academic Probation: Any in-season athlete who receives 1 F in MP:
 - Placed on Academic Probation
 - 2 week probationary period
 - Begins once grades are posted
 - Athlete meets with coach/AD
 - Athlete is allowed to participate as active member
 - After first two weeks of probationary period in new MP, athlete’s grades are reviewed
 - If athlete is passing ALL course, probationary period ends
 - If athlete is not showing progress in all classes, athlete is declared ineligible for further participation on team, includes practices and games
 - Ineligibility remains in effect for the remainder of the MP
- Athletic Awards-
 - Numerals
 - Varsity Letter
 - Sports Pin
 - Varsity Jacket
 - Bar
- New initiatives/policies
 - IDEA-Community Service as a team
 - Team Bonding
 - Helps teammates get community service hours
 - Must be approved by Mr. Mac

- Social Media Guidelines for NHHS Student-Athletes (See below)
- Closing
 - Communication
 - Captain
 - Coach
 - AD
 - Any general questions, please come see us at the Athletic office

Have a great summer!

Social Media Guidelines for NHHS Student-Athletes

1. Be careful with how much and what kind of identifying information you post on social networking sites. It is unwise to make available information such as full date of birth, social security number, address, phone number, cell phone numbers, class schedules, bank account information, or details about your daily routine. All of these can facilitate identity theft or stalking. Remember - once posted the information becomes the property of the website.
2. Be aware that potential current and future employers and college admissions offices often access information you place on online social networking sites. Realize that any information you post will provide an image of you to prospective employers and/or schools. The posting is considered public information. Protect yourself by maintaining a self-image that you can be proud of years from now.
3. Be careful in responding to unsolicited emails asking for passwords or PIN numbers. Reputable businesses do not ask for this information online.
4. Do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. Social networking sites are NOT a place where you can say and do whatever you want without repercussions.
5. Remember that photos once put on the social network site's server become the property of the site. You may delete the photo from your profile, but it still stays in their server. Internet search engines like Google or Yahoo may still find that image long after you have deleted it from your profile. Think long and hard about what type of photo you want to represent you.

Specifically prohibited behaviors include, but are not limited to:

- Sexually explicit, profane, lewd, indecent, illegal, or defamatory language/actions.
- Derogatory language regarding school personnel or other students.
- Comments designed to harass or bully students and/or school personnel.
- Nude, sexually-oriented, or indecent photos, images or altered pictures.

One of the biggest lessons social networking users can learn is that anything you post online enters the public record. High school students should carefully consider their profiles and ask themselves how they would look to a future college admissions officer or potential employer.