

For those children and parents new to the cafeteria this year (and as a reminder for those returning) here are a few guidelines on how the cafeteria operates:

#1 Costs

Milk: **\$0.60**

Note: Lactaid milk is available for students with lactose intolerance.

Breakfast **\$2.00 (Elementary) \$2.75 Middle & (High School) Served Every Day in Every School**

(This is our “meal” price, which includes the main entree, **one** 8-oz. milk and additional daily fruit.)

Lunch: **\$2.75* (Elementary) \$3.00 (Middle & High School)**

(This is our “meal” price, which includes the main entree, **one** 8-oz. milk and additional daily fruit and vegetable selections.)

Please note it is required by new USDA regulations that a “meal” must include a **fruit or a vegetable**. If your child chooses not to take one of these options, we must charge them the A la Carte price of \$3.00 for the entrée, plus \$.60 for their milk.

Please encourage your children to take a fruit or vegetable with their meal.

A la Carte Items: Each day a snack is offered at an additional cost.
Those items are:



Goldfish Crackers	\$.55
Baked Chips/Snacks	\$1.10
Scooby Treats	\$.85
Oreo Thin Crisps	\$1.10
Rice Krispy Treats	\$1.10
Bottled Water (8 oz.)	\$.85
Apple or Orange Juice (4 oz.)**	\$.55
Fresh Fruit Cup/Whole Fruit	\$.55
Fresh Vegetable Cup	\$.55

If you wish to restrict your child from buying a la carte snack items, please call Patricia Iraci , Director of Dining Services at 203-239-6415 to have a notation placed on your child’s account for our reference.

**Per new USDA Guidelines, juice is no longer included as part of the “meal” and must be purchased as an a la carte item.

#2 - Placing Money on Your Child's School Lunch Account

There are two ways:

Go to www.mySchoolBucks.com via the (NHPS) Elementary School website and register a free account. Go to **PARENTS** tab, then **SCHOOL NUTRITION/LUNCH** Under **HELPFUL LINKS** click on **mySchoolBucks**

1. A confirmation email will be sent to the email address you provide; click on the link included in the email message to activate your account.
2. Activate your account and begin adding your students. You will need their school name and student ID or birthdate. You can also track your child's purchases and manage his/her balance.
3. Add funds to your students' accounts with your Visa, MasterCard, Discover Card, debit card, or electronic check. Please note there is a \$2.50 flat transaction fee per transaction. Money deposited into lunch accounts can take up to 12 hours to post.

Or

Your child can bring cash or a check to the cafeteria any morning, whereby we will apply the money to his/her account.

- a. **MONEY MUST BE BROUGHT TO THE CAFETERIA IN THE MORNING ONLY**. We cannot stop to enter money onto an account during lunch service.
- b. **MONEY MUST BE PUT INTO AN ENVELOPE OR ZIP LOCK BAG AND MUST BE CLEARLY LABELED WITH THE FOLLOWING INFORMATION:**
 - **CHILD'S FIRST AND LAST NAME**
 - **TEACHER'S NAME**
 - **\$ AMOUNT ENCLOSED (if cash)**

These steps are imperative to insure money does not get lost.

Notes will be sent home when your child is close to or has run out of money. Your child will be allowed to charge a total of three meals "of their choice". On the event of the fourth charged meal and beyond you will be contacted directly.

Please do not allow your child's account to reach this stage. We've had many unhappy students, when their choices are taken away. We want their experiences in the cafeteria to be a happy ones!

#3 - General Information

For all information concerning the Cafeteria Program, please review the CHARTWELLS section of the North Haven Public School website.

If you have any specific concerns such as food allergies, please contact either Patricia Iraci, Director of Dining Services at 203-239-6415.



News from North Haven Public Schools Cafeteria 2015-16

Free & Reduced meal applications may be submitted at any time during the school year.

This program runs annually from October 1st to September 30TH. If your child was approved for free or reduced meals last school year, and you need assistance again this year, please complete a new application (in full) and submit it to:

North Haven Board of Education
C/O School Lunch Program
5 Linsley St
North Haven, Ct. 06473

If you have received a letter from the State of Connecticut indicating that your child is entitled to receive free meals, please forward a copy of this letter to Board of Education at the above address.

Students approved for the program last year, who have not reapplied by October 9, 2015 for the current school year, will be required to pay the full \$3.00 price for lunch per meal.

If you have questions regarding this program, please do not hesitate to call Patricia Iraci 203-239-6415.

Thank you, and we look forward to serving you in the Kid Stop Cafe.

Patricia Iraci

Food Service Director & Entire Cafeteria Staff